

Interkompas 45



30.8. - 1.9.2019

BULLETIN 2 (INSTRUCTIONS)

DATE: 30th August - 1st September 2019, concomitant O-labyrinth on Thursday 29th August

ORGANIZER: Spolek Orientačních Sportů Jindřichův Hradec, z.s. (SJH)

INFORMATION

web: http://interkompas.sosjh.cz

e-mail: interkompas@email.cz

ORIS: https://oris.orientacnisporty.cz/Zavod?id=4853

CLASSES

D10N (taped course), D10, D12, D14, D16, D18, D21A, D21B, D21C, D35A, D35B, D45A, D45B, D55A, D55B, D65, D75

H10N (taped course), H10, H12, H14, H16, H18, H21A, H21B, H21C, H35A, H35B, H45A, H45B, H55A, H55B, H65, H75

HDR - class for children (no age limit) having accompanying person(s) (taped course)

P - class for beginners of any age (difficulty H12)

T - fitness class for runners of any age (difficulty H18)

The overall results are not evaluated in classes HDR, P, T.

Taped courses (D10N, H10N, HDR) are marked by **orange** ribbons, track from the last control (code 100) to finish is marked by red ribons or goes through corridor.

For course parameters, see pages 12 - 14.

REGISTRATION

Thursday 29th August	18:00 - 20:00	Event centre (LDT Bílá skála)
Friday 30th August	11:00 - 14:00	Event centre (LDT Bílá skála)
	18:00 - 19:00	Event centre (LDT Bílá skála)
Saturday 31st August	8:30 - 9:00	Stage centre of E2 (Hejlíček)
Sunday 1st September	8:00 - 8:30	Event centre(LDT Bílá skála)

Each club should be represented by a single person at the registration.

Cash payments of registration fees are also possible in EUR (1 EUR = 25 CZK, total amount will be rounded to the nearest higher integer value). Only notes of 5, 10, 20, 50 EUR and minimum necessary amount of 1 and 2 EUR coins will be accepted. Change of a maximum of 10 EUR (250 CZK) will be given in CZK.

A place in camp can still be bought at registration (200 CZK / person born in 2012 and older). Those born in 2013 and younger free of charge without necessity to register.

Additional entries are **only** possible in classes HDR, P, T (**up to the number of maps printed**). In all other classes, the only possible changes are (a) change of a name within one class and club (for a fee of 50 CZK), (b) change of the SI card number (free of charge).

In case of a sudden need to change the SI card number (in case of loss, etc.), it is possible to report this also at the SI reading booth (always close to finish).

EVENT CENTRE (CENTRE OF El A E3) AND CAMP: Číměř, LDT Bílá skála

Location: 49.0753228N, 15.0886208E (https://en.mapy.cz/s/2Zk85)

Access from road II/128 by turning in Číměř or from road II/164 by turning in Člunek.

Camp

The camp is located in a meadow close to the event center. It will be open from Thursday from 14:00 to Sunday 16:00. Paper tapes for each person registered for the camp will be handed over to the representative of the club at the registration. Place the tapes visibly on the tent cord latest on Friday evening, it will be randomly checked.

The camp is of an "L" shape where the second part of "L" suffering from edema, see map on page 11. A "service road" of a width of about 5 m will be marked by tapes in the center of the first, thinner part of "L". Park your cars perpendicularly to this road (on both sides) into another parallel "parking" belt", again about 5 m wide (not marked). Place tents only behind this parking belt and do not park outside the parking belt. In the second, "more swollen" part of "L", tents and cars can be placed on arbitrary places. Nevertheless, do so with understanding for needs of other users of the camp and take into account the fact that everybody should have a chance to drive out from the camp at any moment. If given, follow orders of the organizers when setting your tents.

