



European Youth Orienteering
Championships 2023
22 June – 25 June 2023

Bulletin 3

Bulgarian Ministry of Sports and Youth
Bulgarian Orienteering Federation
Velingrad Municipality
Orienteering club Mladost Blagoevgrad

Organizers



Official sponsors



Sponsors and partners



Organizers

Bulgarian Ministry of Sports and Youth
Bulgarian Orienteering Federation
Velingrad Municipality
Orienteering club Mladost Blagoevgrad

Contacts

Official website - <https://eyoc2023.eu/>
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Event Director - Krasimir Danailov, +359 889 533 685
Technical Director - Georgi Kartalov, +359 888 546 192
Email for questions and general information: info@eyoc2023.eu
Event office contacts: +359 878 420 397 | +359 898 891 594
Event Center: Velingrad Municipality, bul. "Han Asparuh" 47, 4600
Tsentar, Velingrad

Event Controllers

IOF Senior Event Adviser – Daniel Wolf, CZE
IOF Assistant Event Adviser - Roman Zbranek, CZE
National Controller – Todor Pedev, BUL

Jury

Jury member - Adam Gąsiorowski (POL)
Jury member - Arpad Tokes (ROM)
Jury member - Simon Leroy (FRA)

Dates

22-25 June 2023

Venue

Velingrad city, Bulgaria

Welcome



Dr. KOSTADIN KOEV
MAYOR OF VELINGRAD
MUNICIPALITY

GREETINGS FROM THE MAYOR OF VELINGRAD MUNICIPALITY Dr. KOSTADIN KOEV

Dear officials, coaches, and organizers,
Dear competitors!

Less than 10 days remain until the first races of the European Orienteering Youth Championship 2023. It is an honor and pleasure for me and the residents of Velingrad Municipality to host such a high-ranking orienteering competition like the European Orienteering Youth Championship.

We thank the International Orienteering Federation and the Bulgarian Orienteering Federation for their trust, as well as the organizers of this prestigious sports forum, for allowing us to be part of this sporting event and welcome the young elite of European orienteering.
Welcome to Velingrad!

The spa capital of the Balkans awaits you with its numerous mineral pools and spa centers where you can relax after the intense moments of sports excitement.

The beautiful nature, clean air, and green forests of the Rhodope Mountains will greet you with their charming tranquility. We are hospitable hosts, and I am convinced that you will return soon to our city, once again to the mountain of Orpheus, as our true good friends.

WELCOME AND HAVE SUCCESSFUL STARTS!!!

Welcome



KOSTADIN NOVAKOV
President of Bulgarian
Orienteering Federation

GREETINGS FROM THE PRESIDENT OF BULGARIAN ORIENTEERING FEDERATION KOSTADIN NOVAKOV

It is a great responsibility and pleasure for our country and the Bulgarian Orienteering Federation to organize the EYOC 2023 here in Bulgaria.

This household is associated with traditions in organizing orienteering events of the highest rank and it is no coincidence that the areas are in the heart of our beautiful Rhodope Mountains. Velingrad, in addition to its beautiful mountain areas and clean air, is the spa capital of the Balkans, famous for its healing mineral water.

I hope and believe that the championships will satisfy the high demands of all orienteers, wishing them successful starts, good luck and may the best win.

I hope that, in addition to the manifestation of the highest sportsmanship and achievements, new acquaintances and friendships, fun and satisfaction from practicing our favourite sport will happen!

On behalf of the Bulgarian Orienteering Federation, I warmly welcome all competitors, coaches and spectators.

Distances and overview map

Nearest international airports


- Bucharest – 6.30h drive time (450 km)
- Thessaloniki Airport – 4h drive time (300km)

Nearest domestic airport

- Sofia – 1.40h drive time (132km)
- Plovdiv – 1h drive time (80km)
- Burgas – 3.30h drive time (330km)
- Varna – 5.30h drive time (440km)

Nearest railway station – Velingrad

Book rent-a-car with a discount for all official EYOC training camps and for EYOC 2023. Follow the link or click the image to the right.



NEW CARS FOR RENT

BOOK ONLINE

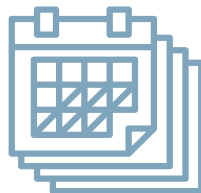
Travelers' Choice 2022

TOP RENT-A-CAR

№1 IN BULGARIA
CAR RENTAL COMPANY*
*by market share acc. to Euromonitor Int., 2021

★★★★★
95% RATING





Event programme

21 June 2023 (Wednesday)

- 17:00 - 20:30 – Event office is open
- 17:00 - 20:30 – Team Accreditation

Location

Event center
Event center

22 June 2023 (Thursday)

- 10:00 - 21:00 – Event office is open
- 10:00 - 21:00 – Team Accreditation
- 14:00 - 18:00 – Model Event - Sprint
- 14:00 - 18:00 – Model Event - Long, Relay
- 15:00 – Deadline for Sprint distance groups and entries
- 17:00 - 18:00 – Technical Model Event
- 18:00 - 19:00 – Team officials meeting - Sprint
- 19:00 - 20:30 – Dinner

Location

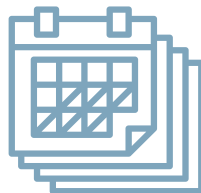
Event center
Event center
Velingrad
Velingrad
Eventor (Online)
Velingrad
Event center
Hotels

