

| Pl | Zeit | Verein Name | Jg | Mar |
|---------------------------------------|-------|------------------------------|----|-----|
| D-12T (7) 2.1 km 0 Hm 5 P 8 AP | | | | |
| 1 | 26:51 | SV IHW Alex 78 Berlin | | 1 |
| | | Ida Leukert | 11 | |
| | | Linda Lange | 13 | |
| | | Emilia Schlittermann | 11 | |
| 2 | 27:14 | Post SV Dresden | | 1 |
| | | Johanna Müller | 11 | |
| | | Merle Richter | 13 | |
| | | Johanna Wiedenfeld | 13 | |
| 3 | 31:05 | USV TU Dresden | | 1 |
| | | Selma Grismajer | 12 | |
| | | Emma Ruhe | 12 | |
| | | Lisa Löhning | 11 | |
| 4 | 34:51 | Berliner Turnerschaft | | 1 |
| | | Vera Lotte Adorján | 11 | |
| | | Josephine Tritschler | 12 | |
| | | Serafina Quabeck | 13 | |
| 5 | 36:55 | Post SV Dresden | | 2 |
| | | Tyra Bader | 13 | |
| | | Dora von Dalowski | 12 | |
| | | Lieselotte Hoke | 11 | |
| 6 | 46:37 | OLV Potsdam | | 1 |
| | | Kamilla Knuth | 13 | |
| | | Ella Sperling | 14 | |
| | | Tira Heidrich | 13 | |
| 7 | 51:17 | TSC Strausberg | | 1 |
| | | Hannah Kalisch | 11 | |
| | | Ella Schmidt | 11 | |
| | | Lina Peukert | 12 | |

| | | | | |
|--|-------|----------------------------|----|---|
| D-14T (8) 2.7 km 0 Hm 5 P 15 AP | | | | |
| 1 | 25:08 | SV Robotron Dresden | | 1 |
| | | Emilia Wetzel | 9 | |
| | | Jannika Wetzel | 9 | |
| | | Greta Pompe | 9 | |
| 2 | 29:55 | OLV Steinberg | | 1 |
| | | Lina Behrendt | 9 | |
| | | Sophie Behrendt | 12 | |
| | | Katja Horst | 9 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|------------------|-------|----------------------------------|----|-----|
| D-14T (8) | | 2.7 km 0 Hm 5 P 15 AP (Forts.) | | |
| 3 | 34:16 | OK Leipzig | | 1 |
| | | Mathilde Kärger | 9 | |
| | | Theresa Kärger | 10 | |
| | | Lisbeth Hirsch | 10 | |
| 4 | 37:24 | OLG Regensburg | | 1 |
| | | Jara Lauer | 10 | |
| | | Olina Maskova | 11 | |
| | | Lara Noller | 10 | |
| 5 | 45:03 | Post SV Dresden | | 1 |
| | | Selma Drechsler | 10 | |
| | | Hannah Moraweck | 10 | |
| | | Mila von Dalowski | 10 | |
| 6 | 50:33 | OK Mark Brandenburg | | 1 |
| | | Alina Berens | 10 | |
| | | Lene Powik | 10 | |
| | | Paula Weiß | 9 | |
| 7 | 50:42 | Rheinhessen O-Team | | 1 |
| | | Amelie Bleßmann | 9 | |
| | | Jonna Rathje | 9 | |
| | | Magarethe Ellke | 9 | |
| 8 | 50:50 | USV Jena | | 1 |
| | | Ida Schenker | 11 | |
| | | Zoe Radzio | 11 | |
| | | Emma Götz | 10 | |
| D105T (8) | | 4.2 km 0 Hm 6 P 24 AP | | |
| 1 | 57:11 | Preetzer TSV | | 1 |
| | | Ivana Knaupova | 78 | |
| | | Beate Stamer | 72 | |
| | | Ieva Grahl | 82 | |
| 2 | 57:41 | Gundelfinger Turnerschaft | | 1 |
| | | Luise Kärger | 78 | |
| | | Eija Schulze | 78 | |
| | | Meike Jaeger | 71 | |
| 3 | 59:33 | Post SV Dresden | | 1 |
| | | Anne Bader | 84 | |
| | | Anett von Dalowski | 82 | |
| | | Kerstin Saupe | 78 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|------------------|---------|------------------------------|-----|----------------|
| D105T (8) | | 4.2 km 0 Hm | 6 P | 24 AP (Forts.) |
| 4 | 1:05:09 | USV TU Dresden | | 1 |
| | | Sonnhild Grismajer | 81 | |
