

**JUNIOR WORLD  
ORIENTEERING  
CHAMPIONSHIPS**  
KARLSKRONA 2026

SWEDEN, KARLSKRONA  
29<sup>TH</sup> JUNE – 4<sup>TH</sup> JULY

# BULLETIN 4

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# WELCOME

Dear participants, supporters, visitors and lovers of orienteering.

It is with great pleasure that we, the municipality of Karlskrona, would like to welcome all of you for the Junior World Orienteering Championships 2026. Together with the Swedish Orienteering Federation as well as our local club OK Orion we are proud to be hosting this championship and make it the best experience possible together with all of you.

We look forward to welcoming you to our UNESCO World Heritage City during your stay. We would also like to wish the best of luck for all the competitors – may the best runners win!

**Emma Swahn Nilsson**

Mayor, Municipality of Karlskrona



It is with great pride and joy that we welcome you to Karlskrona for the Junior World Orienteering Championships 2026! Karlskrona, a city rich with history and surrounded by beautiful archipelagos, is the perfect place for this prestigious event. We are proud to host an event that brings together young orienteers from around the world.

Karlskrona not only offers challenging and varied terrain and forests for the competitions but also, with its charming streets, beautiful parks, and historic buildings, provides a fantastic environment to explore and enjoy. Whether you are here to compete, support your teammates, or simply enjoy the atmosphere, we hope that this will be an unforgettable experience for everyone.

Welcome to Karlskrona and good luck in the competitions!

**Anders Sahlén**

President of the Swedish Orienteering Federation



On behalf of OK Orion, I welcome you to exciting visits in the most south-east part of Blekinge, Sweden. For OK Orion it is a privilege inviting you to JWOC 2026.

The regional Blekinge Orienteering Federation clubs have over the years held several major orienteering events in various terrains providing a diverse range of orienteering challenges. This knowledge and competence have been used during preparation of the JWOC 2026 event.

We look forward to meeting you all, runners, Team officials, supporters, and families creating memories during a fantastic JWOC week of experiences in Karlskrona county in the summer 2026.

**Martin Johansson**

Event Director



# 1. ORGANIZATION AND CONTACT

## 1.1 ORGANIZING COMMITTEE

<b>Event Director</b>	Martin Johansson	<a href="mailto:martin.johansson@jwoc2026.se">martin.johansson@jwoc2026.se</a>
<b>Sports Director</b>	Pontus Petersson	<a href="mailto:pontus.petersson@jwoc2026.se">pontus.petersson@jwoc2026.se</a>
<b>Training</b>	Pontus Petersson	<a href="mailto:pontus.petersson@jwoc2026.se">pontus.petersson@jwoc2026.se</a>
<b>Accommodation</b>		<a href="mailto:accommodation@jwoc2026.se">accommodation@jwoc2026.se</a>
<b>Event Office</b>		<a href="mailto:office@jwoc2026.se">office@jwoc2026.se</a>
<b>Administration</b>		<a href="mailto:eventadmin@jwoc2026.se">eventadmin@jwoc2026.se</a>
<b>Media/VIP</b>		<a href="mailto:media@jwoc2026.se">media@jwoc2026.se</a>

## 1.2 EVENT ADVISERS

<b>Senior Event Adviser</b>	Roman Zbranek (CZE)	<a href="mailto:roman.zbranek@gmail.com">roman.zbranek@gmail.com</a>
<b>Assistant Event Adviser</b>	Daniel Wolf (CZE)	<a href="mailto:daniel.wolf@ceskyorientak.cz">daniel.wolf@ceskyorientak.cz</a>
<b>National Controller</b>	Lennart Smedenmark	<a href="mailto:lennartsmedenmark@outlook.com">lennartsmedenmark@outlook.com</a>

## 1.3 JURY

<b>Helge Lang Pedersen</b>	Denmark
<b>Kamilla Steiwer</b>	Norway
<b>Brett Weihart</b>	Australia



## 1.4 CONTACT INFORMATION

### Official information

Competition site: [IOF Eventor](#)

Website: [www.jwoc2026.se](http://www.jwoc2026.se)

### Event Contact

Event director:

Email: [martin.johansson@jwoc2026.se](mailto:martin.johansson@jwoc2026.se)

Phone: +46708309601

### Contact Swedish Orienteering Events:

Mikael Jansson

Email: [mikael.jansson@orientering.se](mailto:mikael.jansson@orientering.se)

Phone: +46702700956

### Contact address

JWOC Office:

OK Orion

Furudalsvägen 42, 373 74, Jämsjö, Sweden

### Main Office:

Svensk Orienteering Events AB, SOFT

c/o Bauhaus Sickla, Sickla Allé 2-4, 131 65 Nacka, Sweden

[info@orientering.se](mailto:info@orientering.se)

## 2. EVENT PROGRAMME

Day	Date	JWOC 2026
Saturday	27 <sup>th</sup> June	Arrival, Model Event
Sunday	28 <sup>th</sup> June	Model Events, Opening Ceremony
Monday	29 <sup>th</sup> June	Sprint
Tuesday	30 <sup>th</sup> June	Sprint Relay
Wednesday	1 <sup>st</sup> July	Long
Thursday	2 <sup>nd</sup> July	Rest day, Model Event
Friday	3 <sup>rd</sup> July	Middle
Saturday	4 <sup>th</sup> July	Forest Relay, Closing Ceremony
Sunday	5 <sup>th</sup> July	Departure

The detailed programme for the JWOC 2026 is as shown in the table below.  
 JWOC Competition, Quarantine, Competition entry deadline.

Date	Time	Event	Place
Saturday 27 <sup>th</sup> June		Arrival - Trainings	
	11:00 – 21:00	Event Office Open	Event Centre
	12:00 – 19:00	Model event - Long	Tornby
Sunday 28 <sup>th</sup> June	09:00 – 15:00	Model event - Long	Tornby
	09:00 – 21:00	Event Office Open	Event Centre
	12:00	Deadline for late entries and changes	IOF Eventor
	14:00	Competition entry deadline: Sprint	IOF Eventor
	14:30 – 16:30	Model event - Sprint + Sprint Relay	Event Centre
	15:30 – 16:30	Technical Model event	Event Centre
	17:00	Opening Ceremony	Arena Stortorget
	19:30	Team Officials' Meeting Sprint + Sprint Relay	Event Centre
Monday 29 <sup>th</sup> June	08:45	Quarantine Open	Event Centre
	09:00 – 15:00	Event Office Open	Arena Stortorget
	09:45	Last check-in quarantine	Event Centre
	10:00	<b>FIRST START SPRINT</b>	Trossö
	12:00 – 14:00	Lunch at arena	Arena Stortorget
	12:58	Estimated last start Sprint	Trossö
	13:25	Flower Ceremony Sprint	Arena Stortorget
	15:00 – 21:00	Event Office Open	Event Centre
	17:00	Competition entry deadline: Sprint Relay	IOF Eventor
Tuesday 30 <sup>th</sup> June	08:30	Quarantine Open	Event Centre
	09:00 – 17:00	Event Office Open	Arena Stortorget
	09:45	Last check-in quarantine	Event Centre
	10:10	<b>START SPRINT RELAY</b>	Arena Stortorget
	11:08	Estimated first finish	Arena Stortorget
	11:25	Flower Ceremony Sprint Relay	Arena Stortorget
	12:00 – 14:00	Lunch at arena	Arena Stortorget
	14:00	Competition entry deadline: Long	IOF Eventor
	17:00 – 21:00	Event Office Open	Event Centre
		17:30	Prize-giving Ceremony Sprint Relay + Sprint
	19:30	Team Officials' Meeting Long	Event Centre
Wednesday 1 <sup>st</sup> July	07:45	Quarantine Open	Sibbamåla
	08:45	Last check-in quarantine	Sibbamåla
	09:00	<b>FIRST START LONG</b>	Augerum
	09:00 – 17:00	Event Office Open	Arena Augerum
	12:00 – 18:00	Lunch at arena	Arena Augerum
	14:56	Estimated last start Long	Augerum
	16:20	Flower Ceremony Long	Arena Augerum
	17:00 – 21:00	Event Office Open	Event Centre

Date	Time	Event	Place
Thursday 2 <sup>nd</sup> July	09:00 – 16:00	Model event Middle + Relay	Färskesjön
	10:00 – 21:00	Event Office Open	Event Centre
	14:00	Competition entry deadline: Middle	IOF Eventor
	17:30	Prize-giving Ceremony Long	Arena Stortorget
	19:00	Team Officials' Meeting Middle + Relay	Event Centre
Friday 3 <sup>rd</sup> July	07:45	Quarantine Open	Bussevik
	08:00 – 17:00	Event Office Open	Arena Bussevik
	08:45	Last check-in quarantine	Bussevik
	09:00	<b>FIRST START MIDDLE</b>	Bussevik
	12:00 – 16:30	Lunch at arena	Arena Bussevik
	14:56	Estimated last start Middle	Bussevik
	15:30	Flower Ceremony Middle	Arena Bussevik
	17:00	Competition entry deadline: Relay	IOF Eventor
	17:00 – 21:00	Event Office Open	Event Centre
	17:30	Prize-giving Ceremony Middle	Arena Stortorget
Saturday 4 <sup>th</sup> July	07:30	Quarantine Open	Bussevik
	08:00 – 17:00	Event Office Open	Arena Bussevik
	08:45	Last check-in quarantine	Bussevik
	09:00	<b>START RELAY MEN</b>	Arena Bussevik
	10:45	Estimated first finish men	Arena Bussevik
	10:55	Flower Ceremony Relay - men	Arena Bussevik
	11:10	<b>START RELAY WOMEN</b>	Arena Bussevik
	12:00 – 16:00	Lunch at arena	Arena Bussevik
	12:55	Estimated first finish women	Arena Bussevik
	13:05	Flower Ceremony Relay - women	Arena Bussevik
	13:45	Prize-giving Relay/Closing Ceremony	Arena Bussevik
	14:15	Coach and VIP race (mass start)	Arena Bussevik
	17:00 – 21:00	Event Office Open	Event Centre
	19:30 – 00:00	JWOC Party	Gräsvik
Sunday 5 <sup>th</sup> July		Departure	



## 3. VENUES, ACCESS AND TRANSPORT

### 3.1 VENUE

#### **Karlskrona**

Karlskrona, is a municipality and city in the region of Blekinge, located in the south-east corner of Sweden, right by the Baltic Sea archipelago.

Karlskrona was founded back in 1680 as Sweden's new primary naval base, which it still serves as today. The naval base is a major part of the Karlskrona central island Trossö and its marine history and culture, as well as historical features are visible all over the area and the archipelago. For this reason, Karlskrona has been listed on the UNESCO World Heritage site since 1998.

The region of Blekinge is well known in the Swedish orienteering community for providing unusually many varying terrain types, all high quality, which is one of the reasons why the region has fostered several national and international top orienteers, as well as a very strong orienteering community, including the JWOC organizing club OK Orion.

Come visit the wonderful and challenging orienteering terrains and World Heritage City of Karlskrona and Blekinge!



## 3.2 ACCESS AND TRANSPORT

**Nearest major airport** is [Kastrup Airport](#), Copenhagen, Denmark (235 km from the Event Centre). Transport to and from the Event Centre from Kastrup is recommended by train (3 h).

**Nearest railway station** is [Karlskrona Centralstation](#) (1 km from the Event Centre).

**Nearest ferry dock** is [Stena Line Karlskrona Färjeterminal](#). (11 km from the Event Centre) Ferry traffic is operated from Gdynia, Poland by [Stena Line](#).

Teams are encouraged to use their own transportation throughout the whole JWOC event. We recommend transport by car/minibus during the JWOC event.

There is no transport service offered by the organisers for travelling to competitions, model events, and quarantines.



### 3.3 COMPETITION ARENAS

See all important locations for JWOC 2026 in [interactive map](#).

#### **Sprint and Sprint Relay: Arena Stortorget**

Arena Stortorget will be situated in Trossö in Karlskrona, 750 meters (8 min walk) from the Event Centre. It is possible to enter the arena only after the quarantine closure.

GPS Coordinates: 56.161219, 15.586581 - Link in [Google maps](#)

#### **Long Distance: Arena Augerum**

Arena Augerum will be situated on a field in Augerum, 11 km (15 min drive) from the Event Centre in Karlskrona. Signposted from road 725 in Karlskrona.

GPS Coordinates: 56.220695, 15.684462 - Link in [Google maps](#)

#### **Middle Distance and Relay: Arena Bussevik**

Arena Bussevik will be situated on field in Bussevik, 29 km (30 min drive) from the Event Centre in Karlskrona. Signposted from road 743 in Jämjö. Entrance to the quarantine and the arena is only permitted from the north in accordance with the signpost and the embargoed area.

GPS Coordinates: 56.125490, 15.801781 - Link in [Google maps](#)



## 4. EVENT CENTRE

### 4.1 EVENT CENTRE

The Event Centre and Event Office will be in the Brinova Arena Karlskrona, a sports and conference arena in the western part of central Karlskrona.

Address: Björkholmskajen 3, 371 36 Karlskrona

[GPS Coordinates](#): 56.1629, 15.5759



At the Event Centre there will be:

- JWOC Event Office (Accreditation of Runners and Team Officials, Information Point for Teams, maps for model events, VIP/Guest/Media accreditation, etc.)
- Team Officials' Meetings
- Opening Ceremony
- Bookable meeting rooms for Teams (in the afternoons)
- Social gathering areas
- Tourism Information
- Information Centre for JWOC O-TOUR



Opening hours of the Event Office			
Day	Date	Event Office Brinova Arena	Event Office at the Event Arenas
Saturday	27 <sup>th</sup> June	11:00 – 21:00	
Sunday	28 <sup>th</sup> June	09:00 – 21:00	
Monday	29 <sup>th</sup> June	15:00 – 21:00	09:00 - 15:00
Tuesday	30 <sup>th</sup> June	17:00 – 21:00	09:00 - 17:00
Wednesday	1 <sup>st</sup> July	17:00 – 21:00	09:00 – 17:00
Thursday	2 <sup>nd</sup> July	10:00 – 21:00	
Friday	3 <sup>d</sup> July	17:00 – 21:00	08:00 – 17:00
Saturday	4 <sup>th</sup> July	17:00 – 21:00	08:00 – 17:00
Sunday	5 <sup>th</sup> July		09:00 – 15:00

Local staff from Karlskrona Tourism Information will be available in the Event Center on Saturday 27<sup>th</sup> June and Sunday 28<sup>th</sup> June as well as in the Event Office at the Event Arena at Trossö on Tuesday 30<sup>th</sup> June.