23 June 2023 (Friday) - Sprint Distance

- 06:30 - 08:30 – Breakfast for teams
- 08:30 - 09:30 – Event office is open
- 10:00 - 14:00 – Event office is open
- 09:00 - 09:45 – Sprint Quarantine Entrance
- 09:45 – Quarantine closes
- 10:00 – First Start - Sprint Distance Final
- 12:05 - 12:15 – Flower Ceremony Sprint
- 12:30 – First Start - EYOC Tour
- 12:30 - 14:00 – Lunch for teams
- until 15:00 – Deadline for Long distance groups and entries
- 16:00 - 18:00 – Event office is open
- 16:30 - 17:30 – Team officials meeting - Long distance
- 17:30 - 18:10 – Opening Ceremony EYOC 2023
- 18:10 - 18:30 – Prize-giving ceremony - Sprint distance
- 18:30 - 20:30 – Dinner for teams

Location

Hotels
Event Center
Final arena Sprint
Marked route
Marked route
Velingrad City Center
Final arena Sprint
School "Cyril and Methodius"
Hotels
Eventor (Online)
Event center
Event center
Velingrad city center
Velingrad city center
Hotels



Event programme

24 June 2023 (Saturday) - Long distance

- 06:15 - 09:00 – Breakfast
- 08:00 - 09:00 – Event office is open
- 10:00 - 14:00 - Event office is open
- 08:30 - 09:15 – Quarantine Entry
- 09:15 – Quarantine closes
- 09:30 – First start Long distance
- 09:30 - 14:00 – Long Distance Competition
- 14:05 - 14:15 – Flower Ceremony Long distance
- 13:00 - 15:00 – Lunch for teams
- 14:00 - 16:00 – EYOC Tour competition
- 15:30 – Deadline for team entries & legs for Relay
- 17:00 - 18:30 – Event office is open
- 18:00 - 20:30 – Dinner
- 18:30 - 19:30 – Team officials meeting - Relay
- 19:30 - 20:00 – Prize-giving ceremony - Long
- 20:00 - 22:00 – Friendship Party - Open area
- 20:00 - 22:00 – Official cocktail for team leaders

Location

Hotels
Event Center
Final arena Long
School "Hristo Botev"
School "Hristo Botev"
"Stariat chark"
"Stariat chark"
Final arena Long
Hotels
"Stariat chark"
Eventor (Online)
Event center
Hotels
Event center
Velingrad city center
Velingrad city center
Velingrad city center

25 June 2023 (Sunday) - Relay | Arena: 42.02981, 23.9751

- 06:15 - 08:30 – Breakfast for teams
- 08:30 - 13:00 – Event office is open
- 08:30 - 09:20 – Quarantine for all legs at the final arena
- 09:20 – Quarantine closes
- 09:30 – Start M18
- 09:35 – Start W18
- 09:40 – Start M16
- 09:45 – Start W16
- 09:30 - 12:00 – Relay competition
- 11:30 – Mass start for not started legs 2 and 3
- 12:15 - 12:45 – Prize-giving Ceremony Relay, Team Score ceremony & Closing Ceremony
- 13:00 – Mass start - EYOC Tour + Team officials race
- 13:45 – Team departure

Location

Hotels
Final arena Relay
Final arena Relay
Final arena Relay
Final arena Relay
Final arena Relay
Final arena Relay
Final arena Relay
Final arena Relay
"Velyova banya"
Final arena Relay
Final arena Relay
Final arena Relay
Final arena Relay

Event Center

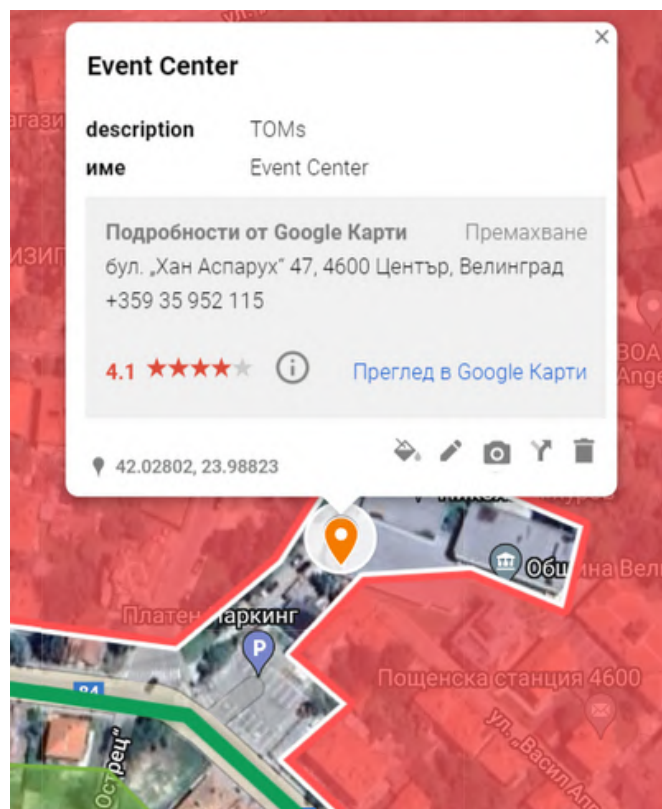
Velingrad Municipality Hall
GPS Coordinates: 42.02802, 23.98823

The Event Center is located up to 30 minutes walking distance from the furthest hotel.

Entrance to the Event center - from the south-west parking of the municipality. The parking will be available to use for the EYOC teams.

Event office contacts

info@eyoc2023.eu
+359 878 420 397
+359 898 891 594



Accreditation

Team managers must check-in for accreditation at the EYOC Event Office either between 17:00-20:30 on Wednesday (21 June) or 10:00 - 21:00 on Thursday (22 June)

Accreditation for any EYOC participant is only possible if all incurred costs are settled. A EYOC ID card will be handed out to everyone accredited and this must be worn at all relevant times and be presented for access to all restricted areas and activities (accommodation, catering, quarantine, team zone, etc.).

