

# 4. Frühlings-OL Forstern

## 19. März 2017

**D-12** **1600m - 25Hm - 7Posten**

		1(43)	2(49)	3(44)	4(47)	5(45)	6(48)	7(46)	F
Wanke, Sofia	Fehlst P	<b>18:32</b>	<b>21:24</b>	<b>33:50</b>	<b>36:44</b>	<b>1:11:00</b>	<b>1:17:29</b>	<b>1:22:52</b>	
Ohne Verein		<b>18:32</b>	<b>02:52</b>	<b>12:26</b>	<b>02:54</b>	<b>34:16</b>	<b>06:29</b>	<b>05:23</b>	

**D-14** **2200m - 40Hm - 10Posten**

		1(43)	2(49)	3(44)	4(47)	5(41)	6(37)	7(42)	8(45)	9(48)	10(46)	F
1 Feckl, Miriam	25:18	01:35	03:07	05:31	07:19	08:54	<b>13:46</b>	<b>16:21</b>	<b>18:03</b>	<b>21:31</b>	<b>24:02</b>	<b>25:18</b>
OL Forstern		01:35	01:32	02:24	01:48	<b>01:35</b>	<b>04:52</b>	<b>02:35</b>	<b>01:42</b>	03:28	02:31	<b>01:16</b>
2 Stumpfegger, Anna	26:40	<b>01:28</b>	<b>02:42</b>	07:16	08:46	10:48	16:23	19:05	21:04	24:02	25:14	26:40
OL Forstern		<b>01:28</b>	<b>01:14</b>	04:34	<b>01:30</b>	02:02	05:35	02:42	01:59	<b>02:58</b>	<b>01:12</b>	01:26
3 Holzhammer, Anna	31:05	01:36	03:05	<b>05:07</b>	<b>06:48</b>	<b>08:48</b>	14:12	18:06	22:16	27:45	29:32	31:05
OL Forstern		01:36	01:29	<b>02:02</b>	01:41	02:00	05:24	03:54	04:10	05:29	01:47	01:33

**D19-** **6000m - 65Hm - 17Posten**

		1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(42)	8(37)	9(38)	10(39)	11(40)	12(41)	13(45)	14(48)	15(44)	16(49)	17(46)	F
1 Ehrl, Blandine	52:46	02:22	04:27	<b>08:19</b>	<b>12:14</b>	<b>16:10</b>	<b>19:28</b>	<b>23:05</b>	<b>25:02</b>	<b>32:18</b>	<b>34:17</b>	<b>36:53</b>	<b>42:51</b>	<b>45:31</b>	<b>47:49</b>	<b>49:15</b>	<b>50:42</b>	<b>51:31</b>	<b>52:46</b>
OL Forstern		02:22	02:05	<b>03:52</b>	<b>03:55</b>	03:56	<b>03:18</b>	03:37	01:57	<b>07:16</b>	<b>01:59</b>	02:36	05:58	02:40	<b>02:18</b>	<b>01:26</b>	<b>01:27</b>	<b>00:49</b>	<b>01:15</b>
2 Enborg, Anna	54:11	<b>02:20</b>	<b>04:19</b>	08:35	15:07	18:38	22:37	25:33	27:07	34:53	36:53	39:20	43:59	46:23	48:43	50:21	51:51	52:49	54:11
OC München		<b>02:20</b>	<b>01:59</b>	04:16	06:32	<b>03:31</b>	03:59	<b>02:56</b>	<b>01:34</b>	07:46	02:00	<b>02:27</b>	<b>04:39</b>	<b>02:24</b>	02:20	01:38	01:30	00:58	01:22
3 Buhler, Claudia	59:37	04:08	06:39	10:57	15:52	20:06	24:18	27:53	29:43	38:18	40:31	43:38	48:44	51:17	53:40	55:26	57:10	58:08	59:37
USV TU Dresden		04:08	02:31	04:18	04:55	04:14	04:12	03:35	01:50	08:35	02:13	03:07	05:06	02:33	02:23	01:46	01:44	00:58	01:29
4 Riepl, Katrin	1:13:47	07:08	10:38	16:35	21:56	27:21	31:33	36:33	39:12	49:04	51:38	54:39	1:01:12	1:04:09	1:06:57	1:09:26	1:11:15	1:12:20	1:13:47
OL Forstern		07:08	03:30	05:57	05:21	05:25	04:12	05:00	02:39	09:52	02:34	03:01	06:33	02:57	02:48	02:29	01:49	01:05	01:27