Do not hesitate to contact the Event Office out of opening hours via email [office@iwoc2026.se](mailto:office@iwoc2026.se). The times in the table above are for personal visits.

## 4.2 ACCREDITATION

Accreditation takes place at the Event Office. A personal accreditation ID card will be handed out. You need identification to prove your identity. All accredited people must wear it at all relevant times and present it to access authorized zones.

Team officials need to bring their runners ID upon accreditation since ID of each athlete will be checked. At accreditation, every athlete receives a package including the ID card, backup SIAC card and model event maps. Accreditation for the JWOC is only possible if all payments are fully settled. In case of emergency/discrepancies, e.g. bank charges, paying with a bank/credit card will be possible at the Event Centre.

Teams need to provide a contact person (email and phone number) so that the organisers can quickly contact the team officials if necessary.

## 4.3 TEAM OFFICIALS' MEETING

Team Officials' Meetings will be held during JWOC, and all will take place at the Event Centre:

Date	Time	Meeting	Meeting Link
Sunday 28 <sup>th</sup> June	19:30	TOM Sprint and Sprint Relay	<a href="#">Teams link</a>
Tuesday 30 <sup>th</sup> June	19:30	TOM Long	<a href="#">Teams link</a>
Thursday 2 <sup>nd</sup> July	19:00	TOM Middle and Relay	<a href="#">Teams link</a>

Team Officials' Meeting will also be available online via the meeting links in the table above. Team Officials' Meeting presentation slides will be uploaded to IOF Eventor after the meeting. Questions for the Team Officials' Meeting shall be sent by e-mail to [office@jwoc2026.se](mailto:office@jwoc2026.se) no later than 16:00 on the respective day and will be answered during the meeting.

## 5. ENTRY

### 5.1 TEAM REGISTRATION

All entries for JWOC 2026 in Karlskrona, Sweden are to be made in [IOF Eventor](#). From now, only organisers can make changes to the team registration. Please contact [office@jwoc2026.se](mailto:office@jwoc2026.se) with any requests.

Name changes after 19<sup>th</sup> June 2026 and before 27<sup>th</sup> June 2026 will be charged 10 Euro for each athlete.

### 5.2 COMPETITION REGISTRATION

Names of the competitors and their starting group (for individual competitions) or names of the competitors and their running order (for relays) shall be entered in IOF Eventor on the day before the competition. Places that are not filled will be removed before the drawing of the start lists.

Race	Competition entry deadline	Time
Sprint	Sunday 28 <sup>th</sup> June	14:00
Sprint Relay	Monday 29 <sup>th</sup> June	17:00
Long	Tuesday 30 <sup>th</sup> June	14:00
Middle	Thursday 2 <sup>nd</sup> July	14:00
Relay	Friday 3 <sup>rd</sup> July	17:00

For relays, after the competition entry deadline, changes to the names of team members and/or their running order can only be made for valid reasons (e.g., accident or illness). Any such changes must be submitted to the organisers at [eventadmin@jwoc2026.se](mailto:eventadmin@jwoc2026.se) no later than two hours before the start of the relay competitions (30<sup>th</sup> June at 08:00 for the Sprint Relay; 4<sup>th</sup> July at 07:00 for the Men's class and at 09:00 for the Women's class).

## 5.3 ENTRY FEES

Category	Fee
Accreditation – Team Official	90 Euro
Accreditation – Runners	90 Euro
Entry fee – Individual sprint, middle, long *	55 Euro
Entry fee – Relay sprint, forest *	50 Euro
SIAC card rent**	40 Euro
Lunch at arena*	14 Euro
JWOC closing party	Included in accreditation fee
IOF Family, Guests, Partners and Media	No accreditation fee

\* Per competition and runner. \*\* Per runner per week

Accreditation fee for team officials covers model events, parking at the arenas and closing party. The pre-ordered rental SIAC cards will be handed out in the Event Centre as a part of the accreditation.

A team manager shall return all rented SIAC cards to the Event Office after the last race. Any missing or lost SIAC card will be charged with a fee of 85,00 Euro.

## 5.4 PAYMENT DETAILS

Note that all Teams who have not paid the full amount of their entry fees, including late changes, must pay on-site at the Event Office before the event starts to be allowed to take part in the event. Payments can be made via credit card or Swish. Inform [office@iwoc2026.se](mailto:office@iwoc2026.se) if you have a request for cash payment.

Late mixed team entries, that are made after initial accreditation, to the Sprint Relay and Relay races shall be paid when returning rented SIAC cards, the latest. Regular entry fee with no surcharge applies.

## 6. ACCOMMODATION AND FOOD

### 6.1 ACCOMMODATION

Booking of accommodation is handled separately from the event entry. Accommodation in Karlskrona can be found via the [Tourist Information Centre](#). We have also a dedicated Facebook group for those who are looking for or renting out accommodation. Post your 'Wanted' or 'For Rent' advertisement here: [Hitta boende/Find accommodation – JWOC Karlskrona 2026](#)

If your team has specific needs, you can send questions to [accommodation@jwoc2026.se](mailto:accommodation@jwoc2026.se) for additional guidance.

### 6.2 FOOD

During all the JWOC competitions, pre-ordered lunch will be served at the arena. In the long distance and middle distance pre-ordered lunch will also be served in the quarantine. Allergic/intolerant people will have variation, when the food is not suitable for them. Please note that vegan diet will not be available, but side dishes will be provided.

For having lunch, lunch ticket will be requested, both at the arena and in the quarantine. Lunch tickets are obtained at the Event Centre when you pick up your accreditation.

Each team must also specify the number of pre-ordered lunch portions to be served in the quarantine zone and at the arena by writing to [office@jwoc2026.se](mailto:office@jwoc2026.se). The information needs to be submitted no later than Monday, June 29<sup>th</sup>, 17:00. Changes are allowed until one hour after the publication of the starting list on Eventor for long and middle distance.

If you have questions, send them to [office@jwoc2026.se](mailto:office@jwoc2026.se) for additional guidance.

Meals composition			
Day	Menu arena	Menu quarantine	Time
Monday Sprint distance	Minced meat sauce, pasta, salad	-	12:00- 14:00
Tuesday Sprint Relay	Chili cin carne, bulgur, salad, sour cream, bread	-	12:00- 14:00
Wednesday Long distance	Breaded fish, potato wedges, remoulade sauce, salad	Pasta salad with chicken or ham, dressing, bread	12:00- 18:00
Friday Middle distance	Sausage Stroganoff, rice, salad	Pasta salad with chicken or ham, dressing, bread	12:00- 16:30
Saturday Relay	Lasagnette with tomato, garlic, cottage cheese, carrot, salad, sour cream	-	12:00- 16:00

In addition to the pre-ordered lunch a well-stocked cafeteria will be available at the venues.

## 7. EMBARGOED AREAS

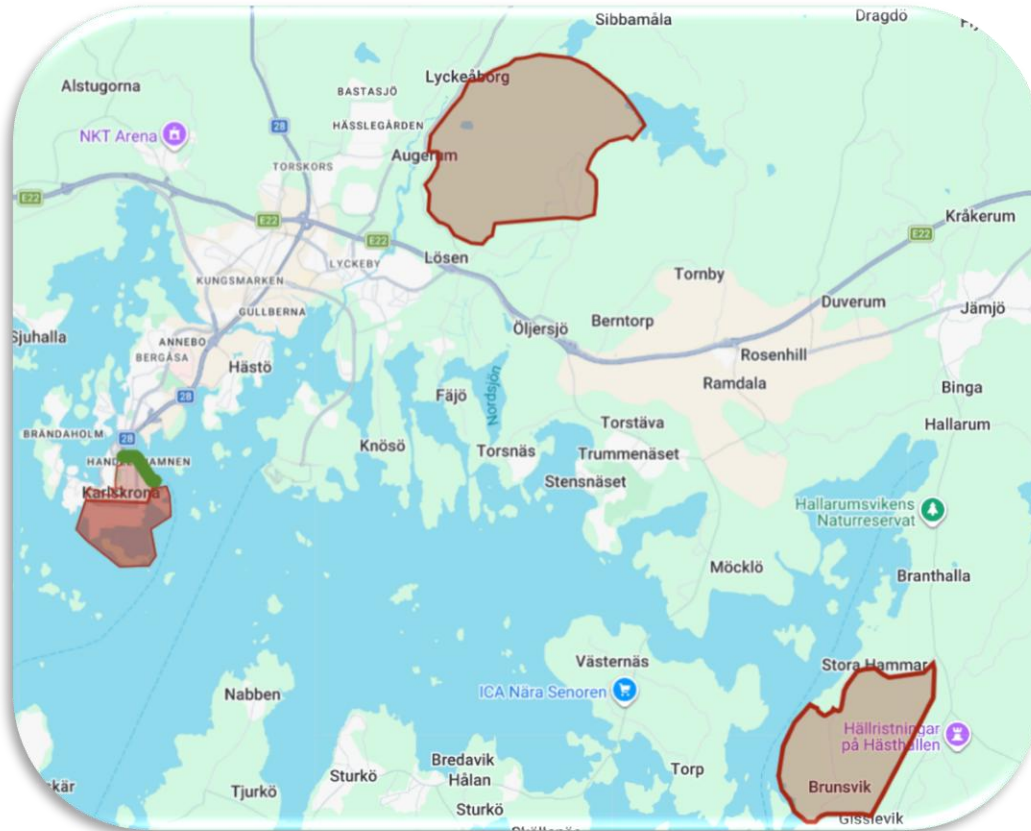
### 7.1 EMBARGOED AREAS INFORMATION

According to the IOF Competition Rules (§ 26.5), embargoed areas are forbidden for all potential JWOC 2026 runners, team officials and other people, who, through knowledge of the terrain, may influence the results of the competitions. Forest embargoed areas and the southern part of the sprint embargo are strict embargoes. That means that no entry is allowed in this area for runners, Team officials or other team staff, relevant for participation at JWOC 2026, until the event is finished. This embargo also applies to any other person, who would later provide any type of knowledge about the embargoed area that is not official and available to all participants and that could affect the fairness of the results. This is particularly valid for close relatives or friends of the potential JWOC- runners.

The northern part of the sprint embargo has special restrictions to make visits to accommodation, shops and authorities possible within the embargoed area. It also makes it possible to get to the gathering point of the parade at the opening ceremony. That means that the embargoed area is allowed for access to accommodation, shops, authorities and the gathering point of the parade, but no activities that can affect the results of the competitions are allowed. This embargo also applies to any other person, who would later provide any type of knowledge about the embargoed area that is not official and available to all participants and that could affect the fairness of the results. This is particularly valid for close relatives or friends of the potential JWOC- runners. From 07:00 on June 29th and June 30th until each day's competition is completed, the entire competition area is completely embargoed, meaning neither runners or Team officials are allowed in the area. This affects how to get to the quarantine and arena. Those who live within the embargoed area must have left their accommodation by 07:00 at the latest every day.

More information and maps are available on the [IOF Eventor](#).

[Direct link](#) to detailed map of the embargoed areas.



## Sprint areas

- Trossö (Sprint & Sprint Relay) – Embargo valid until June 30

## Forest areas

- Lösen (Long) - Embargo valid until July 1
- Bussevik (Middle & Relay) - Embargo valid until July 4

Previous orienteering maps are available for embargoed areas Trossö (sprint), Lösen and Bussevik and are found on [IOF Eventor](#).

# 8. TRAINING

## 8.1 TRAINING MAPS AND AREAS

All information about training maps and areas can be found the [Training Bulletin](#).

You will receive the ordered maps at [Orionstugan](#) or Event Office from June 27.

To order training maps or in case of any questions contact us at [pontus.peterson@jwoc2026.se](mailto:pontus.peterson@jwoc2026.se)

## 9. RULES AND GENERAL INFORMATION

### 9.1 COMPETITION RULES

The complete rules for the Junior World Orienteering Championship 2026 consist of IOF competition rules. Latest versions of the rules are found on the [IOF website](#).

### 9.2 CLASSES AND PARTICIPATION RESTRICTIONS

There are two classes, WOMEN and MEN. Participation restrictions, classes and qualification system will follow the IOF Rules for JWOC for 2026.

All competitors must be born in 2006 or after and must be full passport-holding citizens of the country they are representing.

According to the Rules for the Junior World Orienteering Championships, each federation may enter a team of up to 12 competitors – up to 6 women and up to 6 men – and 4 team officials.

All competitors may run in all three individual races. In the relay, each Federation may enter up to 2 women's and 2 men's teams, each consisting of 3 team members. In the Sprint Relay each Federation may enter up to 3 teams.

If a Federation is unable to make up full relay teams, it may form incomplete teams or teams with runners from other Federations.

According to the IOF Council's decision on 15th March 2024, Russian and Belarusian orienteering runners, in all IOF disciplines, will not be allowed to participate in IOF events. Runners will also not be allowed to participate as neutral runners.

### 9.3 ANTI-DOPING

Doping is strictly forbidden, and the organisers of the JWOC 2026 are dedicated to supporting the Anti-Doping authorities in their work. Doping controls are always carried out in accordance with the procedures described in the WADA International Standard of Testing and Investigations. The IOF Anti-Doping rules and the World Anti-Doping Code 2021 apply. Runners who are selected for doping control must bring an official identification (with photo) to the doping test area. The athlete should also present the personal therapeutic use exemption (TUE) if applicable. In general, it is advisable that runners take their ID to all competitions and events.

For more information, please consult [IOF Anti-Doping](#)

### 9.4 INSURANCE

The organisers decline any liability that might occur through participation in the IOF JWOC Events and trainings. Each person participates at her/his own risk and is responsible for her/his own insurance coverage (illness and accident).

## 9.5 CLIMATE & HAZARDS

The long-term forecast for Karlskrona for the Event week shows a daytime temperature between 22-30 degrees Celsius.

Ticks carrying Tick-borne encephalitis and Lyme-disease, are present in the forest.

## 9.6 VISA

According to the current regulations, citizens of some countries must obtain a visa to enter Sweden. Please note that conditions of entry to Sweden can change and all potential JWOC participants are advised to keep up to date with the current situation.

Please visit [Migrationsverket](https://migrationsverket.se). For an official invitation letter from the organiser, please contact [info@jwoc2026.se](mailto:info@jwoc2026.se) with a request.

## 9.7 PHOTO AND VIDEO DISCLAIMER

Please note that photographs and footage will be taken throughout the JWOC event. These will be used by the event organization for marketing and publicity purpose in our publications, on our website and in social media or in any third-party publication during and after the event. Please contact the Event Director if you have any concerns or if you wish to be exempted from this activity.