Media

Media representatives are welcome to cover the EYOC 2023 competitions. Media representatives will receive a special "Press" ID card at the Event Center.

Media representatives are encouraged to bring their own internet enabled devices, as neither computers, nor WiFi service will be offered by the organiser.

Accommodation & Catering

Name and address	Distance from Event Center	Teams
Hotel Panorama 42.02384, 23.98672	13 min walking, 1km	SUI, GER, DEN, FRA, GBR, FIN, NOR, SWE
Hotel Bulgaria 42.00648, 23.98365	34 min walking, 2.7km	EST, ISR, CZE, CRO, LAT, IRL, AUS
Hotel Alegria 42.01596, 23.98676	23 min walking, 1.9km	LTU, UKR, ROU, SRB, MDA
Hotel Rim 42.02936, 23.99171	10 min walking, 0.9km	AUT, POL, SVK
Hotel Vitosha 42.03512, 23.99765	22 min walking, 1.8km	BUL, ESP, HUN, ITA, NZL, POR, BEL, TUR, SLO

Catering information

Breakfast will be served in buffet style with a free choice of a range of meals. Cold lunch packets will be provided by the hotels for the Relay competition.

The EYOC ID card must be shown to receive the meals.

All meals apart from breakfast will be served individually to each team member.

Team Official Meetings

Before each competition, a Team Officials' Meeting will be held providing all the relevant information.

All Team Officials' Meetings (TOM) will be held only in in-person format at the Event Center.

Questions in advance can be emailed to: info@eyoc2023.eu at least 30 minutes prior to each meeting.

The final presentation slides (including Q&A) will be uploaded to IOF Eventor within 30 minutes of the closure of the meeting.

Ceremonies information

Opening ceremony

All teams should align in front of the Municipality of Velingrad (Event Center) at least 10 minutes before the Opening ceremony. Each team will be represented with their flag and will have to walk near the stage at the city center (3 mins).

Friendship party

The Friendship party will be held at the city center for all EYOC participants. There will be music and open space area for dancing and fun. All participants should wear their EYOC ID badges in order to be able to enter the party.

Separate cocktail will be held for all team leaders and coaches. The cocktail will be held in a restaurant terrace 1 min away from the Friendship party.

Prize-giving ceremonies

Sprint - The prize-giving ceremony will be held at the city center stage (Sprint Final arena) after the opening ceremony.

Long - The prize-giving ceremony will be held at the city center stage (Sprint Final arena).

Relay - the prize giving ceremony will be held at the Relay arena after the end of the competition.

Closing ceremony

Closing ceremony will be held according to IOF protocol after the end of prize-giving ceremony of the Relay competition.

Climate

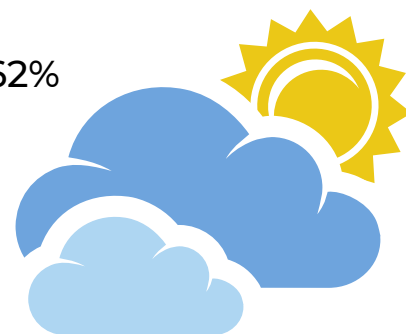
Average Daily Temperature in June: 28° C, Humidity: 62%

Average Night Temperature in June: 11° C





Avg. monthly precipitation - 65mm;

Avg. monthly rain days - 9

Velingrad Altitude - 777 m (above the sea level)



Early forecast for weather in June 2023, Velingrad, Bulgaria

Thu 22	27°/16°		PM Thunderstorms	55%	ENE 13 km/h	▼
Fri 23	27°/16°		Scattered Thunderstorms	57%	ENE 12 km/h	▼
Sat 24	24°/15°		Thunderstorms	60%	ENE 11 km/h	▼
Sun 25	24°/14°		Thunderstorms	60%	ENE 12 km/h	▼

Competition rules

The Competition Rules for IOF Foot Orienteering Events (version valid from 1st January 2023) shall be applied to participation in the EYOC 2023. Please refer to the Competition Rules on the IOF website.

Start Interval and Entries

Start Intervals

Sprint Distance - 1 min

Long distance - 2 min

Relay - Mass start

Start draws

For Sprint and Long competitions, starting time is drawn randomly in 4 starting groups (1 – early, 4 – late). Each Federation may allocate a maximum of 1 athlete in each starting group.

If a Federation fails to allocate its competitors to starting groups, the organiser shall decide the allocation. Competitors from the same Federation shall not start consecutively. In the Relay, all teams in the same class start together.

Entries

Entries shall be made exclusively through IOF Eventor. For the Long Distance and Sprint competitions, the required start group must be selected and the SIAC number must be checked (rented SIAC number must be entered) for each competitor. For the Relay competition, the team members in correct running order (Leg 1-2-3) must be selected and SIAC numbers must be checked (rented SIAC numbers entered).

In case of facing problems, please contact the Event Office immediately. If a team has problems with internet connection, ask for assistance at the Event Office at the Event Centre or at the Arena Info Desk.

Changes to relay - only for valid reasons (illness, injury) up to 8:30 am on 25 June (Sunday).

Maximum running time

The competition instructions state the maximum running time for each competition. If the time limit is exceeded, the athlete will be disqualified.

Fairness

It is not allowed to use mobile phones, radios, computers or any other communication devices in the quarantine areas. It is not allowed to bring in old orienteering maps of the competition area.

It is allowed to use music players without any builtin connectivity. Athletes with headphones might be randomly asked to display their players.

It is strictly forbidden to bring any electronic devices (except for watches) to toilets or any other private room in the quarantine zones – no matter if the device is turned on or off.