**D35-** **4100m - 50Hm - 13Posten**

		1(31)	2(32)	3(33)	4(35)	5(34)	6(36)	7(42)	8(37)	9(41)	10(47)	11(45)	12(48)	13(46)	F
1 Manoilova, Olga	48:31	<b>03:26</b>	<b>06:06</b>	<b>09:57</b>	<b>16:56</b>	<b>21:17</b>	<b>25:04</b>	<b>28:23</b>	<b>30:21</b>	<b>35:54</b>	<b>37:42</b>	<b>40:20</b>	<b>44:53</b>	<b>46:33</b>	<b>48:31</b>
OC München		<b>03:26</b>	<b>02:40</b>	03:51	06:59	<b>04:21</b>	<b>03:47</b>	03:19	<b>01:58</b>	05:33	01:48	02:38	04:33	01:40	01:58
2 Rutz, Melanie	51:17	06:44	11:32	15:20	19:56	24:41	29:09	32:53	34:58	39:09	40:46	43:23	46:32	48:16	51:17
Ohne Verein		06:44	04:48	<b>03:48</b>	04:36	04:45	04:28	03:44	02:05	04:11	01:37	<b>02:37</b>	03:09	01:44	03:01
3 Stumpfegger, Madele	55:16	07:51	12:25	18:45	22:34	27:43	33:43	37:36	41:05	45:23	47:05	49:48	52:28	53:50	55:16
OL Forstern		07:51	04:34	06:20	<b>03:49</b>	05:09	06:00	03:53	03:29	04:18	01:42	02:43	02:40	<b>01:22</b>	<b>01:26</b>

4 Hay, Sivilia	1:04:00	05:42	10:13	16:19	20:37	30:25	34:50	41:43	45:52	50:24	51:58	57:38	1:00:55	1:02:31	1:04:00
OC München		05:42	04:31	06:06	04:18	09:48	04:25	06:53	04:09	04:32	<b>01:34</b>	05:40	03:17	01:36	01:29
Holzhammer, Sabine	Fehlst P	08:08	12:36	19:25	23:21	43:56	56:40	59:23	1:13:14	1:15:16	1:45:18	1:48:46	1:51:17	1:53:13	
OL Forstern		08:08	04:28	06:49	03:56	20:35	12:44	<b>02:43</b>	13:51	<b>02:02</b>	30:02	03:28	<b>02:31</b>	01:56	

#### D45- 4100m - 50Hm - 13Posten

		1(31)	2(32)	3(33)	4(35)	5(34)	6(36)	7(42)	8(37)	9(41)	10(47)	11(45)	12(48)	13(46)	F
1 Rathje-Kübler, Ilka	40:01	<b>03:38</b>	<b>05:54</b>	<b>11:29</b>	<b>15:02</b>	<b>19:22</b>	<b>22:22</b>	<b>25:40</b>	<b>27:21</b>	<b>31:07</b>	<b>32:31</b>	<b>35:05</b>	<b>37:28</b>	<b>38:34</b>	<b>40:01</b>
OC München		<b>03:38</b>	<b>02:16</b>	05:35	<b>03:33</b>	<b>04:20</b>	<b>03:00</b>	<b>03:18</b>	<b>01:41</b>	<b>03:46</b>	<b>01:24</b>	<b>02:34</b>	<b>02:23</b>	<b>01:06</b>	<b>01:27</b>
2 Ropertz, Jana	46:59	04:25	07:14	12:31	16:26	20:47	25:48	29:40	32:13	36:12	37:56	40:31	43:46	45:11	46:59
OLV Landshut		04:25	02:49	<b>05:17</b>	03:55	04:21	05:01	03:52	02:33	03:59	01:44	02:35	03:15	01:25	01:48
3 Goetz, Dagmar	1:00:53	04:26	09:32	15:31	23:22	29:46	34:37	38:50	42:47	46:46	48:20	51:13	56:43	58:53	1:00:53
DAV Sektion Karpaten		04:26	05:06	05:59	07:51	06:24	04:51	04:13	03:57	03:59	01:34	02:53	05:30	02:10	02:00

