

| Pl | Stnr | Name | Jg | Verein | Zeit |
|------------------------|------|------------------------|--------------------------|---------------------|--------|
| D 12- (8) | | | 1.7 km 25 Hm 7 P | | |
| 1 | 161 | Burgmair, Juliane | 07 | OLG Regensburg | 31:56 |
| 2 | 68 | Baath, Lena | 08 | TSV Jetzendorf | 35:54 |
| 3 | 83 | Natho, Yara | 08 | OC München | 52:38 |
| 4 | 194 | Faltejskova, Laura | 07 | SV Mietraching | 54:48 |
| 5 | 88 | Leukert, Lina | 07 | OC München | 55:26 |
| 6 | 192 | Holtz, Conny | 06 | TSV Jetzendorf | 56:02 |
| 7 | 13 | Baath, Fina | 08 | TSV Jetzendorf | 61:46 |
| AK | 123 | Bönig, Katja | 06 | OLV Uslar 1976 e.V. | 72:03 |
| D 13-14 (6) | | | 2.1 km 50 Hm 7 P | | |
| 1 | 145 | Hötzingler, Verena | 04 | TSV Natternberg | 22:37 |
| 2 | 128 | Kraus, Katharina | 04 | OLG Regensburg | 24:13 |
| 3 | 64 | Jacobi, Antonia | 04 | TV Coburg-Neuses | 36:33 |
| 4 | 107 | Tannerbauer, Anna-Lena | 04 | SV Mietraching | 44:00 |
| 5 | 35 | Holzhaus, Klara | 05 | TV Coburg-Neuses | 49:30 |
| AK | 72 | Schulz, Jessica | 94 | Ohne Verein | N Ang |
| D 15-16 (7) | | | 3.1 km 70 Hm 11 P | | |
| 1 | 126 | Hertel, Jasmin | 02 | OLG Regensburg | 28:02 |
| 2 | 5 | Ritzenthaler, Kayla | 02 | TSV Jetzendorf | 30:34 |
| 3 | 92 | Schöps, Sarah | 03 | OLV Landshut | 52:10 |
| 4 | 137 | Mindt, Yvonne | 03 | SV Mietraching | 58:32 |
| 5 | 172 | Streicher, Laura | 03 | SV Mietraching | 62:09 |
| 6 | 181 | Bisani, Pia | 02 | TSV Natternberg | 64:36 |
| | 98 | Hertel, Katrin | 02 | OLG Regensburg | N Ang |
| D 17-18 (6) | | | 4.0 km 90 Hm 15 P | | |
| 1 | 166 | Schikora, Ines | 01 | OLG Regensburg | 41:10 |
| 2 | 165 | Kraus, Sophie | 00 | OLG Regensburg | 41:28 |
| 3 | 209 | Fischer, Laura | 00 | OLG Regensburg | 43:07 |
| 4 | 191 | Engl, Veronika | 01 | TSV Natternberg | 53:53 |
| 5 | 162 | Hartung, Gabriella | 00 | OLG Regensburg | 73:35 |
| | 124 | Amann, Leonie | 01 | OLG Regensburg | Fehlst |
| D 19 Elite (15) | | | 4.0 km 90 Hm 15 P | | |
| 1 | 167 | Seeger, Mareike | 98 | OLG Regensburg | 30:58 |
| 2 | 102 | Seeger, Isabel | 98 | OLG Regensburg | 32:48 |
| 3 | 60 | Ritzenthaler, Kristin | 74 | TSV Jetzendorf | 33:40 |
| 4 | 106 | Lange, Maria | 91 | SV Mietraching | 34:57 |
| 5 | 18 | Meißner, Britta | 90 | OLV Landshut | 38:26 |
| 6 | 85 | Lehner, Marei | 99 | OLG Regensburg | 41:26 |
| 7 | 135 | Penzkofer, Julia | 94 | SV Mietraching | 41:51 |