No drones are allowed in the competition area without written permission from the organisers.

## 9.8 FAIRNESS RULES

1. It is not allowed (and not fair) to gain any unofficial information about the race, especially about courses, maps, location of prestarts etc.
2. Team members heading to prestarts are not allowed to visit the arenas before their respective competitions.
3. It is also not allowed (and not fair) to gain any unofficial information about the arenas from other persons.
4. When staying in the quarantine, mobile phones and all other devices with internet access must be completely turned off. Random checks may be made.
5. It is allowed to use music players without any built-in connectivity. Inside the quarantine, runners wearing headphones may be randomly asked to display their players for checking.
6. All tents inside the quarantine must stay open so that it is possible to see inside.
7. It is strictly forbidden to bring any electronic devices (except for watches) into closed quarantine areas (toilets), warm-up map area and prestart routes – no matter if the device is turned on or not.
8. GPS-enabled devices (watches etc.) can be carried if they are not used for communication or navigation.
9. It is not allowed to use any old maps of the competition areas after having left the accommodation on competition day.
10. It is strictly forbidden for team members to re-enter the competition area until the last JWOC 2026 athlete of the last JWOC 2026 competition in the area has arrived at the finish.
11. Violations of these rules should be immediately reported to any member of staff, to preserve fairness.
12. Violation of these rules may result in the disqualification of the whole team.



## 10. MEDIA SERVICES

### 10.1 MEDIA INFORMATION

Journalists, photographers and social media content creators are welcome. Registrations are made [here](#). Everyone needs to acknowledge that they have read, understand and agree to the IOFs Fair Play Principles for Media by signing up for accreditation.

Journalists who do not plan on attending the JWOC 2026 in person can register themselves for a mailing list where press releases and photographic materials relevant to the event will be distributed regularly. For mailing list registration, please send an email to [media@jwoc2026.se](mailto:media@jwoc2026.se) with the following information:

- First and last name
- Media or Organization
- Email address
- Phone number
- Your role - Photographer, Reporter, Social media creator

For more information contact [media@jwoc2026.se](mailto:media@jwoc2026.se)

### 10.2 MEDIA ACCREDITATION

Media accreditations can be collected in the Event Office in Brinova Arena (see chapter 4) until the end of opening hours of the Event Office on 28<sup>th</sup> June 2026. After this time, accreditations will be available for pick-up in the Event Office in the competition Arena on all competition days.

### 10.3 MEDIA TENTS

Before the start of JWOC 2026, all accredited media will receive a newsletter giving information about the event. In addition, an email with key information will be sent to all registered media representatives before every race, and whenever important information needs to be communicated.

During the forest races there may be designated photo controls, to which accredited photographers will be accompanied by our guides following a pre-competition media briefing. During the sprint events, our guides will assist and control the organization of the photographers in the finish area. While photography is not prohibited within the competition area, please consult with the Media Manager during the pre-competition briefing for specific guidelines.

There will be a short media/photographer's pre-competition briefing at the beginning of every competition day in the Media Tent placed in the arena. **Attending the briefing is mandatory for accessing the competition area.** Assigned accreditation cards must be shown when entering the Media Tent.

Race	Pre-competition briefing	Time
Sprint	Monday 29 <sup>th</sup> June	09:45
Sprint Relay	Tuesday 30 <sup>th</sup> June	09:45
Long	Wednesday 1 <sup>st</sup> July	11:00
Middle	Friday 2 <sup>nd</sup> July	08:45
Relay	Saturday 3 <sup>rd</sup> July	08:45

The media service includes:

- Access to the Media Tent (computers will not be provided)
- Wi-Fi, electricity and printers
- Maps and start lists
- Live services (results, live-stream production, GPS)
- Access to photo controls and designated photo spots in arenas
- Participation in the VIP/Media race
- Coffee/tea and refreshments
- Access to the mixed zone and assistance with athlete interviews
- Official media photo kits from each day

## 10.4 LIVE PRODUCTION

All JWOC competitions will be covered by Live TV-stream available on [IOF TV](#).

Broadcast schedule	
Competition	Time
Monday June 29 - Sprint distance	10:30 – 13:35
Tuesday June 30 - Sprint Relay	09:50 – 11:30
Wednesday July 1 - Long distance	10:30 – 16:20
Friday July 3 - Middle distance	10:00 – 15:35
Saturday July 4 - Relay	08:50 – 13:30

During the competitions, runners may encounter camera crews and equipment in the terrain. Camera controls and intermediate time controls are not marked on the control description. Runners may also be followed by a running camera or by camera-drones during the race. Commercial signs may be present in the terrain and are not marked on the map. Runners may be asked to provide an interview before or after their race.

## 10.5 VIP/MEDIA RACE

VIPs and Media are also welcomed in the “Coaches and VIP race” on Saturday 4<sup>th</sup> July, after the Relay competition in Bussevik.

- Registration will take place in the Event Office until 13:00
- Mass start at 13:45
- Free Entry
- VIP/Media race will use the controls of the relay.

## 10.6 MEDIA CONTACT

Jenny Håkansson, +46 703 88 20 38, [media@jwoc2026.se](mailto:media@jwoc2026.se)

# 11. COMPETITION INFORMATION

## 11.1 PUNCHING AND TIMING

SPORTident Air+ will be used for all competitions.

Stations will be set to contactless punching mode with a range of up to 50 cm. The last control will have a range up to 1.8m (IOF rule 20.9).

JWOC participants are requested to use their own SIAC cards as primary SIAC during the event, for sustainability reasons. The organisers will offer SIAC cards for rent; they can be booked through the IOF Eventor as a service along with team-size-entry (29<sup>th</sup> April 2026).

JWOC participants' own SIAC card numbers must be given with the Team Names Entry via IOF Eventor at latest by 19<sup>th</sup> June 2026.

One backup SIAC card will be provided by the organisers for free (no need to book), as a reserve in case of primary SIAC card failure. Runners receive the backup SIAC card when they collect their accreditation. It is not allowed to use this backup SIAC card as the primary one and enter its number in IOF Eventor. A team manager shall return all backup SIAC cards at the Event Office after the last race; any missing or lost SIAC cards will be charged with a fee of 85,00 Euro.

The starting, punching and finish procedures will be presented at the technical model event. Prior to the start, it is requested that you:

1. Perform SIAC BATTERY TEST for both cards (available in quarantine zones)
2. CLEAR both cards
3. CHECK both cards
4. TEST both cards that they are working in contactless mode

During the race, you must wear both cards on the same arm. Please wear the primary SIAC on the finger, and the secondary SIAC on the wrist or forearm. Remember that the punching range is up to 50 cm.



When punching, it is the competitor's responsibility to receive feedback signals.

It is not important whether both cards give the feedback or just one card; only in the case where neither of them receives the feedback should the competitors try to punch in a contact way (put one of the cards into the hole), and if this does not work, punch manually (backup needle punch). After crossing the finish line, the primary SIAC card will be read out. If any punch is missing, the

secondary/backup SIAC card will be read out too, and punches from both cards will be merged to form the punching record.

Any SIAC card changes must be communicated directly to the organiser by e-mail, [eventadmin@jwoc2026.se](mailto:eventadmin@jwoc2026.se) as early as possible.

## 11.2 GPS TRACKING

GPS tracking is provided to a subset of the participants for each race. A list of runners who will be equipped with GPS will be published in IOF Eventor before each competition after the Competition Entry deadline and on a printed list in the quarantine.

GPS tracking will be shown live on GPS Seuranta as well as being part of the Live TV-stream and arena production on the big screen at the arenas.

In every race, the selected competitors shall carry the GPS tracking device carried on the back in a GPS vest / elastic harness. Please bring your own GPS vest if you have one. The organisers will provide vests in different sizes; they will be provided at the quarantine. GPS trackers will be provided at the prestart for sprint, long and middle distance. In the sprint relay and the relay, GPS trackers will be provided at the assembly area. Both GPS tracker and GPS vest will be collected at the finish of each race. The size of the GPS units is 69mm x 39mm x 24mm and the weight is 66g.

Federations will be charged 30 Euro for missing GPS vests and 90 Euro for missing GPS.

GPS watches or personal GPS data loggers are allowed in all races but must not be used for navigation purposes. The competitions will subsequently be uploaded to Livelox to enable GPS analysis.

## 11.3 MODEL EVENTS

### **Technical model**

Sunday June 28<sup>th</sup>, 15:30 - 16:30, near the Event Centre - 56.161980, 15.57567 - Link in [Google maps](#)

There is no official parking for this model event.

Orienteering flags + SI units are placed in the terrain. The purpose of this technical model event is to provide an example of the JWOC 2026 individual race's start and finish procedure, examples of the punching system as well as the refreshment controls. Examples of marking artificial barriers and uncrossable objects are also included.

An example of maps in plastic bag (for forest races) is available for checking

Bring your SIAC with you.

UMARA sport drink is available for tasting.

### **Model Sprint + Sprint Relay**

Sunday June 28<sup>th</sup>, 14:30 - 16:30, near the Event Centre - 56.161980, 15.57567 - Link in [Google maps](#)

Scale 1:4 000 / Contour interval 2 m. ISSprOM2019-2 Rev. 6. Mapped by Pontus Petersson. Laser print by Kartsam. Paper Teslin 134g/m<sup>2</sup> plastic paper. Size: A4. The maps are not in plastic bag.

Only orienteering flags are on controls. It is possible to visit the model event area outside the dedicated time period, but no controls will be put out.

### **Model Long**

Saturday June 27<sup>th</sup>, 12:00 - 19:00 and Sunday June 28<sup>th</sup>, 09:00 - 15:00 - Tornby

Distance from Event Centre: 20 min (15 Km)

Parking - (56.198400, 15.745556) - Link in [Google maps](#). If the first parking lot is full, use the second one (56.196769, 15.758808) - Link in [Google maps](#).

Scale 1:15 000 / Contour interval 2,5 m. ISOM 2017-2 Rev. 6. Mapped by Perola Olsson. Offset print by Kartsam. Paper G-Print 115/m<sup>2</sup>. Size: A5. The maps are not in plastic bag, but will be for the race.

Only orienteering flags are on controls. It is possible to visit the model event area outside the dedicated time period, but no controls will be put out.

### **Model Middle + Relay**

Thursday July 2<sup>nd</sup>, 09:00 - 16:00, Färskesjön (56.162983, 15.862705) - Link in [Google maps](#). If the parking lot is full, park along the surrounding dirt roads.

Distance from Event Centre: 25 min (25 Km)

Scale 1:10 000 / Contour interval 2,5 m. ISOM 2017-2 Rev. 6. Mapped by Perola Olsson. Offset print by Kartsam, Paper G-Print 115/m<sup>2</sup>. Size: A5. The maps are not in plastic bag, but will be for the race.

Only orienteering flags are on controls. It is possible to visit the model event area outside the dedicated time period, but no controls will be put out.

## **11.4 CLOTHING AND FOOTWEAR**

As a complement to the IOF competition rules, all participants **must wear full covering clothes**, except head, neck and arms for forest races. This means that runners are **not allowed** to run in shorts and short socks with bare legs in the forest races.

For sprint races there is no regulation regarding clothing. However, shoes with **metal dobbs and spikes are forbidden** for all sprint races and sprint training sessions.

## 11.5 NEW COMPETITION MAPS

Competition maps will be collected at the finish. New maps will be handed out to the team officials at the Event Office in the arena after quarantine closing. On the last day of the event, the teams will receive maps at the Event Office in the arena when handing over all borrowed items to the organisers (SIAC cards, GPS tracker, GPS vests).

## 11.6 START NUMBER BIBS

All number bibs will be distributed at the quarantine zone of each race. Two number bibs will be used for the sprint distance and sprint relay and one number bib for the forest races. Competitors must wear the number bib on their chest, and it must not be folded or cut. In sprint and sprint relay, the competitors must also wear a number bib on their back. Please take your own safety pins with you and re-use them. Extra safety pins will be available in the quarantine. Check that the bib is fixed properly, so that you don't lose it during the competition.

## 11.7 CONTROL DESCRIPTIONS

Control descriptions are in accordance with the IOF standard. The control descriptions will be available in the start corridor. The control descriptions are also printed on the individual competition maps.

At the Sprint Relay and Relay, control descriptions are only printed on the map.

## 11.8 LATE START

According to the IOF Rules 22.9-22.10.

## 11.9 QUARANTINE ZONE

When arriving at the quarantine, competitors and team officials must check in by showing their accreditation card and signing the list before the quarantine closes (check-in). No-one will be allowed into the quarantine area after the deadline.

The quarantine offers toilets and drinking water (tap water).

Number bibs and GPS vests are handed out in the quarantine. At the sprint relay and the relay, the competitors will receive their GPS-unit in the quarantine close to the assembly area.

Transportation of bags from the quarantine to the Team Zone in the arena will be provided. Competitors are responsible for marking their bags with their bib number. Tape and marker pens are available at the baggage drop. Please limit the size of your bags to avoid heavy transport. To be sure to have your bag at the team zone when arriving at the finish, you have to leave it at the baggage drop at least 30 minutes before your start.

All competitors are strongly advised to perform the SIAC battery test and in the event of a low battery indication, to request an SIAC replacement at the quarantine info-desk.

Setting up own team tents will be allowed (at all the quarantines except Sprint and Sprint Relay) but must stay open.

Please respect the fairness rules in the quarantine and on the warm-up map. Team officials and competitors can leave quarantine at any time, but once they have left, they are not allowed to return.

Please be fair and remember the following important things:

- The use of mobile phones, computers or any communication device inside the quarantine is strictly forbidden. Random checks are possible.
- It is forbidden to bring any electronic devices (except watches) to the toilets or to the warm-up map area – no matter if the device is turned on or not.
- It is not allowed to bring any maps into the quarantine zones.

## 11.10 PRESTART AND START

Only competitors registered for that competition have access beyond the prestart. Team officials are not allowed to follow the runners beyond the prestart.

Toilets are available at the prestart or near the prestart. In the long and middle distance there will also be drinking water at the prestart.

It is the competitor's responsibility to watch for her/his start time. Call-up at the prestart is 8-10 minutes before the runner's start time for all individual races. Special rules apply for the relay.