#### D55- 2200m - 40Hm - 10Posten

		1(43)	2(49)	3(44)	4(47)	5(41)	6(37)	7(42)	8(45)	9(48)	10(46)	F
1 Schultze, Andrea	27:27	<b>02:23</b>	<b>03:59</b>	<b>06:40</b>	<b>08:14</b>	<b>09:58</b>	<b>15:37</b>	<b>18:04</b>	<b>20:00</b>	<b>23:47</b>	<b>25:28</b>	<b>27:27</b>
OLV Landshut		<b>02:23</b>	<b>01:36</b>	<b>02:41</b>	<b>01:34</b>	<b>01:44</b>	<b>05:39</b>	<b>02:27</b>	<b>01:56</b>	<b>03:47</b>	<b>01:41</b>	<b>01:59</b>

#### H-12 1600m - 25Hm - 7Posten

		1(43)	2(49)	3(44)	4(47)	5(45)	6(48)	7(46)	F
1 Holzhammer, Alexanc	24:36	02:06	04:03	<b>08:07</b>	<b>09:56</b>	<b>14:31</b>	<b>20:56</b>	<b>22:55</b>	<b>24:36</b>
OL Forstern		02:06	01:57	<b>04:04</b>	01:49	04:35	06:25	01:59	01:41
2 Stumpfegger, Bastian	26:32	<b>01:43</b>	<b>02:45</b>	14:53	16:39	19:49	23:49	25:18	26:32
Ohne Verein		<b>01:43</b>	<b>01:02</b>	12:08	01:46	<b>03:10</b>	<b>04:00</b>	01:29	<b>01:14</b>
3 Möhrlen, Samuel	41:52	02:50	04:32	26:56	29:27	33:49	37:57	40:17	41:52
TSV Jetzendorf		02:50	01:42	22:24	02:31	04:22	04:08	02:20	01:35
4 Obermaier, Philipp	50:20	02:30	05:56	28:04	32:06	37:39	43:33	46:29	50:20
TSV Olching		02:30	03:26	22:08	04:02	05:33	05:54	02:56	03:51
5 Greska, Richard	1:01:51	02:11	03:44	13:40	15:24	52:58	59:26	1:00:35	1:01:51
OL Forstern		02:11	01:33	09:56	<b>01:44</b>	37:34	06:28	<b>01:09</b>	01:16

#### H-14 2200m - 40Hm - 10Posten

		1(43)	2(49)	3(44)	4(47)	5(41)	6(37)	7(42)	8(45)	9(48)	10(46)	F
1 Greska, Christopher	34:28	<b>02:55</b>	<b>04:34</b>	<b>07:41</b>	<b>09:50</b>	<b>11:57</b>	<b>19:20</b>	<b>22:58</b>	<b>24:57</b>	<b>30:38</b>	<b>32:36</b>	<b>34:28</b>
OL Forstern		<b>02:55</b>	<b>01:39</b>	<b>03:07</b>	<b>02:09</b>	<b>02:07</b>	<b>07:23</b>	<b>03:38</b>	<b>01:59</b>	<b>05:41</b>	<b>01:58</b>	<b>01:52</b>