| 8 | 4 | Schöps, Anna | 93 | OLV Landshut | 41:56 |
| 9 | 151 | Kolesnikova, Irina | 91 | MTV Bamberg | 48:17 |
| | 111 | Ehrl, Blandine | 82 | OL Forstern | N Ang |
| AK | 19 | Rohracker, Marie | 89 | OC München | 38:02 |
| AK | 26 | Carluccio, Laura | 85 | Polisportiva G.Masi | 44:36 |

| Pl | Stnr | Name | Jg | Verein | Zeit |
|------------------------|------|---------------------------|--------------------------|-----------------------|-----------------|
| D 19 Elite (15) | | | 4.0 km 90 Hm 15 P | | <i>(Forts.)</i> |
| AK | 47 | Guizzard, Michela | 82 | CUS BOLOGNA | 34:04 |
| AK | 75 | Herashchenko, Dianora | 95 | OC München | 35:02 |
| AK | 202 | Pillon, Floriane | 86 | Ohne Verein | 105:59 |
| D 35- (8) | | | 3.4 km 75 Hm 13 P | | |
| | 1 | 77 Kurth, Susan | 76 | OLA TSV Deggendorf | 35:01 |
| | 2 | 147 Faltejskova, Jana | 76 | SV Mietraching | 43:07 |
| | 3 | 138 Vogl, Karin | 70 | SV Mietraching | 50:10 |
| | 4 | 178 Kirchfeld, Iris | 77 | TSV Jetzendorf | 57:59 |
| | 5 | 173 Mindt, Birgit | 69 | SV Mietraching | 66:37 |
| | 6 | 94 Schneider, Anne | 79 | MTV Bamberg | 81:35 |
| | | 155 Ebert, Josephine | 82 | TSV Jetzendorf | Fehlst |
| AK | 69 | Berger, Caroline | 78 | OLG Basel | 65:14 |
| D 45- (13) | | | 3.1 km 70 Hm 11 P | | |
| | 1 | 1 Liebl, Gertrud | 68 | TV Osterhofen | 31:08 |
| | 2 | 112 Ropertz, Jana | 68 | OLV Landshut | 35:20 |
| | 3 | 22 Hufnagel, Ingrid | 66 | OLA TSV Deggendorf | 37:04 |
| | 4 | 131 Weber, Petra | 65 | OLG Regensburg | 40:58 |
| | 5 | 24 Böhme, Katja-Christine | 70 | OLG Regensburg | 42:37 |
| | 6 | 61 Bauer, Iris | 64 | TV Osterhofen | 44:19 |
| | 7 | 57 Reinwald, Elisabeth | 73 | OLG Regensburg | 56:38 |
| | 8 | 86 Lehner, Ulrike | 67 | OLG Regensburg | 77:38 |
| | 9 | 63 Cionoiu, Michaela | 67 | TV Coburg-Neuses | 102:44 |
| | | 51 Moertl, Simone | 68 | TSV Jetzendorf | ZeitÜb |
| AK | 27 | Stäuble, Corinne | 69 | OLG Galgenen | 44:42 |
| AK | 95 | Bönig, Sabine | 69 | OLV Uslar 1976 e.V. | 55:03 |
| AK | 196 | Imhof-Spuhler, Regine | 67 | OL Regio Wil | 49:38 |
| D 55- (4) | | | 3.1 km 70 Hm 11 P | | |
| | 1 | 183 Huth, Martina | 56 | TV Coburg-Neuses | 48:45 |
| | 2 | 55 Neidiger-Pohl, Ulrike | 62 | TV Coburg-Neuses | 52:43 |
| | | 62 Schultze, Andrea | 62 | OLV Landshut | N Ang |
| AK | 54 | Braveri, Silvia | 56 | pol. Bissuola | 59:38 |
| D 65- (3) | | | 2.1 km 50 Hm 9 P | | |