Detailed start procedure for individual races:

-8-10 min

- » Call-up
- » Check SIAC numbers
- » Check BIB number
- » Clear SIAC
- » GPS check

-3 min

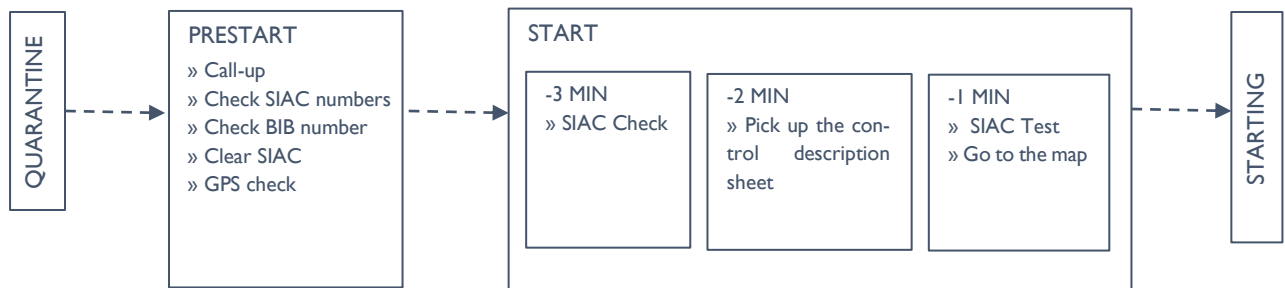
- » SIAC check

-2 min

- » Pick up the control description sheet

-1 min

- » SIAC test to verify proper functioning of SIACs touch-free punching mode
- » Go to the map



### Start time

At the start beep, the competitor will be released by an official who is removing a hand from the map. It is the competitor’s responsibility to start at the correct time. The competitor takes the map him/herself.

Runners are responsible for taking the correct control descriptions and map.

The start triangle is marked in the terrain by a control flag. The route to this flag is marked and is compulsory for the competitors to follow all the way to the start point. For specific details, see descriptions in each competition section.

## 11.11 COACHING ZONE

There will be a marked coaching zone at the long distance, but not at the other races.

## 11.12 REFRESHMENT POINTS

Refreshment points within long distance and relay courses will offer water and UMARA sport drink.

## 11.13 FIRST AID

First aid will be available at the arena for all competitions. The control guards in the terrain will be equipped with basic first aid. If you need help in the forest, go to closest refreshment point, the arena or the start if possible.

## 11.14 FINISH

The marked route from the last control to the finish must be followed.

The finishing time will be taken when the competitor’s Sportident Air+ crosses the finish line. During the relays finish judges will be used at the last leg where necessary to determine the final placings based on the order in which the competitors’ chests cross the finish line. There will also be cameras recording the runners when they pass the finish line.

After crossing the finish line, runners read out their primary SIAC card (in case of problems, the backup SIAC will be read), return the map and the GPS.

Refreshments will be provided as well as access to first aid if needed. Two accredited Team Officials per team are allowed inside this finish zone.

Runners selected for doping testing will be met here by their chaperones.

Runners then access the mixed zone on the way to the Team Zone. The current leader might be asked by organisers to take his/her place on the Leaders' Chair in the finish area. Please stay there until a new leader comes to the Leaders' Chair.

### 11.15 COOL DOWN AND TEAM ZONES

Cooling down is only allowed in the public part of the respective competition arena, the Team Zone and were described for each race.

Fair play: It is strictly forbidden for team members to re-enter the competition area until the competition is finished. Please stay inside the Team Zone or in the public part of the arena.

The Team Zone will be equipped with tents and drinking water. Own team tents will be allowed in the Team Zone at the finish of forest races.

### 11.16 ABANDONING A COMPETITION

Runners who are forced to abandon a competition must report to the finish staff and hand in their competition maps. A retiring athlete may not influence any other competitor.

### 11.17 SPECTATOR COMPETITION MARKINGS

In some areas, there will be small control markings for the spectator competition "JWOC O-TOUR". The control numbers (101-200) will be different from control numbers used for JWOC2026.

### 11.18 COMPLAINTS AND PROTEST

Complaints may only be made by team officials or competitors. A Complaint must be made in writing as soon as possible and handed in at the Event Office. There is no fee for a complaint. The IOF Complaint form should be used; forms are available at the Event Office.

Complaints concerning results must be made no later than 15 minutes after the preliminary results have been published for the competitor whose result is the subject of the complaint. Organisers may disqualify runners based on mispunches, observations from organisers etc., which will be included in the published preliminary results. The preliminary results will be published on a results board near the Event Office and in live results. In the women relay, complaint period will start when preliminary result list is published at the Event Office as soon as the first 10 teams have finished, to allow an early prize-giving ceremony.

A Protest may be made against the organiser's decision about a Complaint. A protest may only be made by the team official or competitor who made the Complaint. Any Protest must be made in writing and handed in at the Event Office no later than 15 minutes after the organiser has informed the complainant of the decision about the Complaint. A Protest fee of 50 EUR must be paid in the Event office when making a Protest. The fee will be returned if the Protest is accepted by the jury. When a Protest is signed by more than one Federation, each Federation shall pay the Protest fee.

## 11.19 CEREMONIES

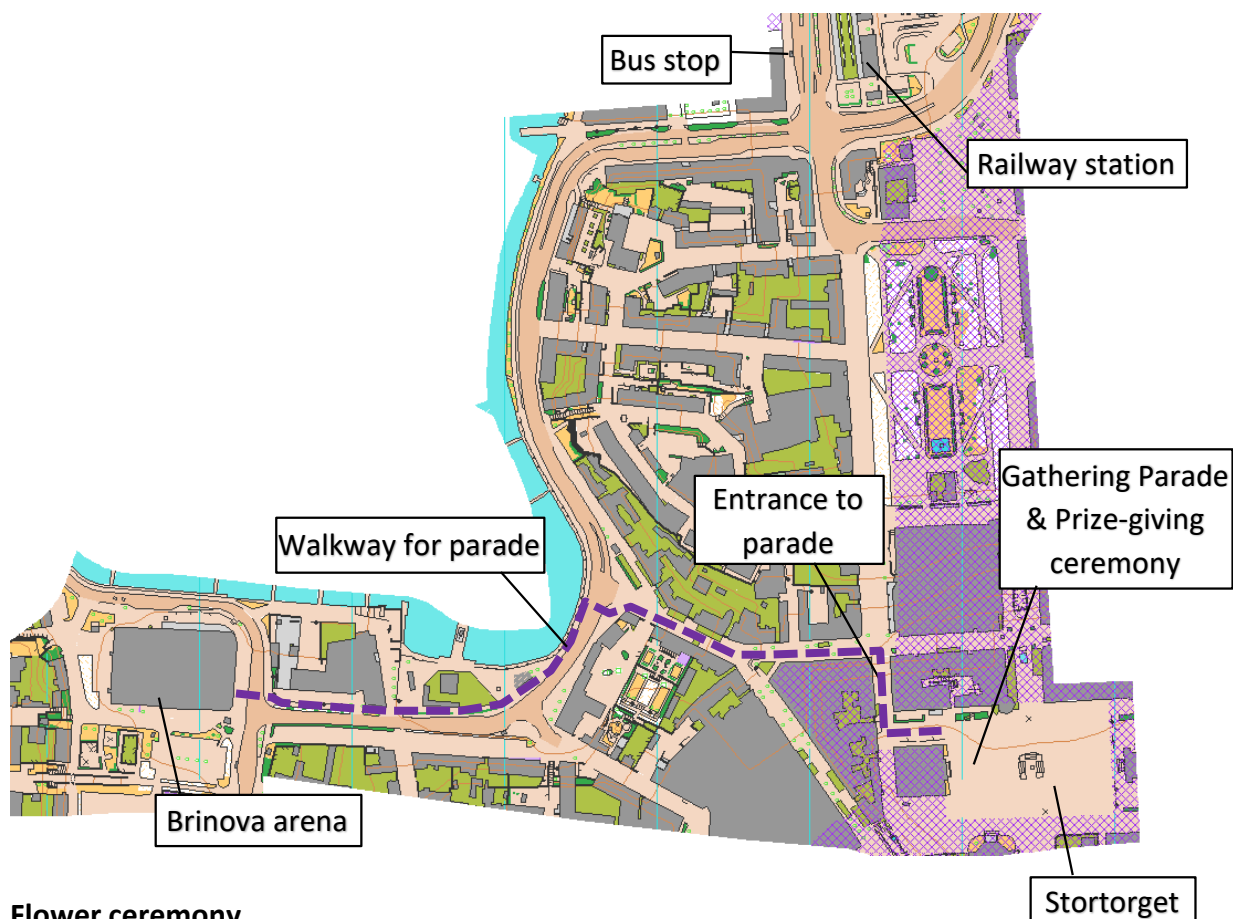
### Opening ceremony

The Opening ceremony will take place in the centre of Karlskrona. There will be a parade from Stortorget (Karlskrona - 56.161219, 15.586581 - Link in [Google maps](#)) to Brinova arena. Entrance to the parade must be from the northwest, see picture below.

Gathering 17:00 at Stortorget. Teams line up in alphabetical order.

The parade departs 17:15. Each nation will be preceded by an organiser with the flag and a sign with the name of the nation. The parade is 600 meter long.

In Brinova arena all national teams will be introduced during an opening ceremony. It is recommended to wear national team dress. Competitors will be briefly greeted and welcomed by guests and JWOC 2026 partners.



### Flower ceremony

The Flower ceremony takes place at the arena for the specific race. Times for flower ceremonies are given in the bulletin programme. During the flower ceremony, the first 3 competitors in both classes will be announced and will receive flowers.

### **Prize-giving ceremony**

Stortorget (for all competitions except the relay which is held in the arena Bussevik) in front of the town hall 17:30. Gathering 17:15 for prize winners for all competitions.

Runners or teams ranked 1<sup>st</sup> to 6<sup>th</sup> shall be present at the prize-giving meeting point 10 minutes prior to the beginning of the respective ceremony. Runners must be wearing their official National team dress and must not wear sunglasses or hats or take with them water bottles or similar items. Final instructions to the participants will be given on site prior to the ceremony.

The organisers kindly ask the National team members to be on site until the end of each prize-giving ceremony. We also kindly ask team members not to go to the stage for delivering flowers, bows and/or kisses to the podium runners until after both ceremonies (men and women) have been completed.

At the prize-giving ceremony the first three in the results will receive medals, diplomas and prizes. Runners placed 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> will receive diplomas and prizes.

### **Closing ceremony**

The Closing ceremony will take place in the arena for Relay race. Competitors will be briefly greeted by guests and JWOC 2026 partners. The short ceremony will include handing over the IOF flag to the JWOC 2027 organisers from Poland, Dolny Śląsk.

## **11.20 JWOC PARTY**

The party takes place in Villa Oscar, close to BTH – Blekinge Institute of technology - 56.183408, 15.591275 - Link in [Google maps](#)

### **Time**

19:30 - 00:00

### **Transport**

- By car: Parking place next to Villa Oscar or BTH parking
- By bus number 1 from Event Centre to Campus Gräsvik every 20 minutes
- By foot: From the Event Centre - 3 km

### **Programme**

Slideshow of photos from Events, photo corner, activities and disco. Wraps, drinks (no alcohol) and snacks free for everyone. The bar will be open if you want to buy beer or wine (you need identification to prove you are 18 years old).

Each nation should bring a coach to the party.

## 12. EVENT INFORMATION

### 12.1 SPRINT DISTANCE

#### Format

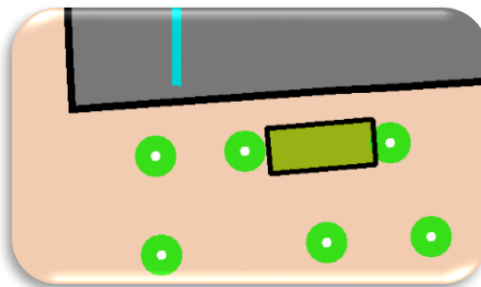
Individual competition with a 1-minute start interval.

#### Map

Scale 1:4 000 / Contour interval 2 m. ISSprOM2019-2 Rev. 6. Mapped by Pontus Petersson. Laser print by Kartsam. Paper Teslin 134g/m<sup>2</sup> plastic paper. Size: A4. The map is not in a plastic bag.

The map is drawn according to the [IOF Best practices for sprint mapping](#).

Permanent outdoor serving areas (on seasonal basis) are marked on the map with the symbol Area that shall not be entered (520). All areas marked with the symbol 520 are forbidden to enter and cross through. Objects and elements located on streets or places on a shorter term (daily), such as simpler outdoor servings, stands and awnings in front of shops are not marked on the map



Temporary closed areas, such as construction sites or scaffoldings are marked on the map with the symbol Temporary construction or closed area (714). All areas marked with the symbol 714 are forbidden to enter and cross through.

## SPRINT DISTANCE – JUNE 29

### Special symbols

Single playground equipment is mapped with a black cross (symbol 531 prominent man-made feature). There can be various types of small equipment, not each one is mapped.



Anchor, boat propeller and Special sign is mapped with a black cross (symbol 531 prominent man-made feature).



Artwork, statue and freestanding cannon is mapped with cairn (symbol 526 Cairn, memorial, sculpture, small monument or boundary stone).



# SPRINT DISTANCE – JUNE 29

## Course lengths, running times

Following competition rule 8.5, detailed course information (length, number of controls) is not presented in Bulletin 4.

Expected winning time: 14 minutes

Maximum running time: 30 minutes.

## Course setter

Oscar Johansson and Pontus Petersson

## Control descriptions

Separate control descriptions are handed out in the second start box. Maximum size 180 x 60 mm. Control descriptions are printed on the competition map as well.

## Terrain

Normal to slightly complex Swedish city structure. Some smaller park areas with scattered trees and bushes and some passable and impassable hedges and other vegetation. Flat terrain.

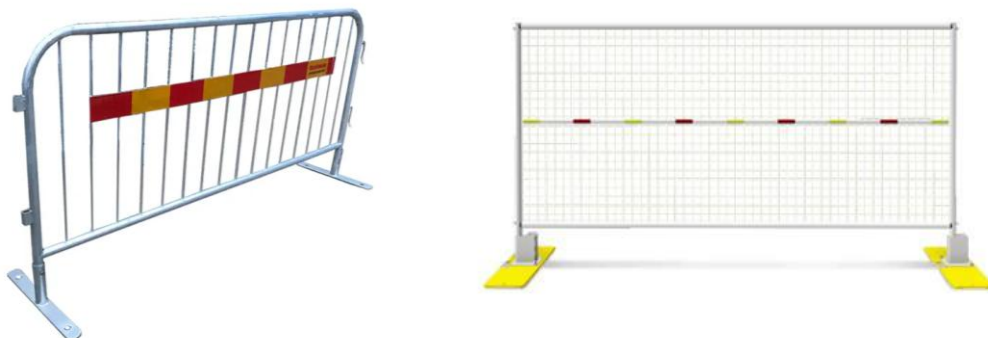
About 90 % hard surface and 10 % grass.