Equipment of the event centre and the camp

- drinking water (washroom of LDT Bílá skála);
- regular WC in a building of LDT Bílá skála;
- showers (washroom of LDT Bílá skála), cold water only;
- mobile WC (toi-toi, 16× booth, 1× cross-urinal);
- restaurant/buffet offering cold and hot meals and usual hot as well as cold drinks.

Please, save water and sort waste: plastic into yellow bags, everything else into black or blue bags.

It is prohibited to make an open fire!!! Entry to the field adjacent to the campsite is also prohibited.

The strictest prohibition, under the threat of disqualification from both the race and the camp, to do a biggie outside the designated places (toilets, toi-toi).

See page 11 for a plan of the event centre and the camp.

STAGE CENTRE OF E2: Meadow next to the Hejlíček lodge

Location: 49.0858075N, 15.0571639E (https://en.mapy.cz/s/3wQeQ)

Access using road II/128 Číměř – Horní Pěna, 6 km away from the event centre. **Attention**, the turn from the road to the meadow is in a road bend. Use extra caution when exiting and entering the road II/128.

Equipment of the E2 stage centre

- mobile WC (toi-toi, $12 \times$ booth, $1 \times$ cross-urinal);
- tent restaurant/buffet offering cakes, hot meals and usual hot and cold drinks;
- tank and wash basins to wash after the race. Please, use only for the essential and basic cleansing.

See page 11 for a plan of the E2 stage centre.

FOOT/CYCLEPATH LDT BÍLÁ SKÁLA - HEJLÍČEK: 4200 m.

Competitors interested in lowering their own carbon footprints (and keeping a possibility to take a beer or two at the E2 stage centre after finishing the race) can go by foot or even better by bike from the event centre (LDT Bílá skála) to the E2 stage centre (Hejlíček). See a map 1:20 000 (http://interkompas.sosjh.cz/wp-content/uploads/mapa-Interkompas45.pdf) for a recommended way going through the forest. At the first 500 m, you will go on a small path/meadow with an elevation of about 40 m. The rest (3700 m) goes on a newly renovated asphalt forest road with additional elevation of about 30 m.

The beginning of the path (1800 m) is the same as route to El start. The blue-white ribbons from Friday will be left in the forest till Saturday. After passing the place of El start, follow the asphalt road (the only one there) for additional 2400 m. There is only one sharper turn to left by about 90° on the way. It is also allowed to cross (by foot) the forest area of El while using the El O-map.

PARKING

Parking is always located in a close proximity to the stage centre, see the event centre plan (LDT Bílá skála, El and E3) and the E2 stage centre (Hejlíček). A parking fee of **50 CZK / car / whole stay** will be collected in cash upon the first entrance. Campers accommodated in the camp may park near their tents (see camp instructions on page 2).

Please, follow the orders of organizers.

Keep your parking ticket placed visibly behind the windscreen for the whole duration of the event. Participant who arrive earlier than around Friday noon will pay the parking fee during the next entrance to the event area or can also pay in the registration office.

MAPS, CONTROLS DESCRIPTIONS

Scale 1:10 000, eq. 5 m for all stages and classes, map specification ISOM 2017-2. Prepared by Jan Beneš and Arnošt Komárek during 2017-19, revision of the whole map in 06-08/2019. Maps will be printed on a waterproof material pretex.

Bark beetle: The competition area is located on the edge of a large area where majority of all forests has recently disappeared due to the bark beetle invasion. Also in the competition area, new (not small) clearings and fences are appearing in a previously unprecedented pace. Even though the last revision of the map was conducted in the week from 11th August, we cannot rule out new clearings/fences present in the forest but not in the map. Thanks for your understanding.

Control descriptions: Available in a pictogram form in the **centre of each stage**. There are **no** control descriptions printed on a map. They will also **not be available** at start. Control descriptions for the three stages will be distinguished by different colors.

Special map symbols: brown triangle: platform, blue square: well, concrete ring (well looking), green cross: root stock, black square: (ruin of) a small WWII fortress, black cross: wi-el line pylon, triangulation pole, other manmade object, black circle: border stone.