Competitors must not use or carry communication devices that can transmit or receive information, to or from a remote source, between entering the quarantine zone (or the start area if there is no quarantine zone) and reaching the finish in a race, unless the equipment is approved by the organiser. GPS-enabled devices (watches etc.) can be carried provided that:

- they have no map display
- they have no communication capability other than receiving GPS data
- they are not used for navigation purposes.

Coaching, i.e. handover of information, equipment, material, drinks etc. is only allowed in the designated coaching zones. Transferring information regarding the remainder of the courses is strictly forbidden.

Competitors and coaches are not allowed to visit the arena of the individual races before going to the start area. Team officials and non-competing runners are not allowed to enter the competition terrain before or during the competition.

A competitor or team who breaks any rule, or who benefits from the breaking of any rule, may be disqualified.

Complaints and protests

Any complaint shall be made in written form and handed over at the Arena Info Desk as soon as possible. Complaints regarding the results shall be made no later than 15 minutes after the publication of the provisional result list.

A written protest can be made against the Jury's decision about a complaint. Written protests shall be delivered personally to the IOF Senior Event Adviser along with the protest fee of 50 EUR or 100 BGN in cash.

Complaint / protest forms will be available at the Arena Info Desk.

Medical care

During all competitions there will be an ambulance and a doctor available at the arena for all EYOC participants, team officials and guests.

The phone number for emergencies in Bulgaria is 112.

Washing facilities and toilets

Please check each arena and quarantine map for all available facilities.

There will be toilets in each arena and quarantine.

Sprint - Final arena - 8 toilets; Quarantine - 4-6 toilets

Long - Final arena - 8 toilets; Quarantine - 4-6 toilets

Relay - Final arena - 2 (+2) toilets; Quarantine - 6 toilets

Transportation

Teams are encouraged to use their own transportation.

Each team will receive special vehicle signs to use during the competition.

All "Blue zone" parking areas in the city will be free of charge for team vehicles. All these areas and parking spots are marked with permanent signs from the municipality.

Teams should find available parking spots near Event center and Quarantines by themselves.

There are some private parkings which are forbidden to use.

For Long and Relay, there will be a parking area close to the Final arena.

Number bibs

There will be bibs for each start.

Bibs will be placed in the team boxes at each teams' hotel at latest the evening before each competition or will be handed at the Team Officials Meeting.

Live coverage services

There will be TV screens at the Final arenas for each competition. Liversresults and GPS service (provided by Loggator) will be available. You can follow the competition live at www.eyoc2023.eu

Time-keeping

SI AIR + system will be used in all races.

The organizers can provide AIR+SI cards upon request - please state that within your entry form.

Renting AIR+SI card is 10 EUR for all starts per card.

SIACs can be tested during Technical model event.

In the unlikely situation of a SIAC failing to register in touch free mode, the competitor must make a manual punch by placing the SIAC chip into the SPORTident station.

In the unlikely situation of an SI station failing to respond with direct punch (neither a feedback beep nor a light feedback signal), the competitor must punch manually on the map using the pin-punch on the control stand. If a competitor has pin-punched any control on the map, he/she must hand the map in at the SI-readout and record which control is pin-punched.

Timekeeping will be down to whole seconds in all competitions.

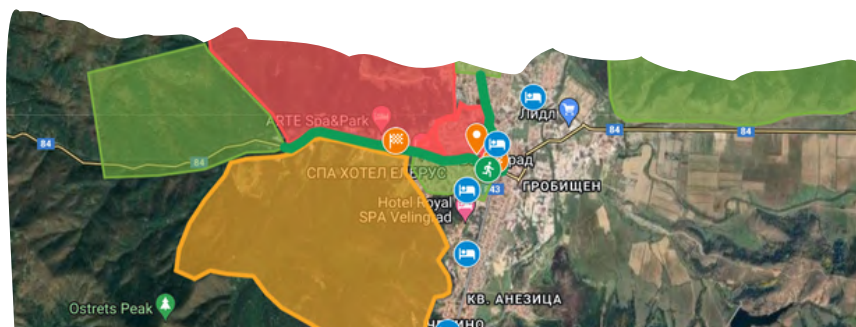
For each individual competition, there will be a time-keeping finish line that will stop the runner's time upon passing.

In the Relay competition, event officials will decide placings for the 3rd leg runners in case of a close run-in.

GPS Tracking will be used only for some of the competitors/teams. The selection process will be held by the organizers.

Embargoed areas

Visit the [Google map](#) to see all embargo areas, accommodation locations, as well as all the arenas and quarantine zones.



Terrain and Maps

	Sprint	Long distance	Relay
Land form (contours)	Partly flat, partly middle steep terrain	Middle steep terrain, up to steep	Middle steep terrain
Stones, rocks	No	At some places there are rocks and rocky formations	At some places there are rocks and rocky formations
Vegetation	Park vegetation	Vegetation - mostly pine forest, varies in all categories	Vegetation - mostly pure pine forest
Runability	60% paved area, 40% parks	The greater part of the map(80%) is of 80-100% category of runnability	The greater part of the map (80%) is of 80-100% category of runnability
Visibility	Good visibility	The greater part of the map(80%) is of 80-100% category of visibility	There are parts where runnability is not very good due to vegetation
Track density	Asphalt and paved roads and paths of all categories.	There are some roads and paths of all categories	There are roads and paths of all categories
Any special features	No	No	No

Quarantines, GPS devices

The quarantine zones and organization is different for each competition. Please check each discipline specific information for more details. For Sprint and Long distances, the quarantines include outside and inside area with toilets available.