## Artificial barriers, uncrossable objects

Any objects drawn in the map by symbols listed in IOF Competition Rules, 17.2. are forbidden to cross. Yellow and blue tapes may be used to mark private areas and to emphasize hedges or flowerbeds which are forbidden to cross.

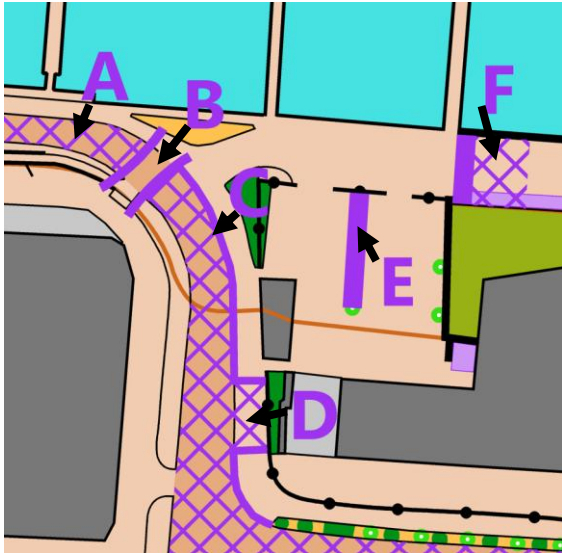
There are also some artificial barriers built in the area. Symbol 708 (Out-of-bounds boundary) is used to depict artificial barriers with respect to the maximal legibility of the map.

In the terrain, the artificial barriers will be constructed by mobile fences (around 1 m high) combined with one row of yellow and blue tape to clearly show these are forbidden to pass. The course barriers can also be dressed in various types of banners and advertisements. The artificial barriers could also be constructed by yellow and blue tape alone without fences. On roads with traffic, there will be a gap in the central part of the barrier where the yellow and blue tape is on the ground. All barriers will be manned by guards.



*Example of artificial barriers by metal fence*

## SPRINT DISTANCE – JUNE 29



- A. Forbidden road not marked in the terrain
- B. Road passage
- C. Forbidden road marked in the terrain (on one side)
- D. Artificial barriers (on a sidewalk along a forbidden road)
- E. Artificial barriers
- F. Artificial barriers

*Examples of the Out-of-bounds areas and artificial barriers used on the map.*

### **Traffic**

The competition area is not closed to traffic. This means that the area is used by cars, bicycles and pedestrians. It is the runner's own responsibility to be careful and respect the traffic in the area.

### **Embargoed area**

From 07:00 on June 29<sup>th</sup> until the competition is over, the entire competition area is completely embargoed, meaning neither runners or Team officials are allowed in the area. This affects how to get to the quarantine and arena. Those who have accommodation within the embargoed area must have left their accommodation by 07:00 at the latest.

### **Quarantine**

Quarantine will be in and around Brinova arena - 56.161980, 15.57567- Link in [Google maps](#)

Car: Parking just outside of the quarantine - Link in [Google maps](#).

Public transportation: By foot from the railway station Karlskrona Central or the bus stop Karlskrona Centralstation.

The quarantine is open from 08:45.

Warm-up map is available. Quarantine includes the warm-up map.

No area for team tents is available in the quarantine.

Number bibs will be available in quarantine.

Team officials can leave quarantine at any time, but once they have left, they are not allowed to return. Team officials are not allowed to follow the runners beyond the prestart.

# SPRINT DISTANCE – JUNE 29

## Check-in

By signing-in at the quarantine by 09:45 at the latest.

## Prestart

Once competitors leave the quarantine and pass the prestart, they are not allowed to go back.

The prestart is in connection with the quarantine. When you are passing the prestart you also check-out from the quarantine.

Team officials are allowed at the prestart.

GPS is delivered in connection to the prestart, to be picked up by runners before their call-up time.

Runners are ticked off and released to timed start 10 minutes before their start time. It takes 5 minutes to walk from the prestart to the start. Follow orange and white tapes from the prestart to the start.

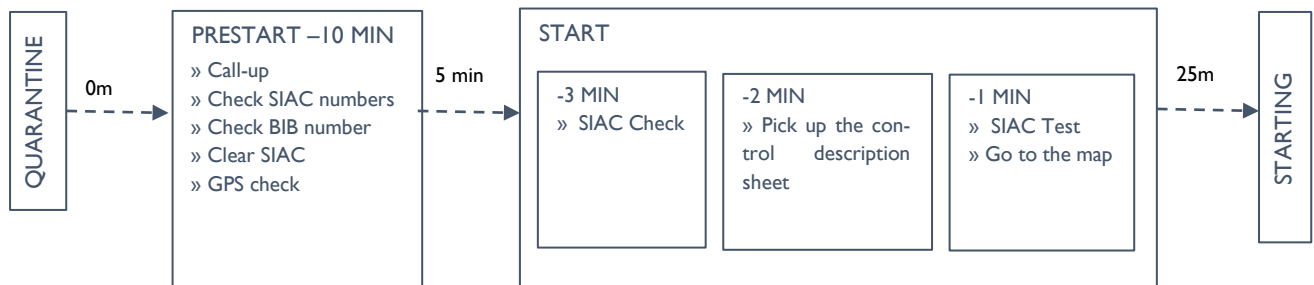
## Start

First start: 10:00

Estimated last start: 12:58

Distance from the start line to the starting point: 25 meters.

There is a map flip during the race. The maps will be positioned on the table at the start with the first part of the course facing up. The first part finishes at a control, the second part is on the other side of the map where the course start with ISSprOM symbol 715. Control numbers are continuous.



## Finish/Arena

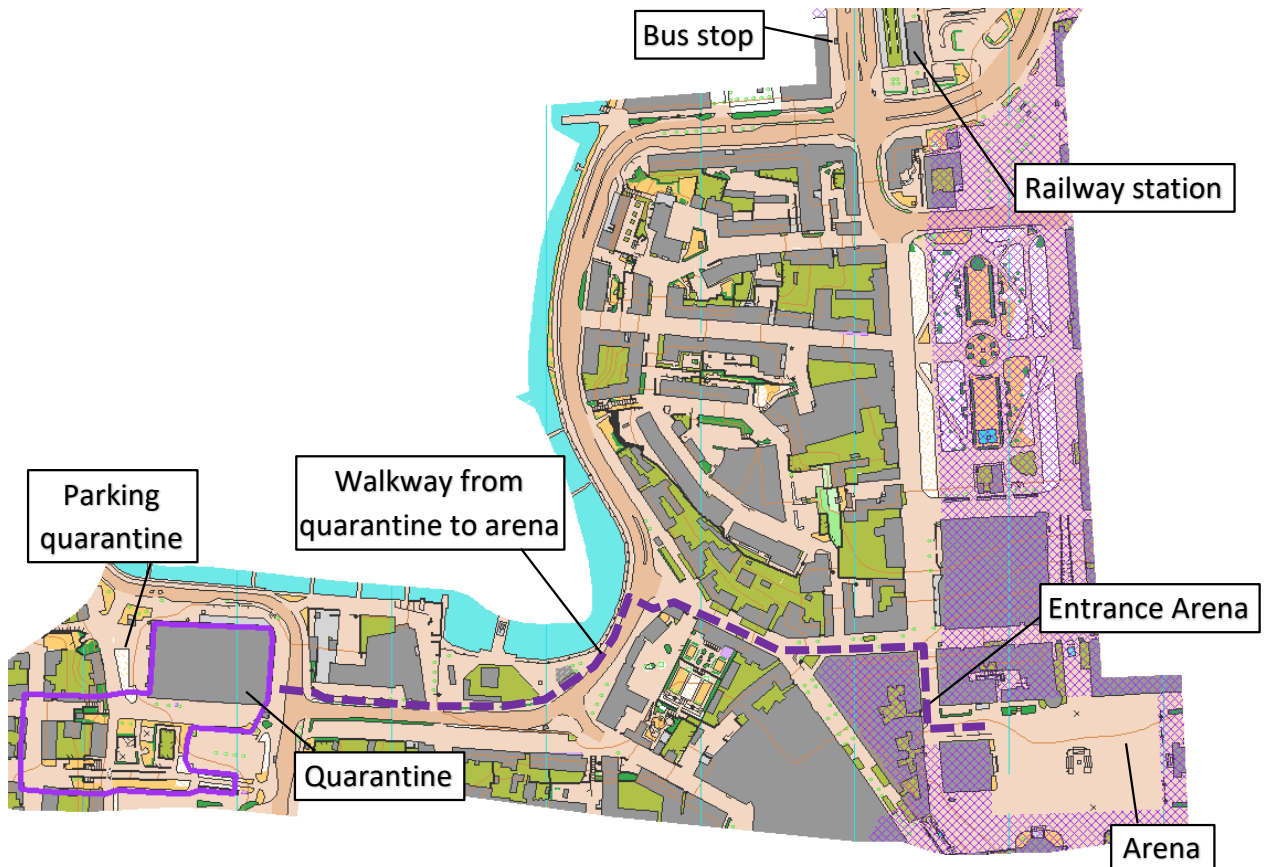
Stortorget Karlskrona - 56.161219, 15.586581 - Link in [Google maps](#)

Car: Team officials and non-competing runners can travel by team cars and park using parking spaces outside the embargoed area.

Public transportation: By foot from the railway station Karlskrona Central or the bus stop Karlskrona Centralstation.

Entrance to the arena must be from the northwest, see picture under embargoed area.

# SPRINT DISTANCE – JUNE 29

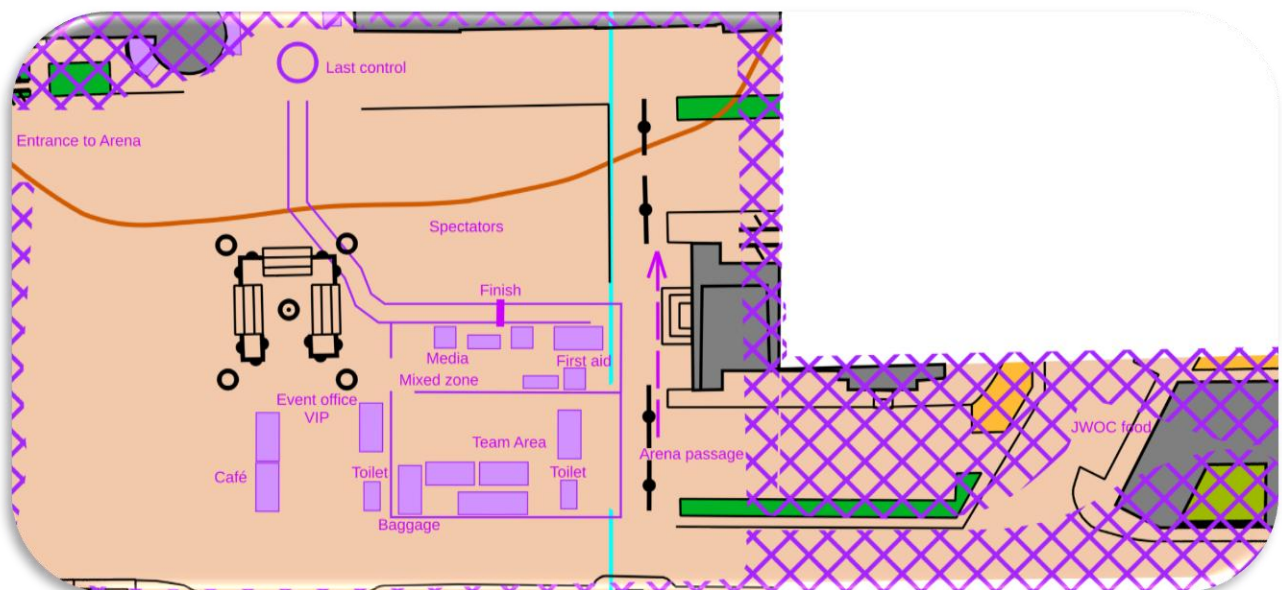


There is a Team Zone with shelters and toilets. It is allowed to cool-down in the Team Zone, the arena and outside the embargoed area.

## Arena passage, coaching zone and last control

All runners have an arena passage in the eastern part of the arena. There is no coaching zone.

Last control is visible from the arena. Respect the boundary of the competition area formed by fences and tape.



# SPRINT RELAY – JUNE 30

## 12.2 SPRINT RELAY

### Format

Four-member team relay, the first and last legs must be run by a woman. Forking is used.

Each federation is allowed to have 3 teams at maximum. We ask the Team officials to order their teams as follows: team number 1 from each federation should be the strongest one, followed by team number 2 and so on. Teams with runners from different federations are allowed.

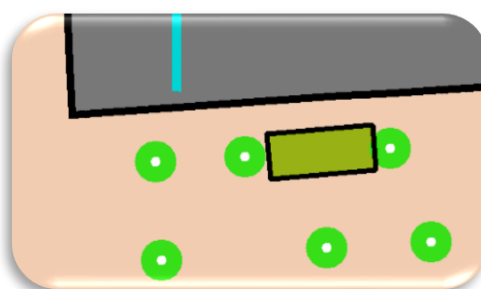
For runners that have not yet registered and paid for an entry in a mixed team: these runners must be signed in personally at the Event Office or sent to [eventadmin@iwoc2026.se](mailto:eventadmin@iwoc2026.se) no later than June 29<sup>th</sup> 2026, 17:00 CET. Runners who want to participate can also register on a waiting list, from which the organisers will form relay teams. Regular entry fee with no surcharge applies. The organization tries to accommodate all requests, but it may not be possible to do so if the relay teams do not have the requirements requested by the regulation (women on the first leg).

### Map

Scale 1:4 000 / Contour interval 2 m. ISSprOM2019-2 Rev. 6. Mapped by Pontus Petersson. Laser print by Kartsam. Paper Teslin 134g/m<sup>2</sup> plastic paper. Size: A4. The map is not in a plastic bag.

The map is drawn according to the [IOF Best practices for sprint mapping](#).

Permanent outdoor serving areas (on seasonal basis) are marked on the map with the symbol Area that shall not be entered (520). All areas marked with the symbol 520 are forbidden to enter and cross through. Objects and elements located on streets or places on a shorter term (daily), such as simpler outdoor servings, stands and awnings in front of shops are not marked on the map



Temporary closed areas, such as construction sites or scaffoldings are marked on the map with the symbol Temporary construction or closed area (714). All areas marked with the symbol 714 are forbidden to enter and cross through.