Vegetation boundary is mapped by using the green dashed line.

Notice to those not yet fully familiar with the ISOM 2017-2 map specification. The symbol num. 418 (small green bullet with a white circle in the middle: prominent bush or (smaller) tree) also appears in the map and is used as object of some controls. The respective object is marked just as "a prominent tree" in the control descriptions. That is, "a prominent tree" is not always a huge tree.

CONCOMITANT EVENT, STAGES

Detailed information related to the concomitant event and to the stages are available in the second part of this Bulletin on pages 8-9.

TRAINING

During Monday 26th August, controls for two training courses will be distributed in the forest. You will find a training (smaller) lampion on the control points (unless it is taken / carried by passing tourists). Descriptions of controls will be printed on the map. Start and finish are always near the recommended parking place, they will not be marked in the terrain. Maps will be available from staff of restaurant/buffet of LDT Bílá skála (till Friday morning) and at registration office for CZK 10 / piece. For more information on the individual trainings see page 10.

RESTAURANT/BUFFET

Event centre (LDT Bílá skála)

In full extent from Friday noon till Sunday afternoon except the course of stage 2 (Saturday, approx. 9:00 – 16:00). Limited offer from Monday till Friday noon.

- breakfast, fresh cakes, ...;
- hot meals, pasta salad;
- grilled meat, sausages, frankfurters, ...;
- bear, usual cold and hot drinks.

Stage centre of E2 (Hejlíček), on Saturday, approx. 8:30 - 16:00

- fresh cakes, ...;
- pasta salad;
- beef goulash;
- bread with spread (various kinds);
- sausages, frankfurters, ...;
- bear, usual cold and hot drinks;

CONCOMITANT CULTURE

Life music to listen as well as to dance: on **Friday** between 18:00 and 22:00 in the event centre (LDT Bílá skála).

Tips for **Saturday** afternoon:

- **Obludiště**, Dolní Pěna, http://www.obludiste.cz/: "terrain" of the Thursday's O-Labyrinth, but this time with a need to buy a ticket. Please note that visitors are equipped by neither a map nor a plan. However, if we have some maps left from Thursday, you can get one in the buffet at E2 centre Hejlíček for CZK 10 / piece.
- **ZOO Hrádeček**, Horní Pěna, http://www.zoonahradecku.cz/: ZOO of an ideal size for families with smaller children. If you haven't met a puma or a lion on the race track, you have a chance here.
- Jindřichův Hradec Castle, https://www.zamek-jindrichuvhradec.cz/en/: a classical tourist destination... If you decide to visit it, we also recommend restaurant "Č.P. 4" (https://www.facebook.com/Restaurace-čp-4-1373529909426583/) next to the castle to take a dinner or just a beer (or two).

FIRST AID

Minor injuries will be treated by a physician present in the finish area. For more serious injuries/cases, the <code>Jindřichův Hradec Hospital</code> with an emergency (also surgical) is available, entrance from the roundabout on the fork of Vídeňská and Jáchymova streets, 49.1398203N, 15.0059164E (https://en.mapy.cz/s/3wYHc). Parking possible on the hospital premises.

KINDERGARTEN

It will be open for the duration of the race in the stage centre (Friday and Sunday at LDT Bílá skála, Saturday at Hejlíček) always 45 min before the start time 00.

Children can only be left in the kindergarten for a necessary amount of time when their parents are in the forest. Parents are obliged to pick up their children as soon as possible after they finish. Please, equip children with drink, snack and possibly a favorite toy.

PUNCHING SYSTEM

Electronic, SportIdent. The SI units **will not be** set in the contactless Beacon mode. Each SI card might be used at most once within each stage. The competitor is obliged to clear the SI card in the first corridor before the start and to check it in the second corridor. In the third (last), start, corridor there will be a possibility to switch off the contactless capability of SIAC cards (SIAC OFF).