| | | Fanny Sembdner | 85 | |
| | | Brit Horst | 76 | |
| 5 | 1:05:23 | SV Robotron Dresden | | 1 |
| | | Bettina Mühlstädt | 80 | |
| | | Annegret Wetzels | 76 | |
| | | Katja Pompe | 76 | |
| 6 | 1:16:02 | USV Jena | | 1 |
| | | Friederike Götz | 84 | |
| | | Sabine Bräuer | 71 | |
| | | Anja Käster | 71 | |
| 7 | 1:28:38 | Berliner Turnerschaft | | 1 |
| | | Claudia Becker | 77 | |
| | | Katrin Herold | 84 | |
| | | Noemi Quabeck | 82 | |
| 8 | 1:31:59 | OLV Potsdam | | 1 |
| | | Kristina Bringezu | 69 | |
| | | Anna Dost | 77 | |
| | | Kati Tschischkale | 87 | |
| D145T (8) | | 3.1 km 0 Hm | 6 P | 19 AP |
| 1 | 44:41 | SV IHW Alex 78 Berlin | | 1 |
| | | Anke Xylander | 71 | |
| | | Kristin Leukert | 71 | |
| | | Daniela Zschäckel | 72 | |
| 2 | 47:37 | SV IHW Alex 78 Berlin | | 2 |
| | | Anke Winnig | 76 | |
| | | Annette Leonhardt | 67 | |
| | | Irina Wollmerstädt | 80 | |
| 3 | 48:02 | Post SV Dresden | | 1 |
| | | Anke Müller | 66 | |
| | | Wiebke Sihver | 68 | |
| | | Ruta Weinert | 76 | |
| 4 | 50:32 | OK Mark Brandenburg | | 1 |
| | | Monika Jensch | 62 | |
| | | Carmen Powik | 84 | |
| | | Friederike Frenzel | 75 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|--|---------|----------------------------|----|-----|
| D145T (8) 3.1 km 0 Hm 6 P 19 AP (Forts.) | | | | |
| 5 | 1:01:28 | USV TU Dresden | | 1 |
| | | Christine Hempel | 71 | |
| | | Christina Holfeld | 71 | |
| | | Dana Klein | 73 | |
| 6 | 1:07:24 | Rheinhessen O-Team | | 1 |
| | | Birgit Wersin | 71 | |
| | | Sonja Gerhard | 67 | |
| | | Karin Theel | 68 | |
| 7 | 1:17:01 | MTK Bad Harzburg | | 1 |
| | | Tanja Buchholz | 72 | |
| | | Esther Knoblauch | 64 | |
| | | Claudia Ducki-Höckner | 62 | |
| 8 | 1:41:10 | Ski-Club Helsa | | 1 |
| | | Inga Löser | 75 | |
| | | Brigitte Dersch-Kollenbar | 67 | |
| | | Helga Wendt | 60 | |
| D15-18 (9) 3.3 km 0 Hm 7 P 18 AP | | | | |
| 1 | 42:48 | TSV Jetzendorf | | 1 |
| | | Fina Baath | 8 | |
| | | Lena Baath | 8 | |
| | | Luise Drechsler | 6 | |
| 2 | 46:44 | SV Robotron Dresden | | 1 |
| | | Lone Constanze Pompe | 5 | |
| | | Anna Mühlstädt | 5 | |
| | | Stanja Lindig | 6 | |
| 3 | 48:40 | OLG Regensburg | | 1 |
| | | Sarah Ahlbrecht | 7 | |
| | | Juliane Burgmair | 7 | |
| | | Anne Pühl | 7 | |
| 4 | 50:51 | TV Jahn Wolfsburg | | 1 |
| | | Anna Weigert | 7 | |
| | | Jule Weigert | 8 | |
| | | Rut Stark | 8 | |
| 5 | 51:16 | Rheinhessen O-Team | | 1 |
| | | Annika Simsch | 5 | |
| | | Johanna Berger | 8 | |
| | | Emma Roth | 8 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|---|---------|-----------------------------------|----|-----|
| D15-18 (9) 3.3 km 0 Hm 7 P 18 AP (Forts.) | | | | |
| 6 | 1:01:38 | USV Jena | | 1 |
| | | Norah Lindner | 7 | |
| | | Sára Knuth | 5 | |
| | | Maxi Pöhlmann | 7 | |
| 7 | 1:38:43 | USV TU Dresden | | 1 |
| | | Anna Holfeld | 8 | |
| | | Luise Hempel | 8 | |
| | | Lilly Becker | 8 | |
| 8 | 1:52:33 | ESV Lok Berlin-Schöneweide | | 1 |
| | | Laila Poschitzki | 7 | |
| | | Elina Wandrei | 10 | |