| | 1 | 66 Weid, Angelika | 48 | TV Coburg-Neuses | 40:35 |
| AK | 175 | Kolloch, Gerda | 42 | OC München | 42:27 |
| AK | 199 | Waser, Renate | 49 | OLK Rafzerfeld/Bülach | 42:14 |
| H -12 (5) | | | 1.7 km 25 Hm 7 P | | |
| | 1 | 29 Reinwald, Florian | 07 | OLG Regensburg | 23:58 |
| | 2 | 23 Montes, Marcel | 06 | TSV Jetzendorf | 32:46 |
| | 3 | 104 Oechler, Lukas | 10 | OLV Landshut | 41:29 |
| | | 58 Danninger, Bastian | 07 | OC München | Fehlst |
| | | 38 Holzhammer, Alexander | 07 | OL Forstern | N Ang |

| Pl | Stnr | Name | Jg | Verein | Zeit |
|------------------------|------|--------------------------|---------------------------|------------------------|--------|
| H 13-14 (12) | | | 2.1 km 50 Hm 7 P | | |
| | 1 | 41 Baath, Ole Magnus | 06 | TSV Jetzendorf | 16:21 |
| | 2 | 32 Ritzenthaler, Leo | 05 | TSV Jetzendorf | 18:51 |
| | 3 | 201 Burgmair, David | 05 | OLG Regensburg | 23:27 |
| | 4 | 37 Tatzel, Anton | 04 | TV Coburg-Neuses | 27:19 |
| | 5 | 34 Cionoiu, Daniel | 05 | TV Coburg-Neuses | 28:26 |
| | 6 | 114 Lehner, Severin | 05 | OLG Regensburg | 32:18 |
| | | 184 Faltejsek, Tobias | 05 | SV Mietraching | Fehlst |
| | | 132 Oechler, Jakob | 06 | OLV Landshut | N Ang |
| | | 158 Dahl, Yannic | 05 | TSV Ipsheim | N Ang |
| AK | | 169 Bauerfeld, Nico | 05 | OL-Team Filder | N Ang |
| AK | | 170 Schmidt, Noah | 04 | OL-Team Filder | N Ang |
| AK | | 193 Scharnböck, Manuel | 04 | TSV Natterberg | N Ang |
| H 15-16 (3) | | | 3.4 km 75 Hm 13 P | | |
| | 1 | 100 Kraus, Konstantin | 02 | OLG Regensburg | 28:53 |
| | 2 | 108 Fischl, Felix | 03 | SV Mietraching | 50:20 |
| | 3 | 49 Friebe, Jonas | 02 | OLA TSV Deggendorf | 52:18 |
| H 17-18 (4) | | | 5.0 km 130 Hm 19 P | | |
| | 1 | 149 Lehner, Benedikt | 01 | OLG Regensburg | 55:36 |
| | 2 | 78 Irlinger, Kilian | 00 | TSV Jetzendorf | 71:37 |
| | 3 | 6 Bauer, Alexander | 01 | TV Osterhofen | 75:25 |
| | | 122 Hack, Philipp | 00 | MTV Bamberg | Fehlst |
| H 19 Elite (32) | | | 5.0 km 130 Hm 19 P | | |
| | 1 | 113 Lehner, Korbinian | 96 | OLG Regensburg | 31:42 |
| | 2 | 188 Weid, Uwe | 73 | TV Coburg-Neuses | 34:36 |
| | 3 | 171 Lange, Korbinian | 97 | SV Mietraching | 35:19 |
| | 4 | 129 Lorenz, Timon | 00 | OLG Regensburg | 35:30 |
| | 5 | 99 Janischowsky, Lukas | 97 | OLG Regensburg | 35:59 |
| | 6 | 140 Schmidt, Jan | 89 | TV Coburg-Neuses | 36:26 |
| | 7 | 150 Lehner, Quirin | 98 | OLG Regensburg | 36:43 |