In case of failure of SI unit, use the pin punch to mark the "R" fields placed on the edge of the map. Maps with this stamping must be handed over in the finish area for inspection.

SI reading will always be located in the finish area. The competitor is obliged to have his/her SI card read in the finish area even if (s)he does not complete the race.

SI rent - CZK 50 / stage. Compensation, if rented SI card lost: CZK 800.

Time is recorded in complete seconds.

START

Interval start in El a E2, chasing start in E3. The way to the start from the stage centre (LDT Bílá skála on Friday and Sunday, Hejlíček on Saturday) is marked by blue-white ribbons. It is necessary to arrive at start E1 and E2 3 minutes in advance, at start E3, competitor must report him/herself 6 minutes in advance.

Competitors of classes HDR, P and T start from a separate corridor at any time **while following instructions of the organizers**, but no later than at **the start of the last competitor of other categories**. The start SI unit must be punched. The map is taken only by the competitor. The companions (friends, siblings, parents, aunts, uncles, etc.) **may not** take another map. Passing an HDR track with a stroller might be quite difficult (perhaps requiring a strong man) in some parts of the track.

FINISH

The competitor finishes the race by punching either of the two finish SI units placed at the finish line (E1 and E2). In E3, the ranking of competitors on the finish line will be determined by the finish referee. The competitor punches the finish SI unit placed after the finish line according to instructions of the finish referee.

The maps will not be taken away in the finish area. We rely on your Fair Play.

OBLIGATORY ROUTES

From start to the map start and from the last control (code 100) to finish (red ribbons or corridor). There are two additional obligatory routes in E2 for most of the classes (overcoming the road II/128), see page 9 for more information.

FORBIDDEN AREAS

It is not allowed to access forest fencings (map symbol 518: impassable fence) and private land (olive green in the map, map symbol 520). In E2, it is strictly prohibited to enter the road II/128 (marked by purple crosses in the map – map symbol 711: out-of-bounds route).

Access to agricultural land, on map indicated by yellow with black dots (map symbol 412: cultivated land), **is allowed** during the race.

Outside the competitor's time in the race, it is forbidden to access forest areas of **not yet completed stages** with the O-map. Nevertheless, it is allowed to move through the forest at any time while using clear paths and roads and using only commonly available maps (tourist maps, mapy.cz, etc.) or the 1:20 000 map (http://interkompas.sosjh.cz/wp-content/uploads/mapa-Interkompas45.pdf) provided by the organizer.

START NUMBERS

Only in E3 for the best five competitors of the total results after E2 (not applicable for classes HDR, P, T). The start numbers (including the safety pins) will be available at start.

RESULTS

Will be gradually displayed at the stage centre. On-line results will be available on the following links:

- El https://liveresultat.orientering.se/followfull.php?lang=cz&comp=16160
- E2 https://liveresultat.orientering.se/followfull.php?lang=cz&comp=16161
- E3 https://liveresultat.orientering.se/followfull.php?lang=cz&comp=16162 The official results will be published in ORISu.

START LISTS FOR E3

Will be displayed in the event centre (LDT Bílá skála) and in ORIS (https://oris.orientacnisporty.cz/Zavod?id=4852) on Saturday evening.

PRIZE GIVING CEREMONY

On **Friday**, at **20:00**, the winners of El in all classes except HDR, P, T will be announced in the center (LDT Bílá skála). At the same time, the best three runners in each class of the concomitant O-labyrinth will be announced.

On **Sunday** after the finish of the leading competitors of all classes, presumably at 13:00, the winners of E2 in all classes except HDR, P, T will first be announced in the event centre. Second, the main prize giving ceremony will take place. The best three runners of overall results in classes D10N, D10, D12, D14, D16, D18, D21A, D35A, D45A, D55A, D65, D75, H10N, H10, H12, H14, H16, H18, H21A, H35A, H45A, H55A, H65, H75 will be announced and awarded. In classes D21B, D21C, D35B, D45B, D55B, H21B, H21C, H35B, H45B, H55B only the overall winner will be announced and awarded. In the HDR class, children will be rewarded after each stage.