H19-		6000m - 65Hm - 17Posten																		
		1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(42)	8(37)	9(38)	10(39)	11(40)	12(41)	13(45)	14(48)	15(44)	16(49)	17(46)	F	
1	Lehmann, Mark	43:50	02:30	04:26	07:33	10:42	14:06	17:04	19:34	21:32	<b>26:52</b>	<b>28:43</b>	<b>30:33</b>	<b>34:30</b>	<b>36:24</b>	<b>39:17</b>	<b>40:51</b>	<b>41:59</b>	<b>42:42</b>	<b>43:50</b>
	Ohne Verein		02:30	01:56	03:07	03:09	03:24	02:58	<b>02:30</b>	01:58	05:20	01:51	<b>01:50</b>	03:57	<b>01:54</b>	02:53	01:34	<b>01:08</b>	<b>00:43</b>	01:08
2	Steiger, Daniel	44:14	02:39	04:42	07:33	<b>10:40</b>	<b>13:38</b>	<b>16:20</b>	<b>18:51</b>	<b>20:57</b>	28:23	30:04	32:04	35:56	38:05	39:58	41:17	42:29	43:15	44:14
	OC München		02:39	02:03	<b>02:51</b>	<b>03:07</b>	<b>02:58</b>	<b>02:42</b>	02:31	02:06	07:26	01:41	02:00	03:52	02:09	<b>01:53</b>	<b>01:19</b>	01:12	00:46	<b>00:59</b>
3	Körner, Ralph	45:33	<b>01:59</b>	<b>03:46</b>	<b>06:58</b>	11:05	14:37	17:54	20:29	22:13	29:00	30:38	32:57	36:40	38:49	41:03	42:23	43:39	44:28	45:33
	OLV Landshut		<b>01:59</b>	<b>01:47</b>	03:12	04:07	03:32	03:17	02:35	01:44	06:47	<b>01:38</b>	02:19	<b>03:43</b>	02:09	02:14	01:20	01:16	00:49	01:05
4	Hergert, Alexander	46:05	02:12	04:07	07:31	10:56	14:29	17:33	20:17	21:47	28:14	29:57	32:22	36:17	38:33	40:50	42:24	43:54	44:50	46:05
	OLV Landshut		02:12	01:55	03:24	03:25	03:33	03:04	02:44	<b>01:30</b>	06:27	01:43	02:25	03:55	02:16	02:17	01:34	01:30	00:56	01:15
5	Faber, Matthias	1:05:38	03:25	06:30	11:02	18:34	23:01	26:59	30:27	32:16	41:09	43:10	45:48	54:09	56:31	58:49	1:01:29	1:03:09	1:04:12	1:05:38
	USV TU Dresden		03:25	03:05	04:32	07:32	04:27	03:58	03:28	01:49	08:53	02:01	02:38	08:21	02:22	02:18	02:40	01:40	01:03	01:26
	Mints, Ilya	Fehlst P	05:52	10:08	16:14	23:28	29:44	36:29	40:57	53:16	57:17	1:01:22	1:09:45	1:13:52	1:16:56	1:20:03	1:23:26	1:25:36	1:28:24	
	Ohne Verein		05:52	04:16	06:06	07:14	06:16	06:45	04:28	12:19	<b>04:01</b>	04:05	08:23	04:07	03:04	03:07	03:23	02:10	02:48	