| | 8 | 125 Casanova, Riccardo | 00 | OLG Regensburg | 37:36 |
| | 9 | 101 Nürnberger, Julian | 96 | OLG Regensburg | 40:29 |
| | 10 | 31 Körner, Christoph | 89 | OLV Landshut | 40:38 |
| | 11 | 16 Hergert, Alexander | 85 | OLV Landshut | 40:46 |
| | 12 | 130 Schwarck, Philipp | 99 | OLG Regensburg | 43:59 |
| | 13 | 139 Pohl, Wolfram | 95 | TV Coburg-Neuses | 45:27 |
| | 14 | 59 Sturm, Gregor | 94 | OLV Landshut | 47:41 |
| | 15 | 33 Geiger, Tobias | 87 | TV Coburg-Ketschendorf | 49:46 |
| | 16 | 159 Zölde, Andreas | 93 | OLV Landshut | 50:36 |
| | 17 | 134 Biller, Georg | 88 | SV Mietraching | 50:47 |
| | 18 | 11 Vetter, Sebastian | 97 | TV Coburg-Neuses | 52:58 |
| | 19 | 96 Brandl, Lorenz | 99 | OLG Regensburg | 60:57 |
| | 20 | 7 Tippelt, Alexander | 85 | TV Coburg-Ketschendorf | 72:33 |
| | | 163 Janischowsky, Daniel | 95 | OLG Regensburg | Fehlst |
| | | 174 Leontjevs, Girts | 96 | SV Mietraching | N Ang |
| AK | | 39 Barbone, Giacomo | 91 | Agorosso | 36:42 |
| AK | | 73 Schmidt, Marian | 87 | OC München | Fehlst |

| Pl | Stnr | Name | Jg | Verein | Zeit |
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| H 19 Elite (32) | | | 5.0 km 130 Hm 19 P | | <i>(Forts.)</i> |
| AK | 74 | Seppi, Marco | 80 | Agorosso | 31:01 |
| AK | 91 | Neumann, Josef | 84 | USV TU Dresden | 34:58 |
| AK | 118 | Thierolf, Michael | 62 | TSG Bad König | 39:15 |
| AK | 156 | Flechsig, Florian | 92 | USV TU Dresden | 31:41 |
| AK | 187 | Schwind, Klaus | 71 | OLG Ortenau | 41:03 |
| AK | 200 | Germanavicius, Martynas | | Ohne Verein | 34:24 |
| AK | 203 | Lehmann, Mark | 86 | Ohne Verein | 44:34 |
| AK | 208 | Gutsul, Anton | | Ohne Verein | 48:44 |
| H 35- (9) | | | 5.0 km 130 Hm 19 P | | |
| | 1 | 17 Körner, Ralph | 80 | OLV Landshut | 40:46 |
| | 2 | 152 Selz, Andreas | 81 | MTV Bamberg | 45:07 |
| | 3 | 119 Ebert, Roger | 75 | TSV Jetzendorf | 57:03 |
| | 4 | 176 Engler, Ralf | 76 | OL Forstern | 74:13 |
| | 5 | 177 Hacker, Louis | 82 | OL Forstern | 80:30 |
| | 6 | 44 Lang, Florian | 77 | OLV Landshut | 86:34 |
| | 7 | 76 Friebe, Christian | 78 | OLA TSV Deggendorf | 114:41 |
| AK | 105 | Schmidt, Jürgen | 61 | OL-Team Filder | N Ang |
| AK | 179 | Viskup, Peter | 74 | Slavia ZU Zilina | N Ang |
| H 45- (22) | | | 4.0 km 90 Hm 15 P | | |
| | 1 | 110 Vogl, Roland | 68 | SV Mietraching | 33:38 |
| | 2 | 56 Liebl, Siegfried | 65 | TV Osterhofen | 37:44 |