There will be a warm-up map for both Sprint and Long distances. Competitors should only walk/run within the map. In case of leaving the warm up map by any reason, the competitor will be disqualified.

If a competitor exits the quarantine after they already entered, they won't be able to come back in and start the competition.

GPS devices will be handed at a special tent within the quarantine zone. There will be a list with competitors selected to wear a GPS device. All selected competitors should take their GPS device at least 20 minutes before their start.

There will be printed start list in the Quarantine zones. The competitors' start time is called up at the pre-start. It is the competitors' responsibility to watch out for their start time.

There will be an option to place any bags and luggage to be transported to the Final arenas in certain time intervals.

Team officials who leave the quarantine once, cannot go back in.

Start procedure

At the start of the individual races, the maps will be placed facing down on a table at the start line. At the moment of start, an official releases the competitor by taking his hand off the competitor's shoulder. The start triangle is marked in the terrain by a control flag. The route to this flag is marked with corridors or tapes. Competitors must follow this marked route to the start point. The map issue point with the taped route to the map start is marked on the maps.

The relay start procedure and the description of the map board is explained in the Relay competition section.

Late start

Competitors who are late for their start must check-in at the pre-start call-up. The competitor will be allowed to proceed to the start line.

If – upon arrival at the start line – the competitor is less than half the start interval after his/her start time, he/she will be allowed to start immediately.

If the competitor arrives more than half the start interval after his/her start time, he/she will have to wait until the half start interval after the next starter.

In all cases of lateness caused by the competitor, his/her original start time will count for timing. If a competitor is late through the fault of the organiser, he/she will be timed with the real start time.

Abandoning the competition

In case of abandoning the competition, the competitor must immediately go to the finish area to report, give-out their map and read-out his/her SI-card.

Finishing procedure

Time will be measured in the moment of crossing the finish line (when the SIAC transponder crosses the finish line). No punch is needed at the finish line.

Upon crossing the finish line, athletes enter a restricted-access area for SI-card read-out and removal of GPS units and vests. Coaches are allowed in this area, there are drinks available and there is access to first aid if needed.

Cool-down is possible within the arena limits – see arena plans.

Model Events

Model events will provide relevant examples of cartography, terrain, control placement and control descriptions.

Model event maps will be distributed during the model event hours at their respective locations.

Model events will be supervised and model controls (flags only) will be set only during the marked periods, however it is allowed to visit the model event areas also outside this timeframe.

Model event maps are maps with all control points (no courses). There will be only flags at the controls.

Sprint & Technical model events

GPS Location: [42.026306, 23.990250](#)

Walking distance from the hotels. Parking is available at the "Blue zone" municipality spots and areas.

The Technical Model Event will demonstrate control equipment used during the races, SI Air+ punching system, refreshment control, sprint taping, start and finish procedure, quarantine procedure, etc.

Long and Relay model event

GPS Location: [42.052222, 23.978750](#)

Parking is available on the side of the road near the Model Event.

Public Event

There will be an officially organized public event during EYOC 2023 on the same terrains.

































[EYOC TOUR INFORMATION & ENTRIES](#)

Entries summary

as of 15 June 2023

Relay Teams: W16 - 21, W18 - 27, M16 - 26, M18 - 27

Entry summary

Federation	Men 16	Women 16	Men 18	Women 18	Team Officials	Total
 Australia			2	3	2	7
 Austria	3	4	3	4	3	17
 Belgium	3	3	4	1	2	13
 Bulgaria	4	4	4	4	2	18
 Croatia	3	2	1	1	1	8
 Czechia	4	4	4	4	4	20
 Denmark	4	4	4	4	4	20
 Estonia	3	3	4	3	2	15
 Finland	4	4	4	4	3	19
 France	4	4	4	4	4	20
 Germany	4	4	4	4	4	20
 Great Britain	4	4	4	4	4	20
 Hungary	4	4	4	4	4	20
 Ireland	3	1	3		2	9
 Israel	3	1	1		2	7
 Italy	1	3	4	4	2	14
 Latvia	4	4	4	4	3	19
 Lithuania	4	4	4	4	2	18
 Moldova, Republic of	3	1		2	2	8
 New Zealand	1		4	4	4	13
 Norway			4	4	2	10
 Poland	4	4	4	4	2	18
 Portugal	4		1	3	2	10
 Romania	3	3	4	4	1	15
 Serbia	2	2	3	1	3	11
 Slovakia	3		4	3	2	12
 Slovenia	3	4	3		2	12
 Spain	4	4	4	4	2	18
 Sweden			4	4	2	10
 Switzerland	4	4	4	4	4	20
 Turkiye	4	4	4	4	6	22
 Ukraine	4	4	4	4	2	18
Sum	98	87	109	101	86	481

Sprint distance - 23 June, Friday

Final arena Sprint location:

Velingrad city center
GPS: [42.02755, 23.99146](https://www.google.com/maps/place/42.02755,23.99146)

Quarantine Location:

Quarantine is within walking distance (10 minutes) from Event Center. "Blue zone" parking is allowed for teams outside the Embargo area near the Event Center.

There will be a marked route from Event Center to the Quarantine entrance which is mandatory for all competitors and Team Officials.

The same marking route will be used by Team Officials to go from Quarantine to the Final arena Sprint. The route will be extended from Event center to the arena.

Competitor bags and luggage:

Competitors can leave their bags in the quarantine to be transported to the Sprint final arena.