PROTESTS

Any protests in a written form only to the chief referee with the deposit of CZK 400. Possible protests against the official results can be sent within 14 days upon their publication by e-mail interkompas@email.cz while using the message subject "Protest".

JURY

A three-member jury will be named and announced in the event centre. Proposal: Jan Krejsa (CHT8701, R2), Radek Teringl (VCB6502, R3), Eva Voborníková (CTB6851, R3).

OFFICERS

Event director: Jiří Míchal (SJH7802, phone (+420) 737 280 108, interkompas@email.cz)

Chief referee: Arnošt Komárek (SJH7702, R3) Course setters: El: Petr Nouza jr. (SJH9300, R3)

E2: Petr Nouza (SJH6501, R3) E3: Jan Beneš (SJH7001, R2)

NOTICE

Competitors start at their own risk and within their health insurance. The organizer provides only the first aid in the finish area of each stage. Minors are the responsibility of their legal representatives. The organizer is not liable for damages caused by a third party.

No entry with a dog to the forest.

Ownership of the map (including older versions) does not justify entries to private land or organisation of unannounced training. All training activities requiring a stay in the racing area with an O-map must be negotiated in advance with the organizer.

PRIVACY AND PHOTOGRAPHY (GDPR)

By sending an application for this event, each participant agrees to publish his personal data in the scope of the mandatory format of the Czech Orienteering Federation (ČSOS) in the form of application form, start list and results on event website, in the ORIS information system, in the instructions for the participants and at stage centers. During the course of the event, photographs will be taken to inform the public about the race, the statement of the subsidies for the event, etc., in accordance with \$89 of Act No. 89/2012 Coll., The Civil Code of the Czech Republic. In addition, photographs can be taken for the personal use of competitors (such as event memories, promotion of the O-clubs), in particular from prize winning ceremony and from finish. In case you do not agree with the shooting, report it explicitly to the photographer.

It is possible to organize this event thanks to understanding and support from the enterprise Lesy České republiky, s. p. (the keeper of forests in ownership of the Czech Republic), municipalities of Číměř and Horní Pěna and owners and lessees of meadows and fields where you stay, camp and park.

Thank You!

For additional support we kindly thank to the municipality of Dolní Pěna and to the city of Jindřichův Hradec.

We also thank to Mr. Filip Klíma, the owner of Obludiště, for giving us the opportunity to use it for the O-labyrinth.

Special thanks go to Mr. Jiří Henc for allowing us to build the E2 stage centre on his meadow. Please, behave here so that we can return here again with an O-event in the future.

CONCOMITANT EVENT, O-LABYRINTH, THURSDAY 29th AUGUST

Sprint, race with a fixed order of controls and an interval start, in a shrubbery labyrinth (http://www.obludiste.cz/). Time of the winner around 10 minutes (we hope).

Time of registration and start: 16:00 – 18:30. The labyrinth will be locked at 19:00. Possibly still stray runners will only be released from the labyrinth on Friday at 9:00 (if they find their way to the exit by then).

Location: Dolní Pěna (north of the village, 49.1136936N, 15.0252353E, https://en.mapy.cz/s/3x20w). Due to the construction of the sewerage system in Dolní Pěna, the only guaranteed access is from the road II/128 between *J. Hradec* and *Horní Pěna* via the turning "Skládka Kohout", see point 2 on https://en.mapy.cz/s/3x20w. Depending on the progress of work, the arrival from road I/34 via *Horní Žďár* or the arrival from *Horní Pěna* will be closed for all traffic. Parking possible on parking lots of the Labyrinth.