| | | Maria Tovchigrechko | 7 | |
| | Fehlst | OL-Team Filder | | 1 |
| | | Marlene Fritz | 5 | |
| | | Julia Fritz | 5 | |
| | | Marika Prolingheuer | 8 | |
| D175T (6) 2.4 km 0 Hm 5 P 16 AP | | | | |
| 1 | 35:45 | USV TU Dresden | | 1 |
| | | Kerstin Hellmann | 63 | |
| | | Heike Leideck | 62 | |
| | | Cornelia Eckardt | 69 | |
| 2 | 51:17 | Kaulsdorfer OLV Berlin | | 1 |
| | | Gudrun Brettschneider | 60 | |
| | | Katrin Kubald | 69 | |
| | | Gabriela Lehmann | 57 | |
| 3 | 51:48 | SSV Planeta Radebeul | | 1 |
| | | Ute Schmidt | 60 | |
| | | Katrin Scheuermann | 71 | |
| | | Gisela Tonn | 54 | |
| 4 | 53:14 | USV Jena | | 1 |
| | | Anke Zentgraf | 64 | |
| | | Marion Friebe | 64 | |
| | | Jana Gorecki | 64 | |
| 5 | 1:01:09 | SSV Planeta Radebeul | | 2 |
| | | Andrea Janus | 55 | |
| | | Katrin Wysujack | 63 | |
| | | Ute Wiedenfeld | 62 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|-------------------|---------|----------------------------|----|----------|
| D175T (6) | | 2.4 km 0 Hm 5 P 16 AP | | (Forts.) |
| 6 | 1:29:18 | Post SV Dresden | | 1 |
| | | Helga Lucke | 50 | |
| | | Bärbel Busch | 51 | |
| | | Veronika Leibiger | 78 | |
| D19-T (12) | | 5.1 km 0 Hm 7 P 24 AP | | |
| 1 | 55:40 | USV TU Dresden | | 2 |
| | | Corinna Kretzschmar | 93 | |
| | | Anna Wartewig | 1 | |
| | | Paula Starke | 96 | |
| 2 | 57:25 | TV Oberbexbach | | 1 |
| | | Anne Kästner | 6 | |
| | | Lisa Kästner | 3 | |
| | | Annika Stamer | 6 | |
| 3 | 1:03:56 | MTV Seesen | | 1 |
| | | Birte Friedrichs | 98 | |
| | | Lina Buchberger | 2 | |
| | | Meike Hennisler | 0 | |
| 4 | 1:07:13 | USV TU Dresden | | 3 |
| | | Franka Klein | 4 | |
| | | Liv Grete Olsen | 4 | |
| | | Hanne Kaufmann | 3 | |
| 5 | 1:10:28 | SV Robotron Dresden | | 1 |
| | | Wenke Heinemann | 4 | |
| | | Marit Heinemann | 2 | |
| | | Anne Heinemann | 73 | |
| 6 | 1:12:28 | OL Team Lippe | | 1 |
| | | Emma Caspari | 4 | |
| | | Louisa Kollenbach | 5 | |
| | | Lea Stölting | 0 | |
| 7 | 1:14:14 | Rheinhessen O-Team | | 1 |
| | | Larissa Saß | 2 | |
| | | Marit Wersin | 3 | |
| | | Melanie Pastor | 4 | |
| 8 | 1:14:53 | OLG Regensburg | | 1 |
| | | Jasmin Hertel | 2 | |
| | | Sophie Kraus | 0 | |
| | | Ines Schikora | 1 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|-------------------|---------|--------------------------------|----|-----|
| D19-T (12) | | 5.1 km 0 Hm 7 P 24 AP (Forts.) | | |
| 9 | 1:19:16 | MTV Seesen | | 2 |
| | | Carolin Bernsdorf | 3 | |
| | | Lena-Maria Klose | 4 | |
| | | Lilly Hintz | 4 | |
| 10 | 1:22:20 | MTK Bad Harzburg | | 1 |
| | | Pia Buchholz | 0 | |
| | | Carlotta Haupt | 3 | |
| | | Solia Stamer | 0 | |
| 11 | 1:26:47 | Berliner Turnerschaft | | 1 |
| | | Pina Mauch | 4 | |
| | | Thessa Jobst | 98 | |
| | | Alexandra Bartsch | 95 | |
| 12 | 1:27:42 | USV TU Dresden | | 1 |
| | | Susanne Löhning | 78 | |
| | | Sophie Kääriäinen | 90 | |
| | | Anja Woy | 69 | |
| H-12T (7) | | 2.1 km 0 Hm 5 P 8 AP | | |
| 1 | 25:12 | SV Robotron Dresden | | 1 |
| | | Mathilda Klotz | 11 | |
| | | Konrad Grünig | 12 | |