H35-		6000m - 65Hm - 17Posten																		
		1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(42)	8(37)	9(38)	10(39)	11(40)	12(41)	13(45)	14(48)	15(44)	16(49)	17(46)	F	
1	Enborg, Andreas	39:44	<b>01:56</b>	<b>03:42</b>	<b>06:21</b>	<b>09:26</b>	<b>12:15</b>	<b>15:19</b>	<b>17:46</b>	<b>19:05</b>	<b>24:28</b>	<b>26:00</b>	<b>28:06</b>	<b>31:31</b>	<b>33:24</b>	<b>35:26</b>	<b>36:43</b>	<b>37:51</b>	<b>38:33</b>	<b>39:44</b>
	OC München		<b>01:56</b>	01:46	<b>02:39</b>	03:05	02:49	03:04	02:27	<b>01:19</b>	<b>05:23</b>	01:32	02:06	<b>03:25</b>	<b>01:53</b>	<b>02:02</b>	01:17	01:08	<b>00:42</b>	01:11
2	Heininger, Daniel	41:08	02:38	05:16	07:57	10:58	13:44	16:29	18:51	20:34	26:06	27:30	29:26	33:02	34:59	37:03	38:19	39:21	40:08	41:08
	OC München		02:38	02:38	02:41	<b>03:01</b>	<b>02:46</b>	<b>02:45</b>	<b>02:22</b>	01:43	05:32	<b>01:24</b>	<b>01:56</b>	03:36	01:57	02:04	<b>01:16</b>	<b>01:02</b>	00:47	01:00
3	Weinig, Peter	45:50	02:04	03:46	06:30	10:04	13:33	16:44	19:30	21:18	27:35	29:15	32:22	36:26	38:39	40:45	42:15	43:36	44:26	45:50
	OC München		02:04	<b>01:42</b>	02:44	03:34	03:29	03:11	02:46	01:48	06:17	01:40	03:07	04:04	02:13	02:06	01:30	01:21	00:50	01:24
4	Kozhevnikov, Arist	50:19	03:17	05:16	09:04	12:43	15:46	19:13	22:15	24:04	30:21	32:19	34:41	40:13	42:31	45:22	46:44	48:02	48:48	50:19
	OC München		03:17	01:59	03:48	03:39	03:03	03:27	03:02	01:49	06:17	01:58	02:22	05:32	02:18	02:51	01:22	01:18	00:46	01:31
5	Engler, Ralph	55:16	06:01	08:15	12:28	16:30	20:03	23:15	26:22	27:58	34:56	37:00	39:36	44:24	47:11	49:36	51:15	52:49	53:41	55:16
	Ohne Verein		06:01	02:14	04:13	04:02	03:33	03:12	03:07	01:36	06:58	02:04	02:36	04:48	02:47	02:25	01:39	01:34	00:52	01:35
6	Beierlein, Uwe	1:01:09	02:24	04:40	08:52	14:18	19:22	23:01	26:51	28:53	36:57	39:09	41:59	47:58	51:03	53:34	56:22	57:52	58:49	1:01:09
	OC München		02:24	02:16	04:12	05:26	05:04	03:39	03:50	02:02	08:04	02:12	02:50	05:59	03:05	02:31	02:48	01:30	00:57	02:20
7	Lang, Florian	1:07:16	02:27	04:57	08:33	13:42	18:47	24:43	29:31	31:38	41:36	44:42	47:49	53:34	56:17	59:53	1:02:27	1:04:37	1:05:39	1:07:16
	OLV Landshut		02:27	02:30	03:36	05:09	05:05	05:56	04:48	02:07	09:58	03:06	03:07	05:45	02:43	03:36	02:34	02:10	01:02	01:37
8	Hacker, Louis	1:12:21	04:24	07:28	11:22	18:10	23:26	28:03	32:25	34:58	42:47	45:13	49:56	57:29	1:00:52	1:04:10	1:05:54	1:08:19	1:09:51	1:12:21
	Ohne Verein		04:24	03:04	03:54	06:48	05:16	04:37	04:22	02:33	07:49	02:26	04:43	07:33	03:23	03:18	01:44	02:25	01:32	02:30

## H45-

## 4100m - 50Hm - 13Posten

		1(31)	2(32)	3(33)	4(35)	5(34)	6(36)	7(42)	8(37)	9(41)	10(47)	11(45)	12(48)	13(46)	F
1 Baath, Veikko	35:22	<b>01:55</b>	<b>03:49</b>	<b>07:10</b>	<b>10:52</b>	<b>14:45</b>	18:14	20:59	23:07	26:34	28:02	30:24	<b>32:40</b>	<b>33:50</b>	<b>35:22</b>
TSV Jetzendorf		<b>01:55</b>	<b>01:54</b>	<b>03:21</b>	03:42	03:53	03:29	<b>02:45</b>	02:08	03:27	01:28	<b>02:22</b>	<b>02:16</b>	01:10	01:32
2 Kuebler, Hansjoerg	36:44	02:14	04:40	08:04	11:07	15:10	<b>18:00</b>	<b>20:52</b>	<b>22:39</b>	<b>25:16</b>	<b>26:32</b>	<b>30:03</b>	33:51	35:00	36:44
OC München		02:14	02:26	03:24	<b>03:03</b>	04:03	<b>02:50</b>	02:52	<b>01:47</b>	<b>02:37</b>	<b>01:16</b>	03:31	03:48	<b>01:09</b>	01:44
3 Voskamp, Eckart	43:44	02:37	05:22	14:27	18:17	22:09	25:36	28:36	30:47	34:05	35:29	37:54	41:02	42:18	43:44
OC München		02:37	02:45	09:05	03:50	<b>03:52</b>	03:27	03:00	02:11	03:18	01:24	02:25	03:08	01:16	01:26
4 Mück, Christian	47:11	03:48	06:50	10:27	14:18	18:40	22:14	31:40	33:40	37:10	38:43	41:46	44:23	45:48	47:11
OL Forstern		03:48	03:02	03:37	03:51	04:22	03:34	09:26	02:00	03:30	01:33	03:03	02:37	01:25	01:23
5 Stumpfegger, Markus	47:57	02:37	08:33	13:56	18:34	25:00	28:20	32:16	34:33	38:07	39:50	42:36	45:12	46:42	47:57
OL Forstern		02:37	05:56	05:23	04:38	06:26	03:20	03:56	02:17	03:34	01:43	02:46	02:36	01:30	<b>01:15</b>
6 Holzhammer, Erich	48:31	05:15	07:48	13:59	17:57	23:15	26:24	29:11	31:02	34:48	36:20	40:47	44:18	47:11	48:31
OL Forstern		05:15	02:33	06:11	03:58	05:18	03:09	02:47	01:51	03:46	01:32	04:27	03:31	02:53	01:20