Classes: $\check{\mathbf{Z}}$ – pupils up to 14 years of age (born in 2005 and younger), shorter track, \mathbf{E} – elite runners up to 50 years of age (born in 1969 and younger), longer track, \mathbf{V} – the most experienced masters above 50 years of age (born in 1968 and older), longer track.

Applications: Either through ORIS (https://oris.orientacnisporty.cz/Zavod?id=5408&lang=en, till Wednesday 28th August) or on-site. Voluntary entry fee (proposed amount of CZK 40 in classes E and V, CZK 20 in class Ž) payable to the box at the presentation.

Map: 1:500, without contour lines, see here: http://www.jackfernet.cz/files/uploads/jf_09-40-4.12.2018-1543912830-labyrint.pdf for a sample. There will be no control descriptions (all controls are either "side of a thicket" or "prominent deciduous tree"). Control codes will be printed directly on a map.

Punching system: Electronic, SportIdent, contact punching. The start unit must be punched at start.

Prize giving ceremony: The best three runners of each class will be announced on **Friday** at 20:00 in the event centre.

E1, MIDDLE DISTANCE, FRIDAY 30th AUGUST

Stage centre: LDT Bílá skála (event centre)

Time 00: 15:00

Time limit: 90 minut

Map: Řaská studánka, format A4 landscape

Control decriptions color: yellow

Distances: Stage centre – Start 1800 m (ascent 60 m)

Finish - Stage centre 1800 m

Finish is located in a close proximity to start. There is a common path to start/finish marked by blue-white ribbons.

WC at startu: 2× mobile booths.

Refreshment: Water and syrup at both start and finish. No refreshment on tracks.

E2, LONG DISTANCE, SATURDAY 31st AUGUST

Stage centre: Meadow next to the Hejlíček lodge

Time 00: 10:00

Time limit: 150 minut

Map: Hejlíček, format A4 portrait for classes D10N, H10N, D10, H10, D12, H12, P, HDR

Maureři, format 430 \times 305 mm for all other classes

Control decriptions color: green

Stage centre - Start 250 m blue-white ribbons
Finish - Stage centre 50 m not marked

Event centre - Stage centre 6 000 m by car
4 200 m by foot/bike

(blue-white ribbons on the first 1800 m)

Obligatory routes: In addition to the usual obligatory routes to the map start and to finish, there are two more mandatory routes for all classes running with the (bigger) map *Maureři* and also for classes D12, H12 and P. Using those two routes, the road II/128 is overcome through an **underpass**. Each mandatory section follows immediately after punching controls with the codes **80** (northeast entrance to the tunnel - underpass) and **90** (bend of the earth bank near the southwest entrance to the underpass), respectively. The end of the mandatory section is always at the end of the tunnel. Throughout the race, under the threat of disqualification (or serious injury and even death), there is a strict ban on access to the body of road II/128.

WC at start: no, only at the stage centre.

Refreshment: Packed water at finish. Water on tracks (the cup symbol on the map), realistically achievable for all classes running with the (bigger) *Maureři* map, except the D75 class. The longest courses run up to six times through the refreshment point.

E3, SHORTENED LONG DISTANCE, SUNDAY 1st SEPTEMBER

Stage centre: LDT Bílá skála (event centre)

Time 00: 9:30, chasing start for competitors having their loss up to 40 minutes to the class leader. The remaining runners will start in regular intervals. The first runner of each class starts in times as follows.

Start time	CEST time	Class
00	9:30	D21A, D35A, D55A, H10, H21A, H35A
15	9:45	D45A, D75, H10N, H12, H65
30	10:00	D14, D18, H14, H16, H18
45	10:15	D10, D12, D16, H45A, H55A
60	10:30	D10N, D21B, D65, H21B, H75
75	10:45	D35B, D55B, H35B, H45B
90	11:00	D21C, D45B, H21C, H55B

Start will proceed from two corridors: **D** (for women) and **H** (for men).