| | | Antonia Pompe | 12 | |
| 2 | 26:50 | Preetzer TSV | | 1 |
| | | Raika Harlaß | 12 | |
| | | Phineas Tesch | 11 | |
| | | Constantin Jacob Freude | 11 | |
| 3 | 27:07 | USV TU Dresden | | 1 |
| | | Moritz Großmann | 11 | |
| | | Kurt Jobke | 14 | |
| | | Marius Lange | 11 | |
| 4 | 28:13 | OLV Weimar | | 1 |
| | | Emma Kattwinkel | 11 | |
| | | Finn Senkler | 11 | |
| | | Anton Kattwinkel | 11 | |
| 5 | 29:29 | USV Jena | | 1 |
| | | Malte Stutzki | 11 | |
| | | Theo Götz | 12 | |
| | | Gustav Töpfer | 11 | |

| Pl | Zeit | Verein Name | Jg | Mar |
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| H-12T (7) | | 2.1 km 0 Hm 5 P 8 AP (Forts.) | | |
| 6 | 43:50 | Berliner Turnerschaft | | 1 |
| | | Bela Winning | 13 | |
| | | Rebecca Vogt | 14 | |
| | | Jakob Vogt | 12 | |
| 7 | 45:38 | OK Mark Brandenburg | | 1 |
| | | Ella Schindler | 11 | |
| | | Rafael Herzog | 11 | |
| | | Anton Weiß | 13 | |
| H-145T (11) | | 5.2 km 0 Hm 7 P 22 AP | | |
| 1 | 47:16 | Post SV Dresden | | 1 |
| | | Andreas Lückmann | 66 | |
| | | Holger Mager | 71 | |
| | | Uwe Möser | 79 | |
| 2 | 50:14 | SV Turbine Neubrandenburg | | 1 |
| | | Ed Nash | 79 | |
| | | Michael Finkenstädt | 65 | |
| | | Nils Schmiedeberg | 67 | |
| 3 | 53:42 | MTK Bad Harzburg | | 1 |
| | | Thilo Bruns | 68 | |
| | | Eike Bruns | 75 | |
| | | Martin Hensseler | 71 | |
| 4 | 1:00:10 | USV TU Dresden | | 1 |
| | | Heiko Gossel | 65 | |
| | | Alexander Lubs | 67 | |
| | | Michael Löhning | 73 | |
| 5 | 1:03:52 | Ski-Club Helsa | | 1 |
| | | Martin Gertenbach | 70 | |
| | | Peter Kollenbach | 65 | |
| | | Gerrit Rode | 70 | |
| 6 | 1:11:55 | SG LVB Leipzig | | 1 |
| | | Uwe Becker | 68 | |
| | | Holger Ehms | 64 | |
| | | Thomas Krauße | 64 | |
| 7 | 1:13:17 | Kaulsdorfer OLV Berlin | | 1 |
| | | Henry Jobst | 70 | |
| | | Bernd Käding | 64 | |
| | | Sven Demmig | 66 | |

| Pl | Zeit | Verein Name | Jg | Mar |
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| H-145T (11) | | 5.2 km 0 Hm 7 P 22 AP | | (Forts.) |
| 8 | 1:17:32 | SV IHW Alex 78 Berlin | | 1 |
| | | Udo Lange | 71 | |
| | | Denis Winnig | 74 | |
| | | Lutz Spranger | 67 | |
| 9 | 1:28:34 | OLG Regensburg | | 1 |
| | | Klemens Janischowsky | 66 | |
| | | Elvira Pühl | 68 | |
| | | Rolf Siefken | 68 | |
| 10 | 1:29:12 | OL Görlitz | | 1 |
| | | Jörg Eppendorfer | 65 | |
| | | Sven Borrmann | 72 | |
| | | Karsten Stöcker | 66 | |
| | Fehlst | SSV Planeta Radebeul | | 1 |
| | | Frank Sickert | 72 | |
| | | Torsten Ellke | 72 | |
| | | Thomas Lindig | 70 | |
| H-14T (6) | | 3.0 km 0 Hm 6 P 16 AP | | |
| 1 | 37:53 | Post SV Dresden | | 1 |
| | | Gustav Bader | 11 | |
| | | Emil Saupe | 9 | |
| | | Ben Barchfeld | 9 | |
| 2 | 39:18 | USV TU Dresden | | 1 |
| | | Aiko Klein | 10 | |
| | | Raphael Kunckel | 9 | |
| | | Karl Rudolf Jobke | 9 | |
| 3 | 49:52 | OLG Regensburg | | 1 |
| | | Laurin Ahlbrecht | 10 | |
| | | Johannes Gerstl | 10 | |
| | | Maximilian Kainzbauer | 9 | |
| 4 | 1:08:59 | OLV Potsdam | | 1 |
| | | Justus Sperling | 12 | |