## SPRINT RELAY – JUNE 30

### Special symbols

Single playground equipment is mapped with a black cross (symbol 531 prominent man-made feature). There can be various types of small equipment, not each one is mapped.



Anchor, boat propeller and Special sign is mapped with a black cross (symbol 531 prominent man-made feature).



Artwork, statue and freestanding cannon is mapped with cairn (symbol 526 Cairn, memorial, sculpture, small monument or boundary stone).



# SPRINT RELAY – JUNE 30

## Course lengths, running times

Following competition rule 8.5, detailed course information (length, number of controls) is not presented in Bulletin 4.

Expected winning time: 58 minutes per team.

Maximum running time: 120 minutes per team.

## Course setter

Oscar Johansson and Pontus Petersson

## Control descriptions

Control descriptions are printed only on the competition map. No separate control descriptions will be available.

## Terrain

Normal to slightly complex Swedish city structure. Some park areas with grass, scattered trees and bushes and some passable and impassable hedges and other vegetation. Flat terrain.

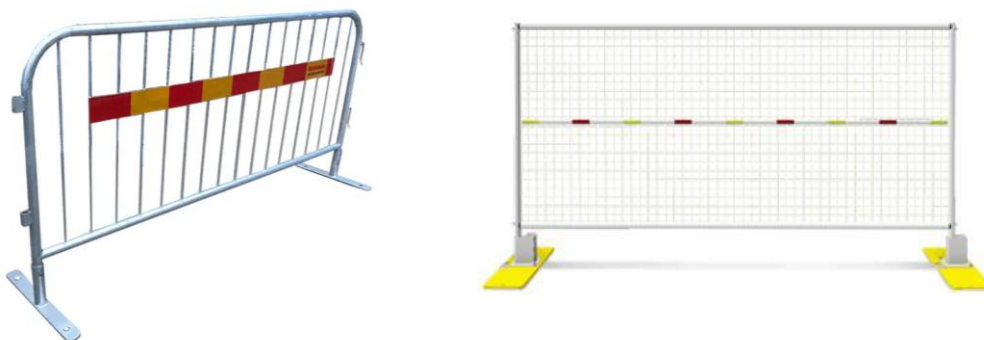
About 85 % hard surface and 15 % grass.

## Artificial barriers, uncrossable objects

Any objects drawn in the map by symbols listed in IOF Competition Rules, 17.2. are forbidden to cross. Yellow and blue tapes may be used to mark private areas and to emphasize hedges or flowerbeds which are forbidden to cross.

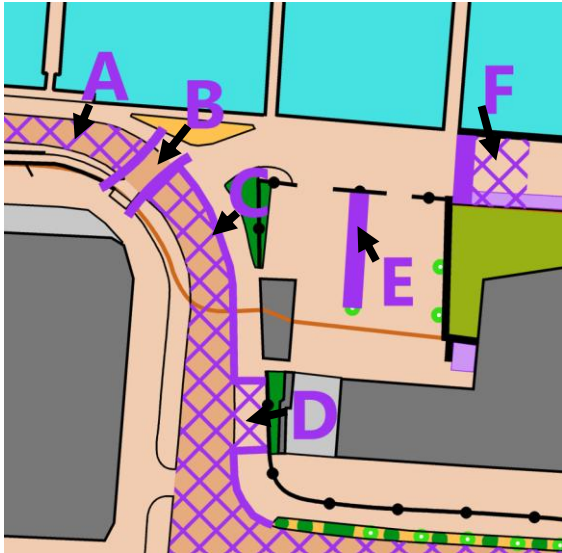
There are also some artificial barriers built in the area. Symbols 708 (Out-of-bounds boundary) is used to depict artificial barriers with respect to the maximal legibility of the map.

In the terrain, the artificial barriers will be constructed by mobile fences (around 1 m high) combined with one row of yellow and blue tape to clearly show these are forbidden to pass. The course barriers can also be dressed in various types of banners and advertisements. The artificial barriers could also be constructed by yellow and blue tape alone without fences. On roads with traffic, there will be a gap in the central part of the barrier where the yellow and blue tape is on the ground. All barriers will be manned by guards.



*Example of artificial barriers by metal fence*

# SPRINT RELAY – JUNE 30



- A. Forbidden road not marked in the terrain
- B. Road passage
- C. Forbidden road marked in the terrain (on one side)
- D. Artificial barriers (on a sidewalk along a forbidden road)
- E. Artificial barriers
- F. Artificial barriers

*Examples of the Out-of-bounds areas and artificial barriers used on the map.*

## **Traffic**

The competition area is not closed to traffic. This means that the area is used by cars, bicycles and pedestrians. It is the runner's own responsibility to be careful and respect the traffic in the area.

## **Embargoed area**

From 07:00 on June 30<sup>th</sup> until the competition is over, the entire competition area is completely embargoed, meaning neither runners or Team officials are allowed in the area. This affects how to get to the quarantine and arena. Those who have accommodation within the embargoed area must have left their accommodation by 07:00 at the latest.

## **Passage of main roads**

There are several passages where the runners must pass main roads which are out-of-bounds. The passages are marked on the map with a line around the out-of-bounds area at the crossing. They are taped in the terrain with yellow and blue tape to clearly show these are forbidden to pass. It is not allowed to cross the out-of-bounds roads outside of these crossing points.

## **Quarantine**

Quarantine will be in and around Brinova arena - 56.161980, 15.57567- Link in [Google maps](#)

Car: Parking just outside of the quarantine - Link in [Google maps](#).

Public transportation: By foot from the railway station Karlskrona Central or the bus stop Karlskrona Centralstation.

The quarantine is open from 08:30.

Warm-up map is available. Quarantine includes the warm-up map.

No area for team tents is available in the quarantine.

Number bibs will be available in quarantine.

# SPRINT RELAY – JUNE 30

GPS units will be available in connection to the assembly area.

Team officials can leave quarantine at any time, but once they have left, they are not allowed to return. Team officials are not allowed to follow the runners beyond the quarantine exit.

## Check-in Quarantine

By signing-in at the quarantine by 09:45 at the latest.

## Assembly area

The runners gather in the assembly area, leg by leg, before departure to the prestart. The assembly area will open for the first leg runners 10 minutes before the departure to the prestart. The assembly area opens for the next leg, when the leg before departs for prestart. All runners of the respective leg will leave the assembly area and follow the guide to the prestart 16 minutes before the mass start or expected first changeover of the respective leg (see schedule below). It is the runner's own responsibility to be in the assembly area at the departure time.

Leg number	Departure time to prestart
1	09:54
2	10:08
3	10:22
4	10:36

GPS units will be picked up by the runner close to the assembly area. The pickup must be done at the latest 15 minutes before departure of each leg.

In the assembly area bib numbers will be checked and SIAC cleared.

## Prestart

Distance from the quarantine to the prestart: 750 m, 15 m climb.

Team officials are not allowed in the prestart area.

The prestart offers 4 toilets, drinking water, warm-up area, SIAC check and SIAC test units to check functioning of SIACs touch-free punching mode. Warm-up clothes will be collected at the prestart.

## Mass start (10:10)

The runner takes his/her rolled map from the table 10 minutes before the start when arriving to the prestart. Competitors will be guided from the prestart area to the start line 5 min before the mass start. Listen to the commands of the start official. 30 seconds before the start the rubber bands will be collected. It is not allowed to open the roll before the mass start. Early start leads to disqualification. Reserve maps are ready near the table. Please contact the staff at once if you find that your map is missing.

The line-up for the mass start will be marked with tape on the ground according to this scheme:

# SPRINT RELAY – JUNE 30

← STARTING POINT

01-06	07-12	13-18	19-24	25-30	31-36	37-42	43-48	49-54	55-60	61-66	67-72	73-78	79-80
01	07	13	19	25	31	37	43	49	55	61	67	73	79
02	08	14	20	26	32	38	44	50	56	62	68	74	80
03	09	15	21	27	33	39	45	51	57	63	69	75	
04	10	16	22	28	34	40	46	52	58	64	70	76	
05	11	17	23	29	35	41	47	53	59	65	71	77	
06	12	18	24	30	36	42	48	54	60	66	72	78	

1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m

Distance from the start line to the starting point: 90 meters.

## Changeover

There is an arena passage approx. 2-3 minutes before the finish of the leg, and it is visible from prestart. The runner should move from the prestart when her/his team-mate passes the arena passage. The runner will take her/his rolled map from the map table. It is not allowed to open the roll before the changeover. Reserve maps are ready near the map table. Please contact the staff at once if you find that your map is missing. After receiving their map, the runner will go to the changeover area.

There are up to 80 teams at the start, which makes the changeover rather busy. Thank you for your cooperation in making the changeover as smooth as possible.

The changeover is done by hand touch across a separation barrier after crossing the finish line. The outgoing runner is allowed to open the map immediately after the changeover.

Distance from the changeover to the starting point: 70 meters.

## Mass start for slow running teams

The mass start for the remaining non-started runners will be at approx. 11:40.

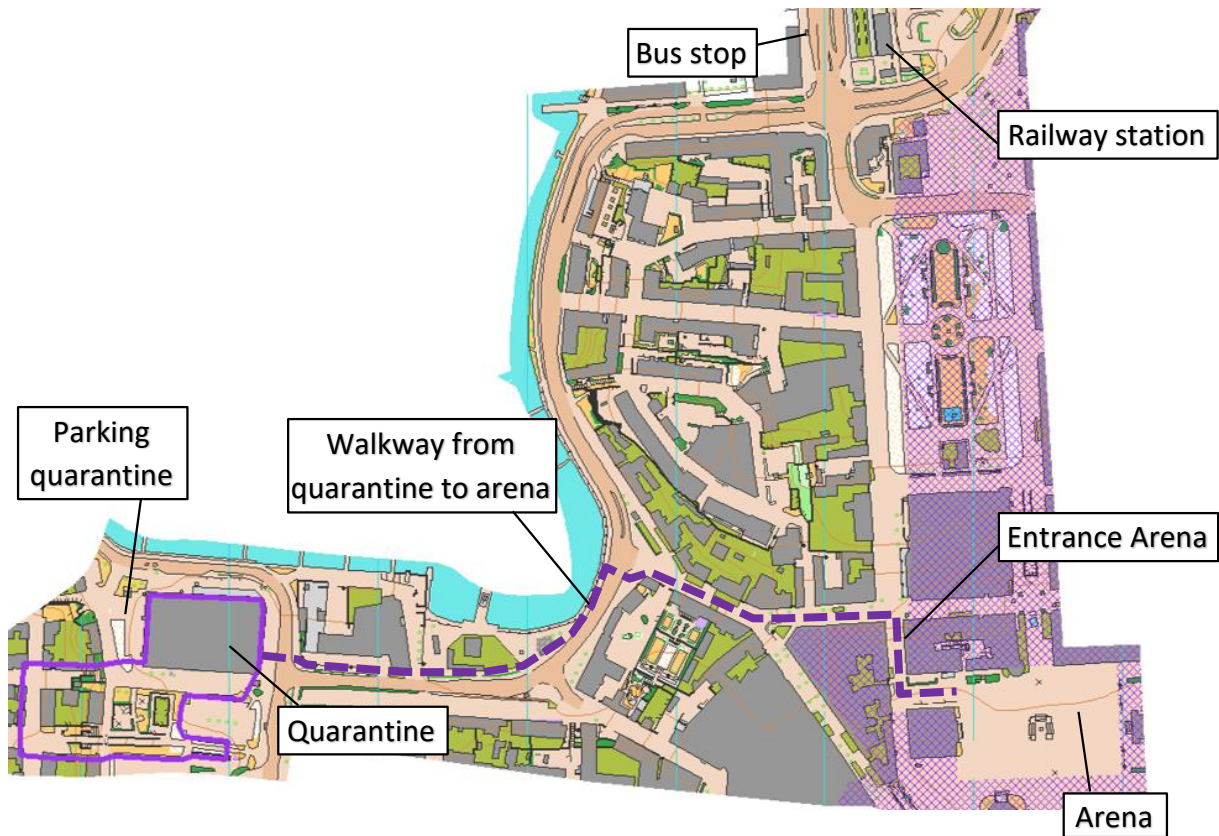
## Finish/Arena

Stortorget Karlskrona - 56.161219, 15.586581 - Link in [Google maps](#)

Car: Team officials and non-competing runners can travel by team cars and park using parking spaces outside the embargoed area.

Public transportation: By foot from the railway station Karlskrona Central or the bus stop Karlskrona Centralstation.

Entrance to the arena must be from the northwest, see picture under embargoed area.

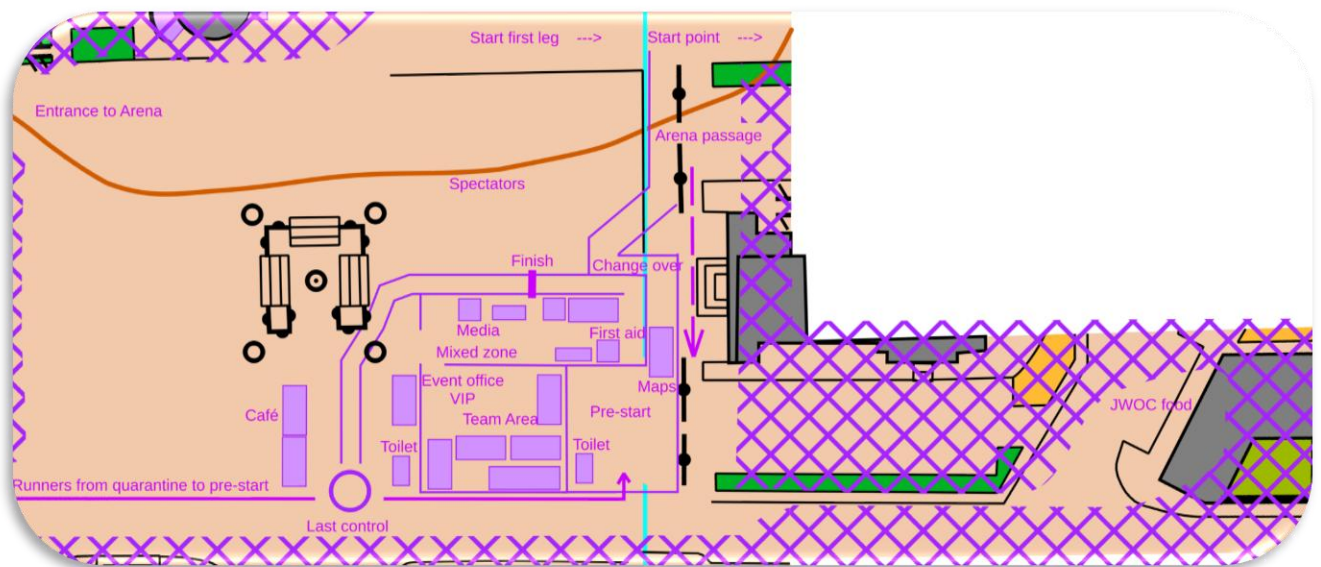


There is a Team Zone with shelters and toilets. It is allowed to cool-down in the Team Zone, the arena and outside the embargoed area.