## H55-

## 4100m - 50Hm - 13Posten

		1(31)	2(32)	3(33)	4(35)	5(34)	6(36)	7(42)	8(37)	9(41)	10(47)	11(45)	12(48)	13(46)	F
1 Werthmann, Arndt	42:59	<b>02:45</b>	<b>05:23</b>	10:30	<b>14:16</b>	<b>18:38</b>	<b>22:47</b>	<b>26:43</b>	<b>29:18</b>	<b>32:37</b>	<b>33:58</b>	<b>37:17</b>	<b>40:00</b>	<b>41:37</b>	<b>42:59</b>
OLV Landshut		<b>02:45</b>	<b>02:38</b>	05:07	03:46	<b>04:22</b>	04:09	03:56	02:35	<b>03:19</b>	01:21	03:19	02:43	01:37	<b>01:22</b>
2 Huber, Klaus	44:26	03:31	06:29	10:52	14:36	19:15	22:57	29:11	31:58	35:25	36:45	39:01	41:37	42:58	44:26
OLV Landshut		03:31	02:58	04:23	<b>03:44</b>	04:39	<b>03:42</b>	06:14	02:47	03:27	<b>01:20</b>	<b>02:16</b>	<b>02:36</b>	<b>01:21</b>	01:28
3 Silfwergard, Örjan	50:43	03:09	06:04	<b>10:16</b>	14:29	19:29	27:59	32:05	34:03	37:53	39:28	43:28	46:40	48:09	50:43
OC München		03:09	02:55	<b>04:12</b>	04:13	05:00	08:30	04:06	<b>01:58</b>	03:50	01:35	04:00	03:12	01:29	02:34
4 Kraus, Reinhold	57:53	05:07	09:17	15:34	20:39	26:37	31:39	35:33	39:18	43:26	44:57	47:51	53:45	55:42	57:53
DAV Sektion Karpaten		05:07	04:10	06:17	05:05	05:58	05:02	<b>03:54</b>	03:45	04:08	01:31	02:54	05:54	01:57	02:11
5 Feckl, Peter	58:37	04:08	09:45	15:13	20:15	27:05	32:35	37:10	41:46	45:44	47:15	50:21	54:36	56:41	58:37
OL Forstern		04:08	05:37	05:28	05:02	06:50	05:30	04:35	04:36	03:58	01:31	03:06	04:15	02:05	01:56
6 Lorenz, Rudi	1:02:34	04:15	08:04	13:08	19:15	30:01	36:11	41:12	43:59	48:44	50:56	54:24	58:22	1:00:10	1:02:34
OLA TSV Deggendorf		04:15	03:49	05:04	06:07	10:46	06:10	05:01	02:47	04:45	02:12	03:28	03:58	01:48	02:24
7 Schecher, Wolfram	1:04:14	04:50	08:35	13:08	17:57	24:42	29:38	35:06	38:23	43:59	46:08	51:05	56:01	58:24	1:04:14
NF Würmtal		04:50	03:45	04:33	04:49	06:45	04:56	05:28	03:17	05:36	02:09	04:57	04:56	02:23	05:50
8 Kirsch, Alois	1:04:31	05:16	10:02	15:29	20:37	30:00	38:08	42:39	46:12	51:24	53:19	56:50	59:36	1:01:26	1:04:31
OC München		05:16	04:46	05:27	05:08	09:23	08:08	04:31	03:33	05:12	01:55	03:31	02:46	01:50	03:05