| | | Maxim Hirschmann | 10 | |
| | | Lucas Pascal Mache | 10 | |
| 5 | 1:32:36 | MTK Bad Harzburg | | 1 |
| | | Stine Bruns | 10 | |
| | | Julian Gärtner | 10 | |
| | | Erik Bruns | 12 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|--|---------|------------------------------|----|-----|
| H-14T (6) 3.0 km 0 Hm 6 P 16 AP (Forts.) | | | | |
| | Fehlst | OL Görlitz | | 1 |
| | | Arthur Klotz | 9 | |
| | | Darius Ristau | 10 | |
| | | Timm Dielitzsch | 9 | |
| H105T (8) 6.2 km 0 Hm 6 P 29 AP | | | | |
| 1 | 59:50 | SV IHW Alex 78 Berlin | | 1 |
| | | Martin Ahlburg | 88 | |
| | | Virginijus Purvys | 80 | |
| | | Raik Zschäckel | 67 | |
| 2 | 1:12:01 | Bielefelder TG | | 1 |
| | | Thies Knoll | 74 | |
| | | Johannes Zachrau | 83 | |
| | | Christoph Freudenfeld | 74 | |
| 3 | 1:26:19 | OLV Potsdam | | 1 |
| | | Michael Großmann | 78 | |
| | | Daniel Spengler | 80 | |
| | | Mirko Schütze | 72 | |
| 4 | 1:31:11 | Berliner Turnerschaft | | 1 |
| | | Péter Adorján | 73 | |
| | | Tobias Fell | 80 | |
| | | Matthias Schwartz | 81 | |
| 5 | 1:42:13 | SV Robotron Dresden | | 1 |
| | | Hendryk Wetzel | 69 | |
| | | Björn Heinemann | 73 | |
| | | Gunnar Mühlstädt | 78 | |
| 6 | 3:27:49 | TSC Strausberg | | 1 |
| | | Martin Knickmeier | 77 | |
| | | Olaf Schmidt | 77 | |
| | | Fabian Kalisch | 81 | |
| | Fehlst | Braunschweiger MTV | | 1 |
| | | Arne Nilas Schröder | 87 | |
| | | Jan Knaup | 77 | |
| | | Christian Stamer | 70 | |
| AK | Disqu | USV TU Dresden | | 1 |
| | | Karsten Leideck | 86 | |
| | | Josef Neumann | 84 | |
| | | Tomi Kääriäinen | 84 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|---|---------|-----------------------------------|----|-----|
| H15-18 (8) 5.6 km 0 Hm 7 P 23 AP | | | | |
| 1 | 45:44 | USV TU Dresden | | 1 |
| | | Vincent Kunckel | 6 | |
| | | Jonas Kögler | 6 | |
| | | Ole Baath | 6 | |
| 2 | 53:27 | Post SV Dresden | | 1 |
| | | Jakob Drechsler | 7 | |
| | | David Saupe | 6 | |
| | | Florian Weinert | 5 | |
| 3 | 1:03:23 | Post SV Dresden | | 2 |
| | | Julius Lucke | 8 | |
| | | Tim Weinert | 8 | |
| | | Jakob OECHLER | 6 | |
| 4 | 1:03:39 | Preetzer TSV | | 1 |
| | | Gregor Grahl | 8 | |
| | | Junes Harlaß | 9 | |
| | | Jonas Knaup | 6 | |
| 5 | 1:17:15 | Berliner Turnerschaft | | 1 |
| | | Lionel Kumbier | 8 | |
| | | Petru Tulban | 6 | |
| | | Carl Costa Green | 8 | |
| 6 | 1:31:32 | ESV Lok Berlin-Schöneweide | | 1 |
| | | Janik Keller | 6 | |
| | | Anatol Zeh | 9 | |
| | | Clara Schlittermann | 5 | |
| | Fehlst | SV Robotron Dresden | | 1 |
| | | Lennart Mühlstädt | 7 | |
| | | Niklas Wetzell | 7 | |
| | | Loic Dequiedt | 6 | |
| | Fehlst | TSC Strausberg | | 1 |
| | | Gunnar Schällicke | 8 | |
| | | Tjare Funke | 9 | |
| | | Paul Köhler | 8 | |
| H175T (14) 3.0 km 0 Hm 6 P 16 AP | | | | |
| 1 | 33:59 | Braunschweiger MTV | | 1 |
| | | Frank Steiner | 64 | |
| | | Udo Sobczak | 55 | |
| | | Jens Struckmann | 66 | |

| Pl | Zeit | Verein Name | Jg | Mar |
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| H175T (14) | | | | |