| | 3 | 14 Baath, Veikko | 64 | TSV Jetzendorf | 39:35 |
| | 4 | 127 Janischowsky, Klemens | 66 | OLG Regensburg | 40:10 |
| | 5 | 48 Lukács, Vilhelm | 68 | OLV Landshut | 40:39 |
| | 6 | 89 Rácz, Csaba | 66 | OLV Landshut | 43:44 |
| | 7 | 153 Zölde, Norberth | 66 | OLV Landshut | 45:03 |
| | 8 | 15 Lexen, Dieter | 65 | OLG Regensburg | 46:15 |
| | 9 | 103 Rosner, Richard | 71 | OLG Regensburg | 51:13 |
| | 10 | 71 Bially, Michael | 73 | TSV Ipsheim | 51:15 |
| | 11 | 3 Reinwald, Matthias | 73 | OLG Regensburg | 56:27 |
| | 12 | 141 Voit, Michael | 68 | VfL Nürnberg | 58:05 |
| | | 79 Voskamp, Eckart | 66 | OLV Landshut | Fehlst |
| | | 182 Hötzingler, Stefan | 69 | TSV Natterberg | Fehlst |
| | | 12 Holzhammer, Erich | 72 | OL Forstern | N Ang |
| AK | 133 | Bauerfeld, Thomas | 68 | OL-Team Filder | N Ang |
| AK | 144 | Engl, Robert | 66 | TSV Natterberg | N Ang |
| AK | 42 | Berger, Pascal | 64 | OLG Basel | 38:31 |
| AK | 46 | Cherniavsky, Sergey | 72 | OC München | 35:20 |
| AK | 53 | Imhof, Kilian | 68 | OL Regio Wil | 32:51 |
| AK | 81 | Nilsson, Klas | 64 | ol norska | 33:00 |
| AK | 160 | Bönig, Stefan | 66 | OLV Uslar 1976 e.V. | 44:07 |
| H 55- (19) | | | 3.4 km 75 Hm 13 P | | |
| | 1 | 109 Hartmann, Dirk | 62 | SV Mietraching | 29:57 |
| | 2 | 10 Scheler, Thomas | 63 | TV Coburg-Neuses | 30:16 |
| | 3 | 121 Zoltner, Helge | 62 | OLV Landshut | 31:41 |
| | 4 | 168 Seeger, Guido | 60 | Baiersdorfer SV | 38:31 |

| Pl | Stnr | Name | Jg | Verein | Zeit |
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| H 55- (19) | | | 3.4 km 75 Hm 13 P | | <i>(Forts.)</i> |
| | 5 | 8 Cionoiu, Gheorghe | 61 | TV Coburg-Neuses | 38:49 |
| | 6 | 28 Schneuwly, Stephan | 59 | OLG Regensburg | 39:39 |
| | 7 | 67 Kirsch, Stefan | 59 | TV Coburg-Neuses | 40:06 |
| | 8 | 52 Böhme, André | 60 | OLG Regensburg | 42:12 |
| | 9 | 157 Dreier, Johannes | 58 | OL Forstern | 45:02 |
| | 10 | 25 Kämpfbeck, Josef | 56 | TV Osterhofen | 45:30 |
| | 11 | 65 Schubert, Jürgen | 63 | TV Coburg-Neuses | 45:32 |
| | 12 | 87 Schalle, Michael | 58 | MTV Bamberg | 56:16 |
| | 13 | 30 Zonato, Stefano | 55 | OLG Regensburg | 60:34 |
| | | 117 Huber, Klaus | 60 | OLV Landshut | Fehlst |
| | | 115 Nikolaus, Liviu | 60 | MTV Bamberg | N Ang |
| AK | | 142 Friessnig, Joachim | 60 | SV Mietraching | N Ang |
| | | 190 Biller Sen., Georg | 58 | SV Mietraching | N Ang |
