

FRS



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JEC 2023
- Middle
distance
Virton
26.8.2023
F.R.S.O.





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Contact/Remarks: orientjulien@live.be

[Men 20](#) [Women 20](#) [Men 18](#) [Women 18](#)

[Total](#)  

NCL non classé  Feuille PDF personnelle disponible

Men 20  **5710m**  **190m (38)**

				[H:]M:S	min/km	
1.	 Jürgen JOONAS	EST	Estonia	33:44	5'54"	
2.	 Bastien THENOZ	FRA	France	35:32	6'13"	+1:48
3.	 Simon TOBLER	AUT	Austria	36:24	6'22"	+2:40
4.	 Guilhem VEROVE	FRA	France	36:54	6'28"	+3:10
5.	 Martin GAJDA	CZE	Czech Republic	37:13	6'31"	+3:29
6.	 Peleg MITZAFON	ISR	Israël	37:32	6'34"	+3:48
7.	 Romain PICHARD	FRA	France	37:46	6'37"	+4:02
8.	 Oskar MELLA	AUS	Australia	38:17	6'42"	+4:33
9.	 Jim BAILEY	GBR	Great Britain	38:23	6'43"	+4:39
10.	 Mathias BARROS-VALLET	FRA	France	38:44	6'47"	+5:00
11.	 Jussi RAASAKKA	FIN	Finland	39:01	6'50"	+5:17
12.	 Dominik PRUSA	CZE	Czech Republic	39:11	6'52"	+5:27
13.	 Mathias LATASTE	FRA	France	39:24	6'54"	+5:40
14.	 Sampo SANKALO	FIN	Finland	39:29	6'55"	+5:45
15.	 Matiss SAULITE	LAT	Latvia	39:33	6'56"	+5:49
	 Valter JOENSUU	FIN	Finland	39:33	6'56"	+5:49
17.	 Alex WETHERIL	GBR	Great Britain	39:38	6'56"	+5:54
	 Konrad STAMER	GER	Germany	39:38	6'56"	+5:54
19.	 Anton BUSCHEK	AUT	Austria	39:59	7'00"	+6:15
20.	 Moritz CZECH	AUT	Austria	40:18	7'03"	+6:34
21.	 Euan TRYNER	GBR	Great Britain	40:44	7'08"	+7:00
22.	 Rauli AHO	FIN	Finland	40:57	7'10"	+7:13
23.	 Emil EENSAAR	EST	Estonia	41:03	7'11"	+7:19
24.	 David RAPOTZ	AUT	Austria	41:18	7'14"	+7:34
25.	 Gustav GREINER	AUT	Austria	41:48	7'19"	+8:04
26.	Ben SQUIRE	GBR	Great Britain	42:11	7'23"	+8:27

27.	 Vit CECH	CZE	Czech Republic	42:37	7'28"	+8:53
28.	 Peter BRABEK	AUT	Austria	43:02	7'32"	+9:18
29.	 Antoine MATTART	BEL	Belgium	43:19	7'35"	+9:35
30.	 Toby CAZZOLATO	AUS	Australia	44:31	7'48"	+10:47
31.	 Eoghan WHELAN	IRL	Ireland	45:01	7'53"	+11:17
32.	 Tatu AALTONEN	FIN	Finland	45:04	7'54"	+11:20
33.	 Charlie RENNIE	GBR	Great Britain	45:56	8'03"	+12:12
34.	 Sam WOOLFORD	AUS	Australia	46:32	8'09"	+12:48
35.	 Willem BAKELANTS	BEL	Belgium	46:34	8'09"	+12:50
36.	 Emils LAZDANS	LAT	Latvia	49:46	8'43"	+16:02
37.	 Daniel EARNSHAW	IRL	Ireland	1:01:35	10'47"	+27:51
NCL	 Malte BORRMANN	GER	Germany			

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Women 20 4860m 180m (21)