| | | <i>3.0 km 0 Hm</i> | <i>6 P</i> | <i>16 AP</i> |
| | | | | <i>(Forts.)</i> |
| 2 | 34:10 | Post SV Dresden | | 1 |
| | | Jens Leibiger | 59 | |
| | | Jens Lucke | 73 | |
| | | Matthias Müller | 62 | |
| 3 | 34:52 | USV Jena | | 1 |
| | | Steffen Lösch | 62 | |
| | | Mario Gorecki | 63 | |
| | | Matias Mieth | 62 | |
| 4 | 35:41 | OLV Potsdam | | 1 |
| | | Björn Finkenstaedt | 68 | |
| | | Andreas Spengler | 61 | |
| | | Johannes Matthews | 62 | |
| 5 | 37:20 | OLF Mainz | | 1 |
| | | Frank Czioska | 55 | |
| | | Torsten Kleipa | 63 | |
| | | Jörn Saß | 69 | |
| 6 | 38:00 | USV TU Dresden | | 1 |
| | | Hagen Nieke | 63 | |
| | | Michael Drechsel | 65 | |
| | | Kay-Uwe Kaufmann | 66 | |
| 7 | 43:05 | USV Jena | | 2 |
| | | Tobias Wolf | 65 | |
| | | Jürgen Ehms | 57 | |
| | | Ralf Wittiber | 67 | |
| 8 | 46:19 | USG Chemnitz | | 1 |
| | | Andrej Zelenin | 66 | |
| | | Nico Kümmling | 63 | |
| | | Gerd Böhme | 64 | |
| 9 | 47:38 | SSV Planeta Radebeul | | 1 |
| | | Manfred Hickethier | 52 | |
| | | Jürgen Scheuermann | 69 | |
| | | Frank Wiedenfeld | 60 | |
| 10 | 49:40 | USV TU Dresden | | 2 |
| | | Klaus Hempel | 61 | |
| | | Andreas Lenk | 73 | |
| | | Michael Möser | 55 | |
| 11 | 50:26 | USV TU Dresden | | 3 |
| | | Helmut Conrad | 40 | |
| | | Michael Buhler | 62 | |
| | | René Hellmann | 63 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|-------------------|---------|-------------------------------------|------|----------------|
| H175T (14) | | 3.0 km 0 Hm | 6 P | 16 AP (Forts.) |
| 12 | 51:39 | OK Mark Brandenburg | | 1 |
| | | Ulrich Kühne | 55 | |
| | | Andreas Kapischke | 62 | |
| | | Fred Jensch | 59 | |
| 13 | 52:05 | OLF Mainz | | 2 |
| | | Achim Bader | 46 | |
| | | Eyke Diehr | 66 | |
| | | Stefan Röhl | 68 | |
| | | Fehlst SV IHW Alex 78 Berlin | | 1 |
| | | Frank Braatz | 62 | |
| | | Uwe Jürgens | 57 | |
| | | Uwe Röhner | 72 | |
| H19-T (18) | | 9.2 km 0 Hm | 11 P | 37 AP |
| 1 | 1:11:14 | Post SV Dresden | | 1 |
| | | Martin Scheuermann | 2 | |
| | | Philipp Müller | 88 | |
| | | Matthias Kretzschmar | 90 | |
| 2 | 1:13:55 | USV TU Dresden | | 1 |
| | | Wieland Kundisch | 85 | |
| | | Anatoly Zelenin | 93 | |
| | | Markus Grätsch | 96 | |
| 3 | 1:14:45 | SV Robotron Dresden | | 1 |
| | | Tilo Pompe | 70 | |
| | | Emil Friedländer | 99 | |
| | | Marek Pompe | 3 | |
| 4 | 1:32:08 | MTK Bad Harzburg | | 1 |
| | | Matti Bruns | 1 | |
| | | Tom Buchholz | 2 | |
| | | Aaron Wandelt | 2 | |
| 5 | 1:36:19 | Preetzer TSV | | 1 |
| | | Kristaps Grahl | 4 | |
| | | Konrad Stamer | 3 | |
| | | Malte Borrmann | 3 | |
| 6 | 1:41:53 | Skiclub Bonn | | 1 |
| | | Anton Knoll | 4 | |
| | | Ole-Johan Wittiber | 4 | |
| | | Arvid Wittiber | 4 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|-------------------|---------|----------------------------------|------|----------------|
| H19-T (18) | | | | |
| | | 9.2 km 0 Hm | 11 P | 37 AP (Forts.) |
| 7 | 1:41:55 | USV TU Dresden | | 3 |
| | | Patricia Nieke | 95 | |
| | | Anna Reinhardt | 91 | |
| | | Sabine Rothaug | 95 | |