**Arena passage, coaching zone and last control**

All runners have an arena passage approx. 2-3 minutes before the finish of the leg in the eastern part of the arena. There is no coaching zone.

Last control is visible from the arena. Respect the boundary of the competition area formed by fences and tape.



# LONG DISTANCE – JULY 1

## 12.3 LONG DISTANCE

### **Format**

Individual competition with a 2-minute start interval.

### **Map**

Scale 1:15 000 / Contour interval 2,5 m. ISOM 2017-2 Rev. 6. Mapped by Perola Olsson.

Offset print by Kartsam. Paper G-Print 115/m<sup>2</sup>. Size: A3.

Maps are in plastic bags.

### **Course lengths, running times**

Men: 12,6 km, 235 m climb, 22 controls, 4 refreshment points

Women: 9,9 km, 190 m climb, 19 controls, 3 refreshment points

Expected winning time: 70 minutes

Maximum running time: 180 minutes

### **Course setter**

Patrik Sjökvist

### **Control descriptions**

Separate control descriptions are handed out in the second start box. Maximum size 210 x 60 mm. Control descriptions are printed on the competition map as well.

### **Refreshment**

The refreshments are placed according to the IOF competition rules. Water and sports drink. Drinks can be tested at the technical model event.

### **Terrain**

Varied vegetation, from beech forest with fast runnability to areas with coniferous forest where the runnability is low. The runnability varies from place to place, from easy to difficult. Mostly normal extent of stones, but with some slopes where there is a high extent of stones. There are some tracks and paths in the area. The terrain is flat to moderately hilly.

### **Quarantine**

Quarantine will be partly outdoors, in tents and partly indoors in Sibbamåla homestead in Sibbamåla - 56.239552, 15.738541 - Link in [Google maps](#) Parking just outside of the quarantine. The quarantine is open from 07:45.

Area for team tents are available in the quarantine.

Number bibs will be available in quarantine.

Team officials can leave quarantine at any time, but once they have left, they are not allowed to return. Team officials are allowed to visit the prestart and go back to the quarantine.

# LONG DISTANCE – JULY 1

## Check-in

By signing-in at the quarantine by 08:45 at the latest.

## Prestart

Once competitors leave the quarantine and pass the prestart, they are not allowed to go back. When you are passing the prestart you also check-out from the quarantine.

Distance from the quarantine to the prestart: 2 100 m, 15 m climb. Follow orange and white tapes from the quarantine to the prestart.

Warm-up map is available on the way to the prestart.

GPS is delivered in connection to the prestart, to be picked up by runners before their call-up time.

There are 4 toilets at the prestart. There will also be drinking water at the prestart.

Extra clothes are collected at the prestart and transported to the arena.

Team officials are allowed at the prestart. Team officials who have visited the prestart are allowed to go back to quarantine.

Runners are ticked off and released to timed start 8 minutes before their start time. The distance between prestart and the start is 300 meters. Follow orange and white tapes from the prestart to the start.

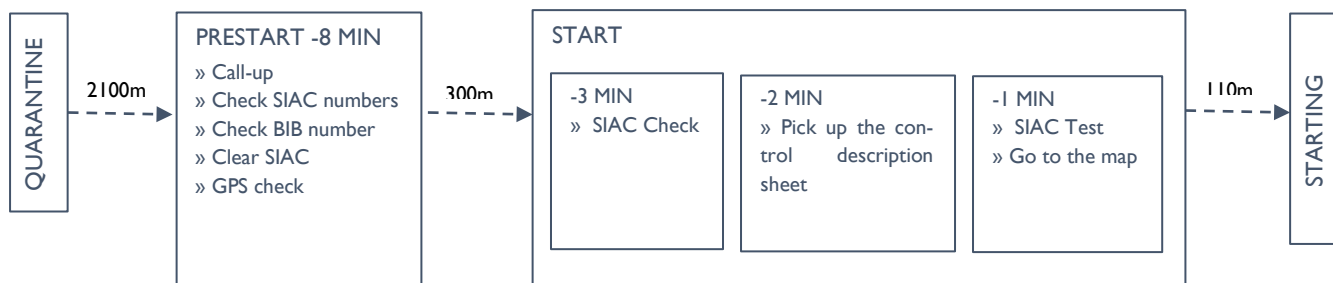
## Start

First start: 09:00

Estimated last start: 14:56

Distance from the start line to the starting point: 110 m.

There is a map flip during the race. The maps will be positioned on the table at the start with the first part of the course facing up. The first part finishes at a control, the second part is on the other side of the map where the course start with ISSprOM symbol 715. Control numbers are continuous.



# LONG DISTANCE – JULY 1

## Finish/Arena

Augerum - 56.220695, 15.684462 - Link in [Google maps](#)

Team officials and non-competing runners can travel by team cars and park using the spectator parking (100-200 walk to the arena). The same applies to Team officials who travel from quarantine to the arena.

There is a Team Zone with shelters and toilets. It is allowed to cool-down in the Team Zone, the arena and on the parking area.

## Arena passage, coaching zone, last control

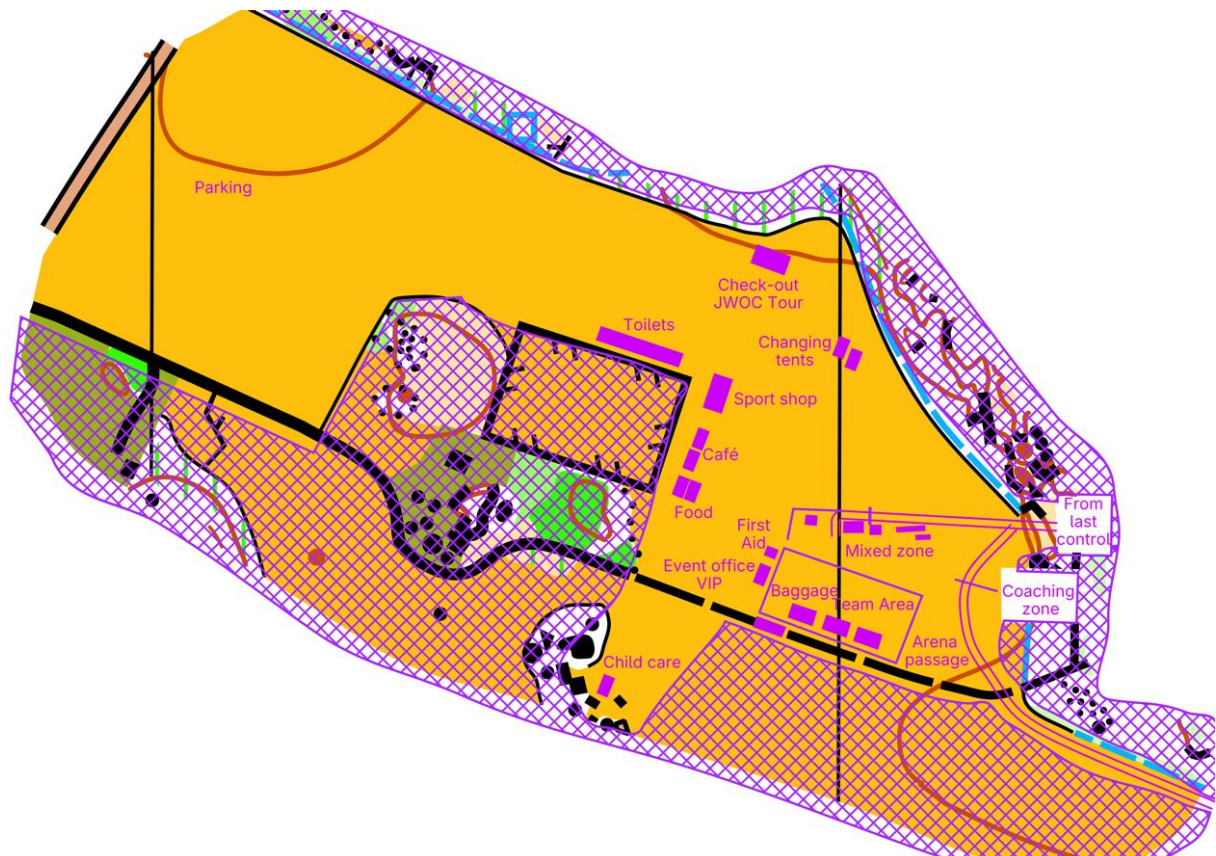
All runners have an arena passage after about a third of the race. There is a compulsory route from the previous control to a point east of the arena where navigation starts again. There is no punch in the end of the compulsory leg. The beginning of the arena passage is visible from the arena.

There is a refreshment point at the arena passage.

The control before the arena passage is identical to the last control. There is also the same start of the compulsory route from the last control, but in the arena you **turn left for the arena passage**.

There is a coaching zone adjacent to the arena passage.

Last control is visible from the arena. Respect the boundary of the competition area, do not enter the forest.



# MIDDLE DISTANCE – JULY 3

## 12.4 MIDDLE DISTANCE

### Format

Individual competition with a 2-minute start interval.

### Map

Scale 1:10 000 / Contour interval 2,5 m. ISOM 2017-2 Rev. 6. Mapped by Perola Olsson.

Offset print by Kartsam. Paper G-Print 115/m<sup>2</sup>. Size: A4

Maps are in plastic bags.

### Course lengths, running times

Men: 4,6 km, 55 m climb, 18 controls

Women: 3,6 km, 45 m climb, 15 controls

Expected winning time: 25 minutes

Maximum running time: 90 minutes

### Course setter

Magnus Larsson

### Control descriptions

Separate control descriptions are handed out in the second start box. Maximum size 150 x 60 mm. Control descriptions are printed on the competition map as well.

### Terrain

The area is wild countryside, mainly forest (pine, oak, beech) with a few small areas of cultural landscape. Areas with rock surfaces occur in the area. Most areas with rock surface have fast runnability and it can be a good tactic to use these areas on certain legs. Between the open rock surfaces, the runnability is mostly high, when not reduced by undergrowth. There are some traces in the terrain from old stone pits, apart from that there are few stones in the area. There are few tracks in the area. The terrain is flat.

### Quarantine

Quarantine will be outdoors and in tents in Bussevik - 56.125882, 15.794737 - Link in [Google maps](#)

Parking just outside of the quarantine. The quarantine is open from 07:45.

Area for team tents are available in the quarantine.

Number bibs will be available in quarantine.

Team officials can leave quarantine at any time, but once they have left, they are not allowed to return. Team officials are allowed to visit the prestart and go back to the quarantine.

### Check-in

By signing-in at the quarantine by 08:45 at the latest.

# MIDDLE DISTANCE – JULY 3

## Prestart

Once competitors leave the quarantine and pass the prestart, they are not allowed to go back. When you are passing the prestart you also check-out from the quarantine.

Distance from the quarantine to the prestart: 2 100 m, 20 m climb. Follow orange and white tapes from the quarantine to the prestart.

Warm-up map is available near the prestart.

GPS is delivered in connection to the prestart, to be picked up by runners before their call-up time.

There are 4 toilets at the prestart. There will also be drinking water at the prestart.

Extra clothes are collected at the prestart and transported to the arena.

Team officials can go to the prestart. Team officials who have visited the prestart are allowed to go back to quarantine.

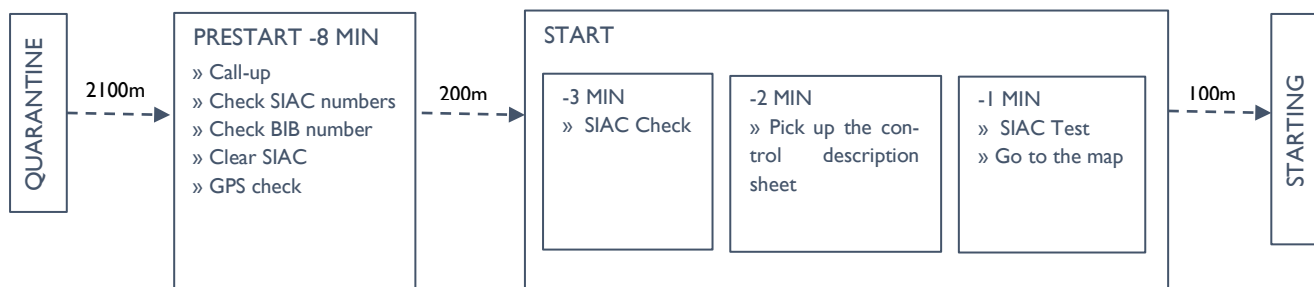
Runners are ticked off and released to start 8 minutes before their start time. The distance between prestart and the timed start is 200 meters. Follow orange and white tapes from the prestart to the start.

## Start

First start: 09:00

Estimated last start: 14:56

Distance from the start line to the starting point: 100 m.



## Finish/Arena

Bussevik - 56.125490, 15.801781 - Link in [Google maps](#)

Entrance to the quarantine and the arena is only permitted from the north in accordance with the signpost and the embargoed area.

Team officials and non-competing runners can travel by team cars and park using the spectator parking (300-500m walk to the arena).