				[H:]M:S	min/km	
1.	 Salla ISOHERRANEN	FIN	Finland	34:23	7'04"	
2.	 Diane BODY	FRA	France	37:19	7'41"	+2:56
3.	 Barbora SMOLKOVA	CZE	Czech Republic	37:52	7'47"	+3:29
4.	 Jenny OJALA	FIN	Finland	38:24	7'54"	+4:01
5.	 Inari KARPPINEN	FIN	Finland	38:31	7'56"	+4:08
6.	 Julia FRITZ	GER	Germany	38:41	7'58"	+4:18
7.	 Rachel BROWN	GBR	Great Britain	39:16	8'05"	+4:53
8.	 Katja BABIČ	SLO	Slovenia	39:57	8'13"	+5:34
9.	 Brigitte PANKER	EST	Estonia	40:40	8'22"	+6:17
10.	 Tille DE SMUL	BEL	Belgium	42:31	8'45"	+8:08
11.	 Marlene FRITZ	GER	Germany	42:39	8'47"	+8:16
12.	 Flora AIGMÜLLER	AUT	Austria	43:07	8'52"	+8:44
13.	 Emilia TALA	FIN	Finland	43:24	8'56"	+9:01
14.	 Miia ROLLER	GBR	Great Britain	44:06	9'04"	+9:43
15.	 Annabelle DELENNE	FRA	France	45:33	9'22"	+11:10
16.	 Pihla HÄKKINEN	FIN	Finland	49:39	10'13"	+15:16
17.	 Rachel DUCKWORTH	GBR	Great Britain	50:43	10'26"	+16:20
18.	 Emma JOONAS	EST	Estonia	52:21	10'46"	+17:58
19.	 Pippa CARCAS	GBR	Great Britain	55:29	11'25"	+21:06
20.	 Zoe CARTER	AUS	Australia	57:38	11'52"	+23:15
NCL	 Alix VILLAR	FRA	France			

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Men 18 5380m 180m (31)


















				[H:]M:S	min/km	
1.	 Jan STRYCEK	CZE	Czech Republic	30:41	5'42"	
2.	 Daniel BOLEHOVSKY	CZE	Czech Republic	31:55	5'56"	+1:14
3.	 Joona HIRVILAHTI	FIN	Finland	32:50	6'06"	+2:09
4.	 Florian FRITZEN	FIN	Finland	32:59	6'08"	+2:18
5.	 Rune DE CLERCQ	BEL	Belgium	33:33	6'14"	+2:52
6.	 Loic DEQUIEDT	GER	Germany	33:51	6'18"	+3:10
7.	 Pyy RIISSANEN	FIN	Finland	34:30	6'25"	+3:49
8.	 Anton WENZEL	FRA	France	35:06	6'31"	+4:25

9.	 Tomas KUCERA	CZE	Czech Republic	35:18	6'34"	+4:37
10.	 Antoine DERLOT	FRA	France	35:57	6'41"	+5:16
11.	 Ossi Rasmus PRIKS	EST	Estonia	36:12	6'44"	+5:31
12.	 Mathis BROUWIER	BEL	Belgium	37:31	6'58"	+6:50
13.	 Jussi ANKELO	FIN	Finland	37:33	6'59"	+6:52
14.	 Arthur PERRIN	FRA	France	37:40	7'00"	+6:59
15.	 Louis BOURGEOIS	BEL	Belgium	37:55	7'03"	+7:14
	 Olivier CHAMPIGNY	FRA	France	37:55	7'03"	+7:14
17.	 Baptiste DELORME	FRA	France	38:26	7'09"	+7:45
18.	 Jacopo STÖCHER	AUT	Austria	38:29	7'09"	+7:48
19.	 Topias MUUKKONEN	FIN	Finland	38:51	7'13"	+8:10
20.	 Till BUCHBERGER	GER	Germany	40:04	7'27"	+9:23
21.	 Elias MONSBERGER	AUT	Austria	40:12	7'28"	+9:31
22.	 Arnaud MAZY	BEL	Belgium	40:19	7'30"	+9:38
23.	 Jorn KENNIS	BEL	Belgium	41:18	7'41"	+10:37
24.	 Théo DEGAND	FRA	France	43:11	8'02"	+12:30
25.	 David SAUPE	GER	Germany	43:49	8'09"	+13:08
26.	 Paul REICHER	AUT	Austria	44:18	8'14"	+13:37
27.	 Pärtel KÜLVIK	EST	Estonia	47:15	8'47"	+16:34
28.	 Ole BAATH	GER	Germany	47:43	8'52"	+17:02
29.	 Mats DE SMUL	BEL	Belgium	48:05	8'56"	+17:24
30.	 Nejc TURK	SLO	Slovenia	50:56	9'28"	+20:15
31.	 August JAKOBSON	EST	Estonia	58:26	10'52"	+27:45