| 8 | 1:45:00 | Berliner Turnerschaft | | 1 |
| | | Carlo Wengler | 1 | |
| | | Tim Dalheimer | 1 | |
| | | Sebastian Fleiß | 96 | |
| 9 | 1:45:36 | USV TU Dresden | | 2 |
| | | Leon Kollenbach | 96 | |
| | | Marek Klein | 1 | |
| | | Stefan Buhler | 91 | |
| 10 | 1:47:21 | OK Mark Brandenburg | | 1 |
| | | Arne Kapischke | 1 | |
| | | Oskar Frenzel | 0 | |
| | | Henning Kapischke | 99 | |
| 11 | 1:54:20 | Preetzer TSV | | 2 |
| | | Lukas Fonk | 95 | |
| | | Lennart Kopp | 4 | |
| | | Jan Harlaß | 85 | |
| 12 | 1:55:28 | OLG Regensburg | | 2 |
| | | Lorenz Brandl | 99 | |
| | | Lukas Janischowsky | 97 | |
| | | Wolfram Pohl | 95 | |
| 13 | 1:58:41 | Gundelfinger Turnerschaft | | 1 |
| | | Nico Bauerfeld | 5 | |
| | | Mikulás Janda | 6 | |
| | | Jori Grunwald | 4 | |
| 14 | 2:03:44 | Kaulsdorfer OLV Berlin | | 1 |
| | | Sascha Boeck | 89 | |
| | | Christian Appelt | 78 | |
| | | Alexander Büchner | 93 | |
| 15 | 2:05:43 | OLG Regensburg | | 3 |
| | | Linus Lauer | 4 | |
| | | Julian Nürnberger | 96 | |
| | | Sebastian Vetter | 97 | |
| | Fehlst | USV Jena | | 1 |
| | | Veit Slodowski | 98 | |
| | | Till Geiler | 1 | |
| | | Christian Töpfer | 79 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|--|---------|------------------------------|----|-----|
| H19-T (18) 9.2 km 0 Hm 11 P 37 AP (Forts.) | | | | |
| | Fehlst | OLG Regensburg | | 1 |
| | | Riccardo Casanova | 0 | |
| | | Timon Lorenz | 0 | |
| | | Philipp Schwarck | 99 | |
| | Fehlst | SV IHW Alex 78 Berlin | | 1 |
| | | Marvin Goericke | 91 | |
| | | Karsten Blume | 89 | |
| | | Jonas Lange | 4 | |
| | | | | |
| RK (18) 2.4 km 0 Hm 5 P 16 AP | | | | |
| 1 | 35:13 | Post SV Dresden | | 1 |
| | | Rolf Weinert | 68 | |
| | | Jan von Dalowski | 84 | |
| | | Jekaterina Zelenin | 70 | |
| 2 | 35:46 | OLV Weimar | | 1 |
| | | Katrin Hölzer | 80 | |
| | | Moritz Kuntze | 8 | |
| | | Marcel Pflock | 96 | |
| 3 | 37:36 | SV Robotron Dresden | | 1 |
| | | Franz Gawlitza | 99 | |
| | | Ronald Ansorge | 59 | |
| | | Silke Ansorge | 64 | |
| 4 | 38:04 | Gymnasion Offenbach | | 1 |
| | | Claas Behrendt | 71 | |
| | | Sven Göbel | 77 | |
| | | Alexey Arzumanov | 72 | |
| 5 | 49:23 | SSV Planeta Radebeul | | 1 |
| | | Konrad Tonn | 53 | |
| | | Swenja Sickert | 2 | |
| | | Romy Wiedenfeld | 82 | |
| 6 | 59:06 | OLF Mainz | | 1 |
| | | Hilde Bader | 48 | |
| | | Anne-Katrin Klar | 65 | |
| | | Jan Rathje | 74 | |
| 7 | 1:02:02 | SV Schorfheide | | 1 |
| | | Michalina Iwanowska | 9 | |
| | | Dariusz Iwanowski | 78 | |
| | | Bernd Wollenberg | 48 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|----------------|---------|-------------------------------|------------------------------|-----------------|
| RK (18) | | | <i>2.4 km 0 Hm 5 P 16 AP</i> | <i>(Forts.)</i> |
| 8 | 1:03:07 | TSV Karlshorst | | 1 |
| | | Claudia Kalisch | 76 | |
| | | Alma Kalisch | 11 | |
| | | Sonja Weidig | 72 | |
| 9 | 1:06:16 | SV IHW Alex 78 Berlin | | 1 |
| | | Monika Braatz | 57 | |
| | | Kai Dalüge | 66 | |
| | | Alina Shmakova | 77 | |