Time limit: 120 minut

Map: Nápravovna, format A4 landscape

Control decriptions color: white

Distances: Stage centre - Start 700 m (ascent 40 m) blue-white ribbons

Finish - Stage centre 0 m

Start numbers: The best five competitors of all classes (except HDR, P, T) are obliged to run with the start number placed on their chest. The numbers (including safety pins), will be available in the start area (before entering the start corridor).

WC at start: $2 \times$ mobile booths.

Refreshment: Water and syrup at finish. Water on tracks (the cup symbol on the map), realistically achievable for classes D16 – D55A (except D21C) and for H14 – H55B, T.

TRAINING BÍLÁ

Location of start/finish and parking: Next to the road II/128, northwest from Číměř, 49.0724044N, 15.0601897E (https://en.mapy.cz/s/3x2EJ). Park on a grassy area under the power line, or on a place next to the forest on the other side of the road. Beware that you are turning off the road on the horizon.

Map: 1:10 000, eq. 5 m, map specification ISOM 2017. Mapped by Arnošt Komárek in March 2019.

Course: Three consecutive rounds on three maps printed below each other on one A4 sheet. Finish of one round = map start of the next round. In total 4700 m / 90 m / 21 control points.

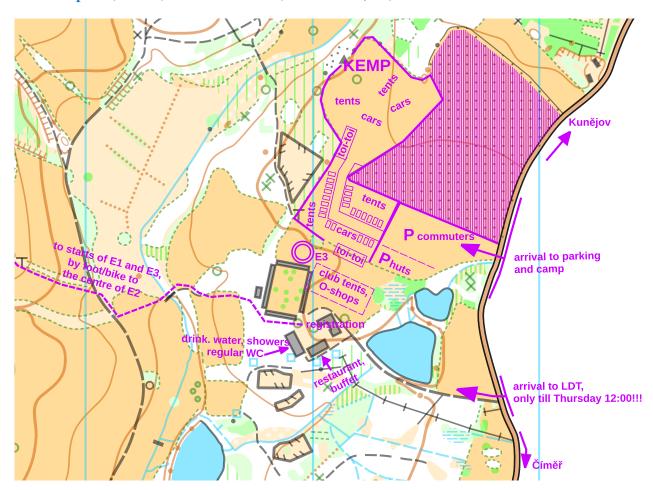
TRAINING HRADIŠTĚ

Location of start/finish and parking: Meadow on the western outskirts of the Hradiště village, 49.0342356N, 15.0778708E (https://en.mapy.cz/s/3x2QX). Arrival on a dirt road from the local road Hradiště – Nová Bystřice.

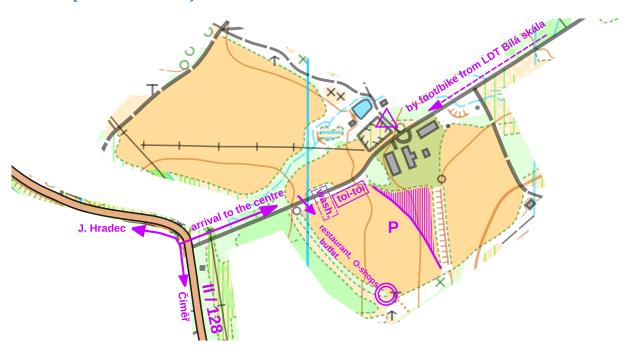
Map: 1:10 000, eq. 5 m, map specification ISOM 2000. Mapped by Jan Drbal and Martin Kratochvíl for EYOC 2011 (map Hammer), subsequent random revisions by members of the SJH club. The main changes (especially clearings and fences) on the training route were last recorded in May 2019.

Course: Round, 4600 m / 135 m / 15 control points.