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Women 18 4330m 115m (41)

				[H:]M:S	min/km	
1.	 Lucie DITTRICHOVA	CZE	Czech Republic	29:50	6'53"	
2.	 Elli PUNTO	FIN	Finland	31:53	7'22"	+2:03
3.	 Michaela NOVOTNA	CZE	Czech Republic	33:45	7'48"	+3:55
4.	 Katerina DOUSKOVA	CZE	Czech Republic	34:22	7'56"	+4:32
	 Viktorie SKACHOVA	CZE	Czech Republic	34:22	7'56"	+4:32
6.	 Imogen PIETERS	GBR	Great Britain	34:48	8'02"	+4:58
7.	 Stanja LINDIG	GER	Germany	34:49	8'02"	+4:59
8.	 Violette DUPUY	FRA	France	35:16	8'09"	+5:26
9.	 Isabella LILLQVIST	FIN	Finland	35:35	8'13"	+5:45
10.	 Silva KEMPPI	FIN	Finland	35:57	8'18"	+6:07
11.	 Virna PELLIKKA	FIN	Finland	36:15	8'22"	+6:25
12.	 Alyssia WYMER	FRA	France	36:24	8'24"	+6:34
13.	 Fanny DELAHAYE	FRA	France	37:16	8'36"	+7:26
14.	 Harriet KOPPEL	EST	Estonia	37:25	8'38"	+7:35
	 Heta VIRKAJÄRVI	FIN	Finland	37:25	8'38"	+7:35
16.	 Sanda LAPINA	LAT	Latvia	37:50	8'44"	+8:00
17.	 Hana VITKOVA	CZE	Czech Republic	38:05	8'48"	+8:15
18.	 Emily ADENSTEDT	AUT	Austria	38:18	8'51"	+8:28
19.	 Mélissa TROCHUT	FRA	France	38:20	8'51"	+8:30
20.	 Maria ELLER	EST	Estonia	38:41	8'56"	+8:51
21.	 Annika STAMER	GER	Germany	38:46	8'57"	+8:56
22.	 Yaelle MALARD MOULIERE	FRA	France	39:05	9'02"	+9:15
23.	 Katharina PERL	AUT	Austria	40:12	9'17"	+10:22
24.	 Nea ERŽEN	SLO	Slovenia	40:50	9'26"	+11:00

25.		Nea SHINGLER	AUS	Australia	43:14	9'59"	+13:24
26.		Lone POMPE	GER	Germany	43:15	9'59"	+13:25
27.		Alice MERAT	FRA	France	43:19	10'00"	+13:29
28.		Iris MACMILLAN	GBR	Great Britain	44:04	10'11"	+14:14
29.		Theresa MONSBERGER	AUT	Austria	44:41	10'19"	+14:51
30.		Anne KÄSTNER	GER	Germany	44:42	10'19"	+14:52
31.		Laura BROWN	GBR	Great Britain	46:33	10'45"	+16:43
32.		Sabine STRAZDINA	LAT	Latvia	46:48	10'48"	+16:58
33.		Juliane BURGMAIR	GER	Germany	47:04	10'52"	+17:14
34.		Ruta DABOLINA	LAT	Latvia	48:35	11'13"	+18:45
35.		Laura VENHAUER	AUT	Austria	48:40	11'14"	+18:50
36.		Camilla AIGMÜLLER	AUT	Austria	50:26	11'39"	+20:36
37.		Mareli VAHER	EST	Estonia	51:25	11'52"	+21:35
38.		Isobel HOWARD	GBR	Great Britain	51:27	11'53"	+21:37
39.		Louise MATTART	BEL	Belgium	52:15	12'04"	+22:25
40.		Mari Ann MAHLA	EST	Estonia	52:44	12'11"	+22:54
41.		Sofie BOSMANS	BEL	Belgium	1:15:55	17'32"	+46:05

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Total

Finland	20
France	20
Austria	15
Germany	13
Great Britain	13
Czech Republic	12
Belgium	11
Estonia	11
Australia	5
Latvia	5
Slovenia	3
Ireland	2
Israël	1

Total: 131