| 10 | 1:06:26 | OLV Potsdam | | 1 |
| | | Annette Rubo | 84 | |
| | | Berit Sperling | 84 | |
| | | Yvonne Fischer | 79 | |
| 11 | 1:15:55 | Preetzer TSV | | 1 |
| | | Benjamin Biebaum | 8 | |
| | | Annina Tesch | 8 | |
| | | Artem Tsiukalo | 7 | |
| 12 | 1:25:43 | Berliner Turnerschaft | | 1 |
| | | Ivonne Jobst | 75 | |
| | | Matthias Kalle Dalheimer | 70 | |
| | | Erika Polgar | 72 | |
| 13 | 1:28:54 | Kaulsdorfer OLV Berlin | | 1 |
| | | Gudrun Feldmann | 66 | |
| | | Norbert Pommer | 57 | |
| | | Kirsten Käding | 67 | |
| 14 | 1:32:41 | Kaulsdorfer OLV Berlin | | 2 |
| | | Madeline Brettschneider | 91 | |
| | | Konstanze Gergs | 82 | |
| | | Nelio Gergs | 7 | |
| | Fehlst | TV Jahn Wolfsburg | | 1 |
| | | Birgit Michel | 44 | |
| | | Thorsten Weigert | 80 | |
| | | Claudia Weigert | 80 | |
| | Fehlst | OK Leipzig | | 1 |
| | | Peter Treibmann | 59 | |
| | | Evelyn Stöcker | 66 | |
| | | Bettina Treibmann | 61 | |
| AK | 48:25 | USV TU Dresden | | 1 |
| | | Gerhard Brettschneider | 50 | |
| | | Ines Drechsel | 68 | |
| | | Birgit Buhler | 61 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|----------------|---------|------------------------------|-----------------|----------------|
| RK (18) | | | 2.4 km 0 Hm 5 P | 16 AP (Forts.) |
| AK | 39:54 | OLV Steinberg | | 1 |
| | | Friederike Graumann | 91 | |
| | | Veikko Baath | 64 | |
| | | N.N. | | |
| RL (11) | | | 5.1 km 0 Hm 8 P | 24 AP |
| 1 | 1:03:42 | MTV Seesen | | 1 |
| | | Julius Wandelt | 4 | |
| | | Jan Klose | 2 | |
| | | Theo Hennisler | 3 | |
| 2 | 1:07:27 | Ski-Club Helsa | | 1 |
| | | Maik Kurr | 65 | |
| | | Robin Zschäckel | 97 | |
| | | Julian Langenhan | 98 | |
| 3 | 1:26:05 | OK Mark Brandenburg | | 1 |
| | | Sarah Knaack | 1 | |
| | | Tobias Knaack | 98 | |
| | | Athina Hirsch | 1 | |
| 4 | 1:28:36 | TOLF Berlin | | 1 |
| | | Kathrin Trappe | 86 | |
| | | Beate Nietsch | 82 | |
| | | Michael Nietsch | 78 | |
| 5 | 1:35:16 | OLV Potsdam | | 2 |
| | | Juliane Lenter | 84 | |
| | | Nora von Szada | 2 | |
| | | Kristin Vogel | 83 | |
| 6 | 1:43:36 | Berliner Turnerschaft | | 1 |
| | | Will Bell | 96 | |
| | | Arthur Vogt | 9 | |
| | | Jörg Häger | 76 | |
| 7 | 1:59:57 | OL Görlitz | | 1 |
| | | Bianca Borrmann | 75 | |
| | | Chalia Oertelt | 3 | |
| | | Charlotte Herrmann | 8 | |
| 8 | 2:03:42 | OLV Potsdam | | 1 |
| | | Frank-Dieter Hoffmann | 63 | |
| | | Thomas Mache | 75 | |
| | | Heiko Sperling | 82 | |

| Pl | Zeit | Verein Name | Jg | Mar |
|----------------|---------|-------------------------------|------------------------------|-----------------|
| RL (11) | | | <i>5.1 km 0 Hm 8 P 24 AP</i> | <i>(Forts.)</i> |
| 9 | 2:03:59 | Berliner TSC | | 1 |
| | | Anke Templiner | 70 | |
| | | Urs Trösch | 66 | |
| | | Katerina Wollmerstädt | 76 | |
| | | Fehlst Post SV Dresden | | 1 |
| | | Mila Pelka | 3 | |
| | | Moritz Lucke | 4 | |
| | | Volker Caspari | 73 | |
| | | Fehlst OLG Regensburg | | 1 |
| | | Fabian Janischowsky | 95 | |
| | | Yannis Lauer | 7 | |
| | | Valtteri Kolehmainen | 94 | |