| | | 198 Reischl, Reinhold | | TV Osterhofen | N Ang |
| AK | | 154 Greiner, Martin | 63 | OK PAN Aarhus | 36:13 |
| H 65- (9) | | | 3.1 km 70 Hm 11 P | | |
| | 1 | 120 Werthmann, Gerhard | 52 | OLV Landshut | 29:46 |
| | 2 | 50 Schwanitz, Jürgen | 49 | OLA TSV Deggendorf | 33:02 |
| | 3 | 36 Oechler, Dieter | 44 | TV Coburg-Neuses | 34:50 |
| | 4 | 82 Meißner, Ralph | 53 | TV Coburg-Neuses | 35:11 |
| | 5 | 116 Simon, Heinz Peter | 46 | MTV Bamberg | 35:28 |
| | 6 | 97 Ebneht, Alfons | 53 | OLG Regensburg | 66:39 |
| | | 45 Wieland, Reinhard | 50 | Ski-Club Lauf | Fehlst |
| | | 93 Werthmann, Arndt | 51 | OLV Landshut | Fehlst |
| AK | | 197 Leukert, Dietmar | 41 | OL-Team Filder | 30:52 |
| H 75- (2) | | | 2.1 km 50 Hm 9 P | | |
| | 1 | 84 Reischl, Georg | 34 | TV Osterhofen | 34:23 |
| | 2 | 21 Lorenz, Rudi | 36 | OLA TSV Deggendorf | 44:59 |
| Schüler B (7) | | | 1.7 km 25 Hm 7 P | | |
| | 1 | 189 Zimmermann, Evi | 08 | SV Mietraching | 25:40 |
| | 2 | 9 Holzhaus, Luise | 05 | TV Coburg-Neuses | 32:23 |
| | 3 | 2 Reinwald, Benjamin | 11 | OLG Regensburg | 33:26 |
| | 4 | 185 Miethanner, Alina | 08 | SV Mietraching | 36:25 |
| | 5 | 148 Miethanner, Emilia | 10 | SV Mietraching | 40:13 |
| | 6 | 80 Böhme, Fynn Padraig | 11 | TV Coburg-Neuses | 43:41 |
| | 7 | 90 Ebert, James | 11 | TSV Jetzendorf | 46:12 |
| Offen Kurz (3) | | | 1.7 km 25 Hm 7 P | | |
| | 1 | 207 Team Mörlbach 2 | | Ohne Verein | 30:41 |
| | 2 | 136 Fischl, Brigitte | 72 | SV Mietraching | 49:31 |
| | 3 | 206 Team Mörlbach 1 | | Ohne Verein | 53:29 |

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| Offen Mittel (3) | | | 3.0 km 60 Hm 10 P | | |
| 1 | 40 | Hinner, Kay | 69 | OLG Regensburg | 53:00 |
| 2 | 146 | Huth, Roland | 55 | TV Coburg-Neuses | 59:38 |
| 3 | 164 | Janischowsky, Petra | 65 | OLG Regensburg | 66:42 |
| Offen Lang (9) | | | 3.9 km 80 Hm 13 P | | |
| 1 | 186 | Danninger, Tobias | 74 | OC München | 35:35 |
| 2 | 43 | Neumüller, Mathias | 75 | OC München | 45:13 |
| 3 | 70 | Burrell, Teresa | 82 | OC München | 70:08 |
| 4 | 195 | Zakharchenko, Igor | 75 | Ohne Verein | 96:12 |
| 5 | 143 | Stoffel, Maria | 15 | Ohne Verein | 139:30 |
| 5 | 180 | Stoffel, Rainer | 80 | Ohne Verein | 139:30 |
| | 20 | Doyscher, Dominik | 79 | Ohne Verein | N Ang |
| AK | 204 | Viskupova, Ludmila | | Slavia ZU Zilina | 109:11 |
| AK | 205 | Schwind, Katja | 84 | OLG Ortenau | 48:07 |