Warm up area

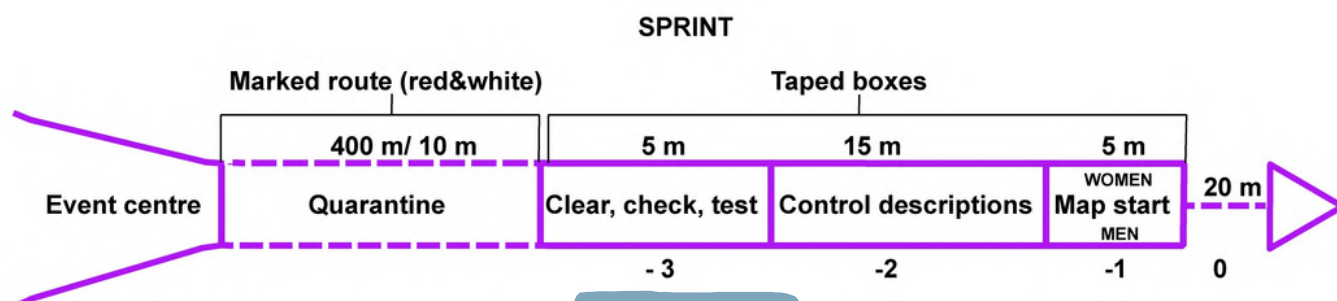
Warm-up map can be picked up in the quarantine. The warm-up map shows the borders of the quarantine zone. Leaving the warm-up area is strictly forbidden and will lead to disqualification.

Starting procedure

Each competitor enters the quarantine with their number or name. Athletes enter the start proper 3 minutes before their real start time. At -3 min athletes clear, check and test their SIACs.

At -2 min athletes get their control description.

At -1 min athletes line up to the start line with maps placed face-down on a table. There will be a signal for start and an official holding the competitor shoulder. After the signal, competitor should take their map and start.



First start: 10:00 am

Start interval: 1 min

Maximum running time: 40 min

Map information:

Map size for all classes - A4

Laser-printed maps - approved by IOF

Paper - waterproof paper without plastic bag

Control description

size:

M18 - 5x13 cm;

M16 - 5x13.5 cm;

W18 - 5x13 cm;

W16 - 5x12 cm;

Distance	Scale	Contours	Map specification
Sprint	1:4000	2.5m	ISSprOM2019-2

Mapmaker: Petar Doganov

Course setter: Georgi Kartalov

Sprint Distance

Class	Winning time	Length	CP	Climb
W16	12 min	2.55 km	15	40 m
W18	12 min	2.70 km	16	45 m
M16	12 min	2.80 km	16	45 m
M18	12 min	3.05 km	16	45 m

The course lengths are given as the length of the shortest-possible route from the start via the controls to the finish. Shoes with metal spikes or studs are not allowed. Dobbs without metal spikes are allowed.

Private areas and flower beds marked as olive green (ISSprOM 520), uncrossable walls (515), uncrossable fences (518) and out-of-bounds and forbidden areas (709) are forbidden to enter or cross under the penalty of disqualification, as described in the IOF Competition Rules. Where there is a possibility that such areas or objects may be crossed by mistake, these will be marked by red-and-white tapes in the terrain. Taping will be demonstrated in the Technical Model Event.

Arena facilities:

There will be mobile toilets in the Final arena.

There will be TV screens with live results/GPS tracking at the Final arena.

Competitors are not allowed to leave the Final arena and enter the competition terrain until the finish of the last competitor.

Cool down should be done within the shown area on the scheme below.
Entering the Final arena should be done only by the allowed roads. (see the scheme below)

Embargo area:

After the end of the competition, the Embargo area of the Sprint will be opened for everyone.

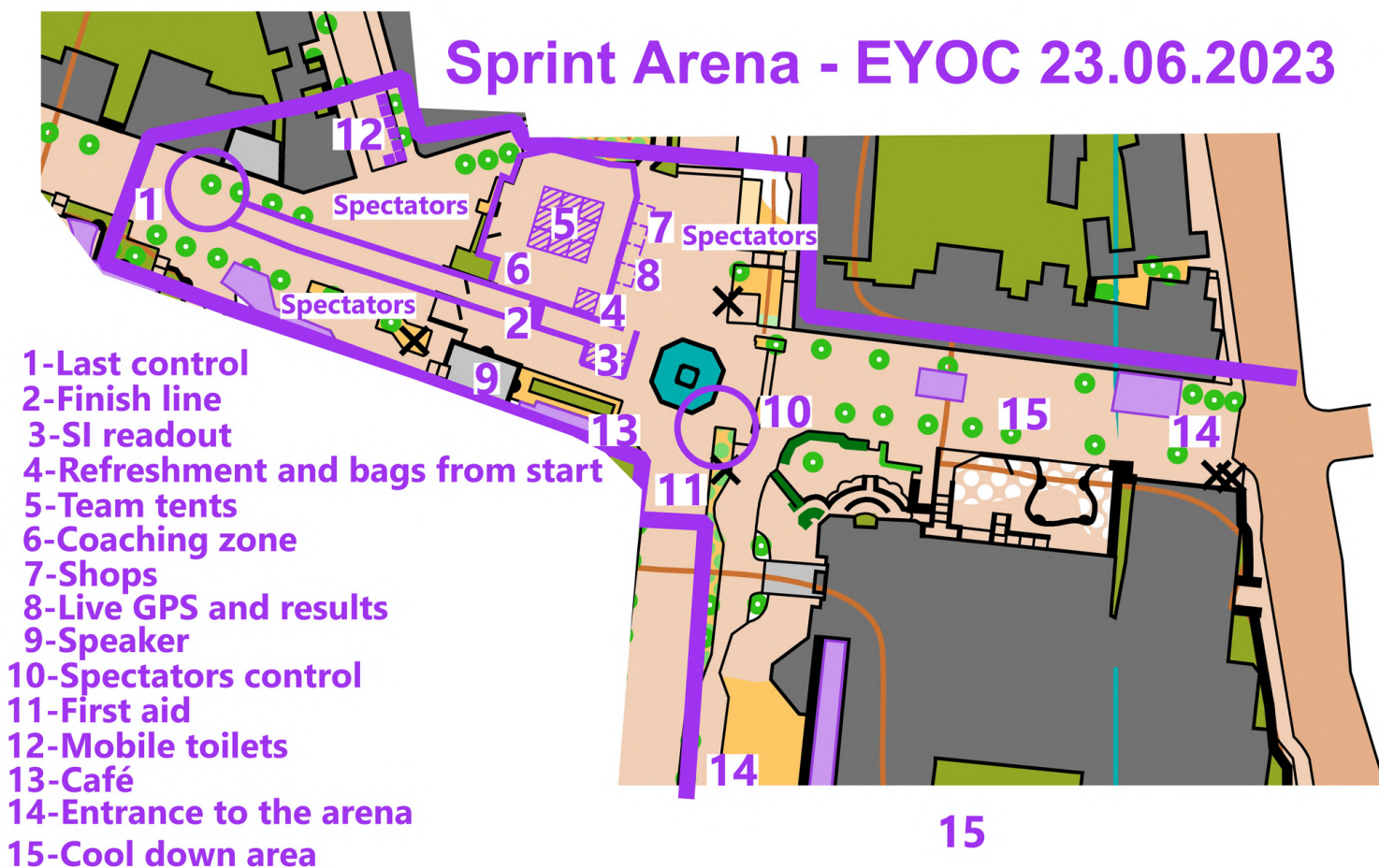
Flower ceremony:

Will be held right after the last finished runner at the arena.

Prize-giving ceremony:

Will be held the same day in the evening right after the Opening ceremony.
See the detailed schedule in the Bulletin.

Sprint Arena - EYOC 23.06.2023



Long distance - 24 June, Saturday

Final arena Location:

GPS: [42.029661](#), [23.976056](#)

Quarantine Location:

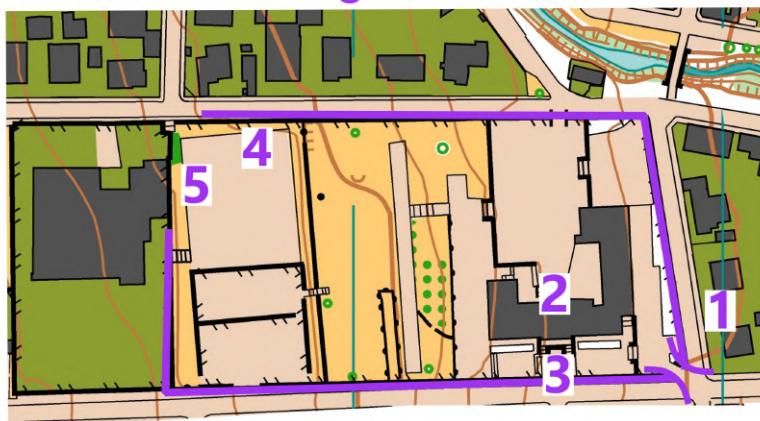
GPS: [42.038883](#), [23.987276](#)

Address: ul. "Makarenko" 4, 4602
 Kamenitsa district, Velingrad

Transportation to Quarantine:

Competitors and team officials use their own transportation and park near the quarantine zone. They can also go to quarantine by walking from their hotels or from the Event Center.

Quarantine Long - EYOC 24.06.2023



- 1-Entrance to the quarantine
- 2-Toilets and water
- 3-Bags for final arena
- 4-GPS and vests
- 5-Warm-up map

Competitor bags and luggage:

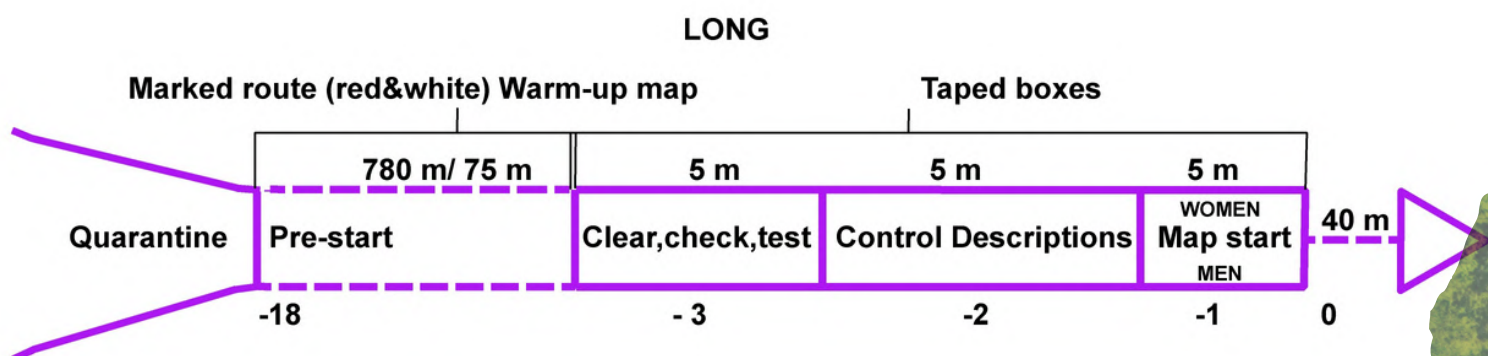
There will be a place inside the quarantine to leave bags and personal luggage to be transported to the Final arena.