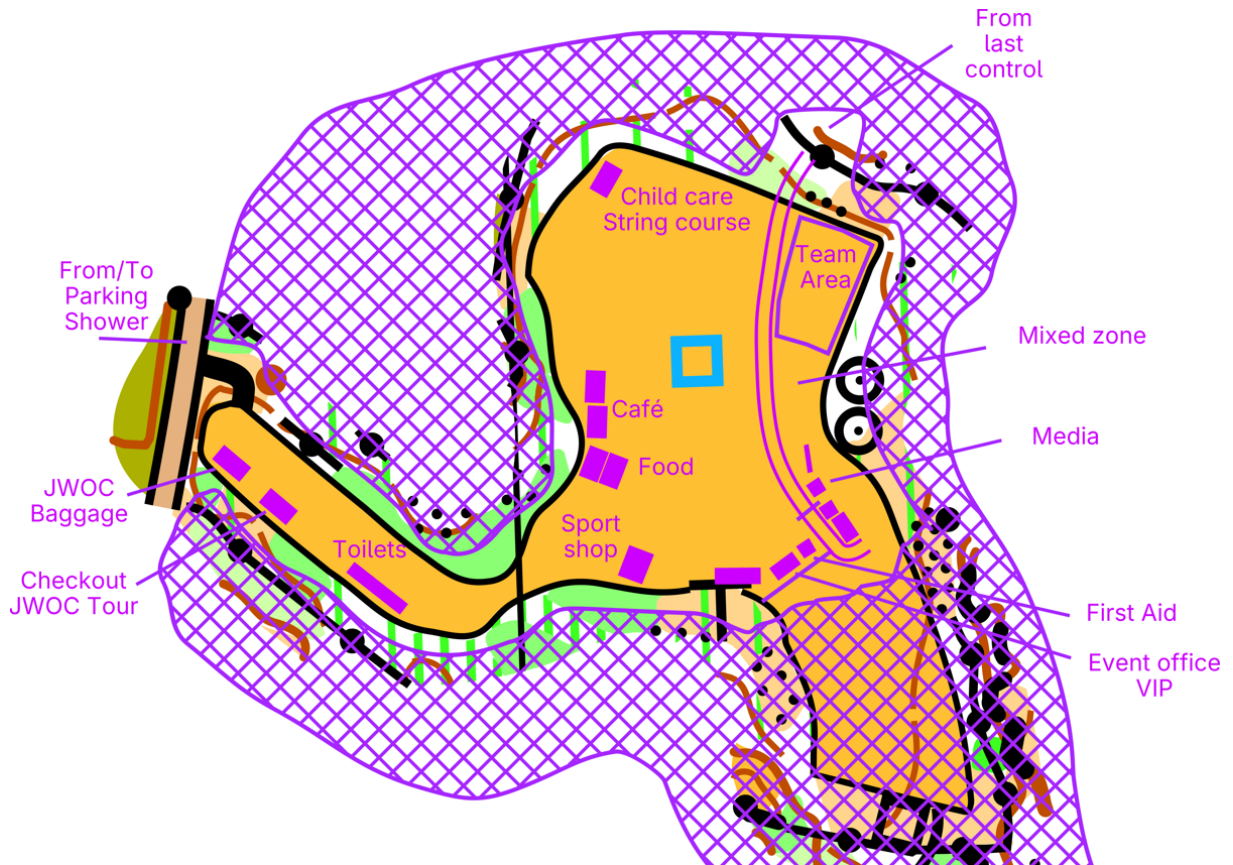
There is a Team Zone with shelters and toilets. It is allowed to cool-down in the Team Zone, the arena and on the road to the parking area.

# MIDDLE DISTANCE – JULY 3

## Arena passage, coaching zone, last control

There is no arena passage or coaching zone.

Last control is visible from the arena. Respect the boundary of the competition area, do not enter the forest.



# RELAY – JULY 4

## 12.5 RELAY

### Format

Relay men and women with 3 legs, mass start. Forking is used.

Each federation is allowed to have 2 men's and 2 women's teams at maximum. We ask the Team officials to order their teams as follows: team number 1 from each federation should be the strongest one.

Teams with runners from different federations are allowed. For runners that have not yet registered and paid for an entry in a mixed team: these runners must be signed in personally at the Event Office or sent to [office@jwoc2026.se](mailto:office@jwoc2026.se) no later than July 3<sup>rd</sup> 2026, 17:00 CET. Runners who want to participate can also register on a waiting list, from which the organisers will form relay teams. Regular entry fee with no surcharge applies.

### Map

Scale 1:10 000 / Contour interval 2,5 m. ISOM 2017-2 Rev. 6. Mapped by Perola Olsson. Laser print by Kartsam. Paper Image digicolor 100g/m<sup>2</sup>. Size: A4. Maps are in plastic bags.

### Course lengths, running times

Men: 5,7 km, 75 m climb, 18 controls, 1 refreshment point

Women: 4,9 km, 65 m climb, 15 controls, 1 refreshment point

Expected winning time: 105 minutes

Maximum running time: 240 minutes per team

### Course setter

Magnus Larsson

### Control descriptions

Control descriptions are printed only on the competition map. No separate control descriptions will be available.

### Refreshment

The refreshments are placed according to the IOF competition rules. Water and sports drink. Drinks can be tested at the technical model event.

### Terrain

The area is wild countryside, mainly forest (pine, oak, beech) with a few small areas of cultural landscape. Areas with rock surfaces occur in the area. Most areas with rock surface have fast runnability and it can be a good tactic to use these areas on certain legs. Between the open rock surfaces, the runnability is mostly high, when not reduced by undergrowth. There are some traces from old stone pits in the terrain, apart from that there are few stones in the area. The terrain is flat.

# RELAY – JULY 4

## Quarantine

Quarantine will be outdoors and in tents in Bussevik - 56.125882, 15.794737 - Link in [Google maps](#)  
Parking just outside of the quarantine. The quarantine is open from 07:30.

Area for team tents are available in the quarantine.

Number bibs will be available in quarantine.

GPS units will be available in the assembly area. GPS for women only available after 10:30.

Team officials can leave quarantine at any time, but once they have left, they are not allowed to return.

## Check-in

By signing-in at the quarantine by 08:45 at the latest.

## Warm-up map

No warm-up map available.

## Assembly area

The runners gather in the assembly area, leg by leg, before departure to the prestart. The assembly area will open for each leg 10 minutes before the departure to the prestart. All runners of the respective leg will leave the assembly area and follow the guide to the prestart 22 min before the mass start or expected first changeover of the respective leg (see schedule below). It is the runner's own responsibility to be in the assembly area at the departure time.

Leg number	Departure time to prestart
1 MEN	08:38
2 MEN	09:13
3 MEN	09:48
1 WOMEN	10:48
2 WOMEN	11:23
3 WOMEN	11:58

GPS units will be picked up by the runner close to the assembly area. The pickup must be done at the latest 15 minutes before departure of each leg.

In the assembly area bib numbers will be checked and SIAC cleared.

## Prestart

Distance from the assembly area to the prestart: 800 m, 30 m climb.

Team officials are not allowed in the prestart area.

The prestart offers tents, 4 toilets, drinking water, warm-up area, SIAC check and SIAC test units to check functioning of SIACs touch-free punching mode. Warm-up clothes will be collected at the prestart.

# RELAY – JULY 4

## Mass start (09:00 men, 11:10 women)

The runner takes his/hers rolled map from the table 10 minutes before the start when arriving to the prestart. Competitors will be guided from the prestart area to the start line 5 min before the mass start. Listen to the commands of the start official. 30 seconds before the start the rubber bands will be collected. It is not allowed to open the roll before the mass start. Early start leads to disqualification. Reserve maps are ready near the table. Please contact the staff at once if you find that your map is not on the map table anymore.

The line-up on the start line will be marked with tape on the ground according to this scheme:

← **STARTING POINT**

01-06	07-12	13-18	19-24	25-30	31-36	37-42	43-48	49-54	55-60	61-66	67-72	73-78	79-80
01	07	13	19	25	31	37	43	49	55	61	67	73	79
02	08	14	20	26	32	38	44	50	56	62	68	74	80
03	09	15	21	27	33	39	45	51	57	63	69	75	
04	10	16	22	28	34	40	46	52	58	64	70	76	
05	11	17	23	29	35	41	47	53	59	65	71	77	
06	12	18	24	30	36	42	48	54	60	66	72	78	

1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m   1,5 m

Distance from the start line to the starting point: 160 meters.

## Changeover

There is an arena passage approx. 10 minutes before the finish of the leg, and it is visible from prestart. The runner should move from the prestart when her/his team-mate passes the arena passage. The runner will take her/his rolled map from the map table. It is not allowed to open the roll before the changeover. Reserve maps are ready near the map table. Please contact the staff at once if you find that your map is not on the map table anymore. After receiving their map, the competitor will go to the changeover area.

The changeover is done by hand touch across a separation barrier after crossing the finish line. The outgoing runner is allowed to open the map immediately after the changeover.

Distance from the changeover to the starting point: 160 meters.

## Mass start for slow running teams

The mass start for the remaining un-started runners will be at approx. 10:50 for men and approx. 13:10 for women.

## Finish/Arena

Bussevik - 56.125490, 15.801781 - Link in [Google maps](#)

Entrance to the quarantine and the arena is only permitted from the north in accordance with the signpost and the embargoed area.

Team officials and non-competing runners can travel by team cars and park using the spectator parking (300-500m walk to the arena).

There is a Team Zone with shelters and toilets. It is allowed to cool-down in the Team Zone, the arena and on the road to the parking area.

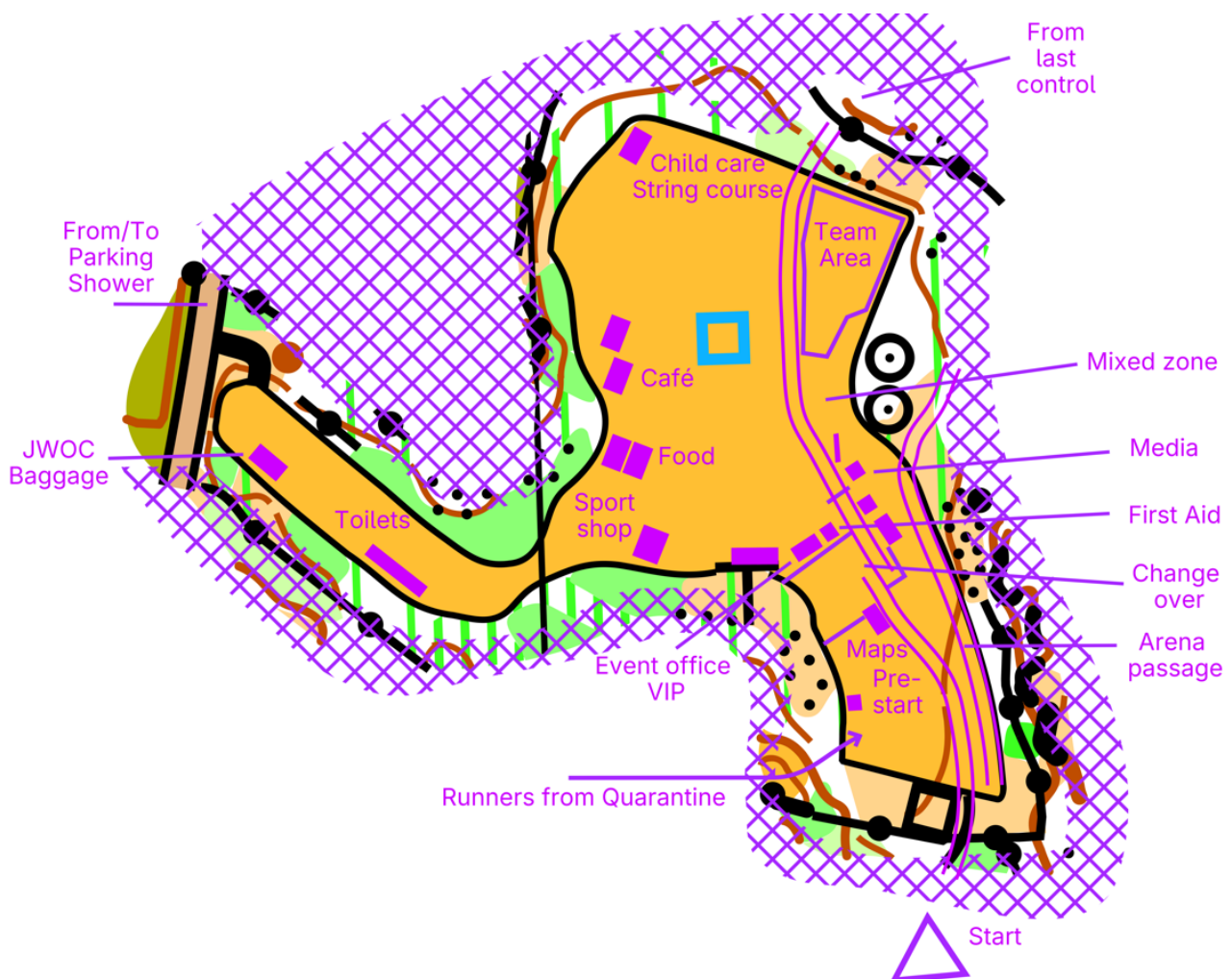
### Arena passage, coaching zone, last control

All runners have an arena passage approx. 10 minutes before the finish of the leg. There is a compulsory route from the previous control to the north-east corner of the arena where navigation starts again (there is a start point on the map and in the terrain). There is no punch in the end of the compulsory leg. The arena passage is visible from the prestart.

There is a refreshment point at the arena passage.

There is no coaching zone.

Last control is visible from the arena. Respect the boundary of the competition area, do not enter the forest.



## 13. SUSTAINABILITY AMBITIONS

The Organizing Committee of JWOC 2026 approaches sustainability across all three dimensions: environmental, social, and governance, and is implementing actions throughout the whole event. Our efforts are guided by two key documents: the “Checklists and Guidelines for the organization of sustainable orienteering events” from IOF, and the “Sustainable sports events guidelines” from Sweden’s National Sports Federation.

The focus areas for JWOC 2026’s sustainability efforts are:

1. Minimize environmental impact from resource use, food and waste
2. When possible, encourage climate-friendly transport and housing
3. Minimize stress to local ecosystems
4. Ensure an inclusive and welcoming environment for all participants and supporters

We strive to minimize resource use and waste as far as possible, by favouring reusable and, when possible, locally produced materials and products, from arenas to prices. We strive to plan field launches and cafeteria assortment to minimize waste, including food waste, and favour local organic ingredients. Recycling stations for full waste sorting will be available on all arenas.

We encourage participants and audience to, when possible, choose climate friendly means of transport, such as carpooling and public transport, and low-impact housing, e.g., through our housing match-making page on Facebook or at the environmentally certified hotel partner.

We minimize stress to local ecosystems through careful planning of racecourses and arenas. We aim to leave as little signs as possible in the environment of that the event has taken place.

We strive for an inclusive and welcoming environment by creating a safe, respectful, and supportive atmosphere where all participants and supporters feel welcomed.

# VISITKARLSKRONA

**ICA**  
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Sparbanken  
Eken



**//polder.no**  
SPORT



**U**  
UMARA

**PROJEKT BYGGGAREN**



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of Technology

**ILOG**  
DELIVER IT.

**NORRVIDINGE**

*En del av Bellman Group*

**RAMIRENT**

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VAGNSTEKNIK AB