Situation plan (1:5 000): LDT Bílá skála (centre of E1, E3)



Situation plan (1:5 000): Hejlíček (centre of E2)



COURSE PARAMETERS

El, Friday 30th August

	Length	Ascent			Length	Ascent	
Class	[m]	[m]	Controls	Class	[m]	[m]	Controls
D10N	1830	50	6	H10N	1830	50	6
	/ 2880				/ 2880		
D10	1970	30	9	H10	1970	30	S
D12	2 250	60	13	H12	2 190	45	11
D14	2 990	80	13	H14	3 340	85	16
D16	3 350	125	16	H16	4 030	145	19
D18	4 320	125	18	H18	5 150	165	23
D21A	5 210	150	21	H21A	6 360	155	25
D21B	4740	120	19	H21B	5 200	140	2
D21C	3 870	100	16	H21C	4 110	90	17
D35A	4 270	110	18	H35A	4 880	130	20
D35B	3 910	120	17	H35B	4 500	105	17
D45A	3 810	120	17	H45A	4 770	105	2
D45B	3100	80	13	H45B	3 900	90	15
D55A	3 140	80	14	H55A	3 930	90	16
D55B	2 950	80	14	H55B	3 320	80	14
D65	2 670	60	12	H65	3 180	65	14
D75	1990	55	9	H75	2 070	55	10
P	1870	35	9	T	5 740	155	23
HDR	1730	50	6				
	/ 2880						

E2, Saturday 31st August

	Length	Ascent			Length	Ascent	
Class	[m]	[m]	Controls	Class	[m]	[m]	Controls
D10N	1570	40	5	H10N	1570	40	5
	/ 3 500				/ 3500		
D10	2 480	80	6	H10	2 480	80	6
D12	2780	80	8	H12	3 050	90	g
D14	3 680	110	11	H14	4 870	150	11
D16	4 550	110	11	H16	6 020	155	14
D18	5 770	155	13	H18	7 690	155	18
D21A	9 520	185	17	H21A	12 990	245	23
D21B	7 070	185	17	H21B	9 7 6 0	205	22
D21C	5 010	125	12	H21C	7 120	175	15
D35A	6 670	155	17	H35A	9 250	150	2.
D35B	4 940	140	15	H35B	6 820	150	16
D45A	5 240	140	12	H45A	7 630	160	17
D45B	3 930	100	12	H45B	5 440	150	14
D55A	4 290	85	12	H55A	5 440	145	12
D55B	3 540	80	9	H55B	4 630	130	12
D65	3 410	80	10	H65	4 510	95	12
D75	2790	75	8	H75	3 2 2 0	80	Ç
P	3 170	95	8	T	7750	145	14
HDR	2 140	40	6				
	/ 3 500						

E3, Sunday 1st September

	Length	Ascent			Length	Ascent	
Class	[m]	[m]	Controls	Class	[m]	[m]	Controls
D10N	2 210	50	6	H10N	2 210	50	6
	/ 3 900				/ 3 900		
D10	2 580	55	7	H10	2 580	55	7
D12	2 930	65	11	H12	3 240	75	12
D14	3 430	85	14	H14	4 170	95	14
D16	4160	105	12	H16	5 500	145	14
D18	5 070	115	15	H18	6 330	140	18
D21A	6 900	160	20	H21A	8 620	235	25
D21B	5 590	120	17	H21B	6 850	150	19
D21C	4130	95	13	H21C	5 280	130	13
D35A	5 170	135	13	H35A	7 080	175	19
D35B	4 550	110	13	H35B	5 660	140	15
D45A	4 840	125	14	H45A	6 180	155	18
D45B	3 920	100	11	H45B	5 400	140	14
D55A	4 210	105	12	H55A	5 710	130	14
D55B	3 600	70	13	H55B	4790	110	15
D65	3 270	65	13	H65	3 800	90	14
D75	2380	50	10	H75	2720	55	1
P	2 590	65	13	T	5 680	150	15
HDR	2 150	50	8				
	/ 3 900						