Warm up area

There is a pre-start check-in at -18 minute. Competitors can have a warm up map after entering the pre-start zone. The warm up map defines the allowed area. There will be a marked route from pre-start to -3 corridor which is 10-12 minutes of normal walking. It is a responsibility of each competitor to follow their minute and go to the pre-start check-in on time.

Starting procedure

Competitors go to the pre-start zone in the quarantine at -18 minute before their start. There will be taped boxes as shown in the scheme below.



First start: 09:30 am

Start interval: 2 min

Maximum running time: 120 min

Map information and size:

Printed on waterproof paper without plastic bag

Laser-printed maps - approved by IOF

M18 - 30x22.5 cm;

M16 - 30x24.5 cm;

W18 - 30x24.5 cm;

W16 - 30x18cm;

Mapmaker: Georgi Kartalov

Course setter: Georgi Kartalov

Control description

size:

M18 - 5x14 cm;

M16 - 5x12 cm;

W18 - 5x13 cm;

W16 - 5x12 cm;

Distance	Scale	Contours	Map specification
Long	1:10000	5m	ISOM 2017-2

Long Distance

Class	Winning time	Length	CP	Climb	Refr. points
W16	40-45 min	4.9 km	14	300	2
W18	50-55 min	6.0 km	17	315	3
M16	40-45 min	5.8 km	15	325	3
M18	50-55 min	7.2 km	18	420	3

Vegetation information

On the terrain there is mostly pine forest with good visibility and runnability. Some areas on the map (20%) are with more thicker vegetation and with lower visibility and harder runnability.

The running speed in these areas is considerably slower.

Arena facilities:

There will be mobile toilets in the Final arena.

There will be TV screens with live results/GPS tracking at the Final arena.

Competitors are not allowed to enter the competition terrain until the finish of the last competitor.

Cool down should be done outside the embargo area.

Flower ceremony:

Will be held at the arena right after the last finished runner with the chance of finishing in Top 3.

Prize-giving ceremony:

Will be held the same day in the evening in the center of Velingrad. See the detailed schedule in the Bulletin.

Long Arena - EYOC 24.06.2023



Relay - 25 June, Sunday

Final arena Location:

GPS: [42.029661](#), [23.976056](#)

Quarantine Location:

Within the final arena for Relay.

Quarantine is for all legs as well as for Team Officials who enter within the allowed timeframe.

Transportation to Final arena Relay

Competitors and team officials use their own transportation and park at the allocated places near the Final arena.

Competitor bags and luggage:

There will be a place inside the quarantine to leave bags and personal luggage to be moved from the quarantine to the area allowed for finished competitors.

Warm up area

Competitors should warm up within the quarantine zone at the Final arena. 2nd and 3rd legs that haven't yet started are not allowed to talk or communicate with competitors, Team officials and spectators outside the quarantine area.

Starting procedure

There will be a mass start for all 1st legs according to the schedule in the Bulletin.

All 2nd and 3rd legs stay in the quarantine and follow their team mates at the Spectator's control (visible from the quarantine). Each 2nd and 3rd leg runner should clear, check, test their SI AIR+ cards and align in the changeover zone only after they see their team mate at the Spectator's control. Competitors follow a marked corridor to the changeover zone.

Each competitor receive their map folded as a roll-up with a rubberband. Competitors should not open their map before changeover.

Runners should have a physical touch in order for the changeover to be successful.

Starting runners should follow the marked route to the map start.

First start: 09:30 am

Start interval: Mass start

Maximum running time: 240 min for whole team

Map information and size:

Printed on waterproof paper without plastic bag

A4 size for all groups.

Laser-printed maps - approved by IOF

Control description is printed on the front of the map. There won't be an additional control description for the competitors.

Mapmaker: Georgi Kartalov

Course setter: Kalin Karachorov

Distance	Scale	Contours	Map specification
Relay	1:10000	5m	ISOM 2017-2

Relay

Class	Winning time	Length	CP	Climb	Refr. points
W16	90 min	3.7 - 3.8 km	16	240 m	1
W18	105 min	4.2 - 4.3 km	14	285 m	1
M16	90 min	4.4 - 4.5 km	16	295 m	1
M18	105 min	4.8 - 5.0 km	19	305 m	1

Vegetation information

Some areas on the map (30%) are with more thicker vegetation, and with lower visibility and slower runnability.

Team Officials Race

There will be a mass start race for all team officials on the same terrain right after the finish of the Relay.

All Team Officials who want to participate should just show up before the start and will receive a map right before the start.

Arena facilities:

There will be mobile toilets in the Final arena. There will be toilets within the quarantine zone at the final arena.

There will be TV screens with live results/GPS tracking at the Final arena.

Flower ceremony:

Will be held at the arena right after the finish of the first 3 teams in each class.

Prize-giving ceremony:

Will be held at the arena right before the Closing ceremony according to the competition program.

Cool down:

Competitors are not allowed to enter the competition terrain until the finish of the last competitor and relay team.

Cool down should be done outside the embargo area and away from the quarantine zone.

Arena Relay - EYOC 25.06.2023



Transportation

It is recommended to teams to use their own transportation during EYOC 2023.

The locations of the hotels, event center, quarantine zone, starts, and arenas are within 15-30 minutes of easy walking.

Visa

Please check the following link with a list of all countries that need VISA to enter Bulgaria.

[List of countries](#)

[General Information](#)

Health Insurance

The Event Organiser will not bear any responsibility related to the cost of medical services for the participants.

Each Federation is responsible for the health insurance of all its delegates.

Old maps

Sprint Distance (2008) - [Link to good quality](#)

Long Distance (2019) - [Link to good quality](#)

Relay (2019) - [Link to good quality](#)

Welcome to Velingrad,
we wish you a successful competition and
a pleasant stay in Bulgaria.